

CRITERIA 2.6.4

**THE INSTITUTION ADHERES TO
ACADEMIC CALENDAR
FOR THE CONDUCT OF INTERNAL
EVALUATION**

Nirmala Memorial Foundation College of Education Kandivali adheres to Academic Calendar on regular basis for the conduct of Internal Examination. The college being a training college consists of approximately 200 students of F.Y. and S.Y. batch each academic year. The whole B.Ed. Programme is distributed into 4 semesters, of two semesters in each academic year.

There are three main Courses in each semester for which Class Tests and Essay Tests have to be conducted. Hence in Total in each semester there are 3 Class Tests and 3 Essay Tests. The college **provides Notices** to the students in advance for **Essay Test**, along with 3 Essay Test Questions prepared in advance and shared with the students. After completion of one Unit 1 or any other Unit chosen for the Essay Test, followed by the completion of the portion of Essay Test, Semester end Essay test is conducted.

Similarly, Class Test dates are also given in advance as per the Academic Calendar, corresponding to the dates, in advance all the Three Units are duly discussed and portion completed. Learning Resources, study materials related to the contents are also shared for the same.

Question Bank is prepared and **University Question Papers** of corresponding Units are also provided to the students for preparation from all perspectives. The students are even asked to write answers to a few questions and get them checked by the teachers before the Examination.

Feedback sessions after each Test and correction of the papers is carried out. The students are guided as per the corrections and modifications required for writing answers in each paper. The best answer copy is maintained in the Library for the students to refer to. Pdf of the same is shared with the students too.

Clarity as per the type of answer expected at the University Level Examination is provided, along with the pattern of writing Questions of various types.

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF
EDUCATION**

KANDIVALI EAST, MUMBAI

ESSAY TEST & CLASS TEST

This is to inform all S.Y.B.Ed 2020-22 Batch (SEM -IV) students to kindly read the following questions, portion and timetable for Essay and Class test carefully.

Important Note:

- Students are expected to prepare all **3 questions** thoroughly for **Essay Tests** out of which any 1 will be asked in the test.
- For Class tests the given units have to be prepared completely.
- All students are expected to be present for the test on time as it is part of **University internal assessment**.
- Exams will not be rescheduled for anyone as it is mandatory.
- Essay Test questions will be released on **21st April 2022 Wednesday**.
- Students have to compulsorily bring both the Essay and Class Test book (**Yellow Books**)

TIMETABLE

SEM-IV ESSAY TEST AND CLASS TEST

COURSE	DATE	ESSAY TEST	CLASS TEST
		TIMING	
Contemporary India and Education. (CC-5)	06/05/2022	2:30 PM to 3:00 PM	3:00 PM to 4:00 PM
Guidance and Counseling (EC-2)	10/05/2022	2:30 PM to 3:00 PM	3:00 PM to 4:00 PM
Creating an Inclusive School (IC-4)	13/05/2022	2:30 PM to 3:00 PM	3:00 PM to 4:00 PM

SYLLABUS FOR CLASS TEST AND ESSAY TEST

Course	Name of the Paper	ESSAY TEST	CLASS TEST
CC-5	Contemporary India and Education	Unit -1	Unit 3 and 4
EC-4	Guidance and Counseling	Unit -1	Unit 3 and 4
IC-4	Creating an Inclusive School	Unit-1	Unit 4 and 5

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION
KANDIVALI EAST, MUMBAI**

ESSAY TEST

This is to inform all S.Y.B.Ed 2021-23 Batch (SEM -3) students to kindly read the following questions, portion and timetable for Essay and Class test carefully.

Note: For essay test students are expected to prepare all 3 questions thoroughly out of which any 1 will be asked in test.

For Class test the given unit/units have to be prepared completely.

All students are expected to be present for the test on time as it is part of University internal assessment. Exam will not be rescheduled for anyone as its mandatory.

Essay Test questions will be released on Saturday

(7th JANAUARY 2023)

TIMETABLE

ESSAY TEST

COURSE	DATE	ESSAY TEST	CLASS TEST
		TIMING	
Assessment for learning	21st JANAUARY 2023	2:30 to 3:00 PM	3:15 TO 4:15 PM
Language across curriculum	28th JANAUARY 2023	2:30 to 3:00 PM	3:15 TO 4:15 PM
Pedagogy of School Subject Mathematics, Science, History, English, Economics	4th FEBRUARY 2023	2:30 to 3:00 PM	3:15 TO 4:15 PM

SYLLABUS FOR CLASS TEST AND ESSAY TEST

SR. NO	COURSE	ESSAY TEST	CLASS TEST
CC-3	Assessment for learning	Unit -1	Unit 4 and 5
IC-2	Language across curriculum	Unit -1	Unit 3 and 5
EC-1	Pedagogy of school subjects: English	Unit-1	Unit 4 and 5
EC-1	Pedagogy of school subjects: History	Unit-1	Unit 4 and 5
EC-1	Pedagogy of school subjects: Economics	Unit -1	Unit 3 and 4
EC-1	Pedagogy of school subjects: Mathematics	Unit 1	Unit 2 and 4
EC-1	Pedagogy of school subjects Science	Unit 1	Unit 3 and 4

2.6.4 - The institution adheres to academic calendar for the conduct of internal evaluation

- *Core Values and Elements*
- *Workshop – Learning Resources*
- *Theme Teaching & Practice Teaching*
- *Workshop*
- *Action Research Guidance*
- *Special School visit*
- *Webinar*

CORE VALUES AND ELEMENTS

Core Elements & Values of Teaching अध्यापनाचे गाभाभूत घटक आणि मुल्ये	
Core Elements गाभाभूत घटक	Values मुल्ये
1. History of India's freedom movement भारतीय स्वातंत्र्य चळवळीचा इतिहास	1. Patriotism राष्ट्रभक्ती
2. Constitutional Obligations संविधानात्मक जबाबदाऱ्या	2. National Integration राष्ट्रीय एकात्मता
3. Content essential to nature national identity राष्ट्रीय अस्मिता जोपासण्यासाठी आवश्यक आशय	3. Tolerance towards all Religions सर्वधर्मसहिष्णुता
4. India's common culture heritage भारताचा सामाईक सांस्कृतिक वारसा	4. Gender Equality स्त्री पुरुष समानता
5. Egalitarianism, Democracy and Secularism समानतावाद, लोकशाही आणि धर्मनिरपेक्षता	5. Dignity of Labor श्रम प्रतिष्ठा
6. Equality of sexes स्त्री पुरुष समानता	6. Scientific Attitude वैज्ञानिक दृष्टीकोन
7. Removal of social barriers सामाजिक अडसरांचे निर्मुलन	7. Sensitivity संवेदनशीलता
8. Protection of environment पर्यावरणाचे संरक्षण	8. Modesty नीटनेटकेपणा
9. Observance of small family norms लहान कुटुंब प्रमाणकांचे पालन	9. Punctuality वक्तशीरपणा
10. Inculcation of scientific temper वैज्ञानिक मनोभावाची रुजवणूक	10. Neatness नीटनेटकेपणा

**LESSON PLAN OF NIRMALA MEMORIAL FOUNDATION COLLEGE OF
EDUCATION B.Ed. TWO YEAR PROGRAMME
SHOWING CORE VALUES SPECIFIED DURING INTERNSHIP**

Content Analysis	Objectives and their Specifications
<p>① Properties of substances</p> <p>② A.O of properties of substance</p> <p>③ Solubility</p> <p>④ Density</p> <p>⑤ Fluidity</p> <p>⑥ Transparency</p> <p>⑦ Brittleness</p> <p>⑧ Elasticity</p> <p>⑨ Hardness</p> <p>⑩ Properties of substance</p> <p>Acronym -> O I S T H T O</p> <p>① Brittleness - chalk, pen</p> <p>② Elasticity - rubber band, stretch pen</p> <p>③ Solubility - sand, salt</p> <p>④ Transparency - plastic sheet, book</p> <p>⑤ Hardness - tough, table</p> <p>⑥ Fluidity - water, honey, forest</p> <p>⑦ Density - cotton, stone</p> <p>Core Elements and Values</p> <p>① Develops scientific attitude</p> <p>② Inculcation of scientific temper</p>	<p>Remembering</p> <p>① Pupil recall knowledge about states of matter</p> <p>② Pupil define various properties of substances</p> <p>Understanding</p> <p>③ Pupil classify various properties of substances along with examples</p> <p>④ Pupils summarizes their knowledge with various examples</p> <p>Applying</p> <p>① Pupil illustrates various examples of properties</p> <p>② Pupils apply their knowledge of properties of substances in real life</p> <p>Analyzing</p> <p>③ Pupils organizes the properties in the form of graphic organizer</p> <p>④ Equality of sexes</p> <p>⑤ Tolerance towards all religion</p>

Content Analysis	Objectives and their Specifications
<p>① Food chain & Food web</p> <p>② Producers</p> <p>③ Consumers -> apex</p> <p>④ Herbivore</p> <p>⑤ Omnivore</p> <p>⑥ Carnivore</p> <p>⑦ Importance of each level of consumers</p> <p>⑧ Effect of decrease or increase in population of a living thing on other trophic levels</p> <p>⑨ Measures to save endangered species</p> <p>⑩ Effect on pyramid of energy</p> <p>Core Elements and Values</p> <p>① Develops scientific attitude</p> <p>② Equality of sexes</p> <p>③ Tolerance towards all religion</p>	<p>Remembering</p> <p>① Pupil recall knowledge about animals and the food they eat</p> <p>② Pupil defines the term food chain, food web, herbivore, primary consumer, etc.</p> <p>Understanding</p> <p>③ Pupils differentiate between the types of consumers</p> <p>④ Pupils summarize their knowledge of food chain food web, stable ecosystem and rare endangered species</p> <p>Applying</p> <p>① Pupil illustrates various examples of producers & consumers</p> <p>② Pupils apply their knowledge of animal & plants</p> <p>Analyzing</p> <p>③ Pupils states various reasons & measures for save</p> <p>④ Inculcation of scientific temper</p>

Content Analysis	Objectives and their Specifications
<p>① Cell</p> <p>② Levels of organization of living things</p> <p>Cell</p> <p>↓</p> <p>Tissue</p> <p>↓</p> <p>Organ</p> <p>↓</p> <p>Organ system</p> <p>↓</p> <p>Body</p> <p>③ Types of cells</p> <p>A) Plant Cell</p> <p>Nucleus</p> <p>Large vacuole</p> <p>Cytoplasm</p> <p>Mitochondria</p> <p>Chloroplast</p> <p>Cell wall</p> <p>Cell membrane</p> <p>B) Animal Cell</p> <p>Nucleus</p> <p>Small vacuole</p> <p>Cell membrane</p> <p>Mitochondria</p> <p>Core Elements and Values</p> <p>① Develops scientific attitude</p> <p>② Inculcation of scientific temper</p>	<p>Remembering</p> <p>① Pupils recall their knowledge about life & life processes</p> <p>③ Pupils recognize the difference between the various components of plant & animal cells</p> <p>Understanding</p> <p>④ Pupils understand the level of organization of body</p> <p>③ Pupils recognize various components of cell</p> <p>Applying</p> <p>④ Pupils apply their knowledge of cells in their daily life</p> <p>Analyzing</p> <p>④ Pupils can differentiate between various levels of organization & types of cells</p> <p>④ Equality of sexes</p> <p>⑤ Tolerance towards religion</p>

Content Analysis	Objectives and their Specifications
<p>① Disaster / Accident</p> <p>② FIRST AID conditions</p> <p>i) External bleeding</p> <p>ii) Burns and scalds</p> <p>iii) Sunstroke</p> <p>iv) Snake bite</p> <p>v) Dog bite</p> <p>vi) Heart pain / Anginal pain</p> <p>③ Importance of First Aid</p> <p>prevent / save life</p> <p>prevent / worsening recovery</p> <p>④ Steps of First Aid Principles</p> <p>Evaluate</p> <p>Implement</p> <p>Plan</p> <p>ASSESS</p> <p>⑤ Principles of First Aid</p> <p>i) Stay calm ii) Don't risk yourself iii) Manage the situation iv) Give first aid v) do step by step</p> <p>Core Elements and Values</p> <p>① Equality of sexes</p> <p>② Tolerance towards all religion</p> <p>③ Promotion of small family</p>	<p>Remembering</p> <p>① Pupil recalls knowledge about disaster/accidents</p> <p>④ Pupils define disaster & first aid</p> <p>③ Pupils remember disaster</p> <p>Understanding</p> <p>④ Pupils differentiate situations where first aid can be given</p> <p>② Pupils summarize their knowledge of first aid and organs</p> <p>③ Pupils recognize disaster</p> <p>Applying</p> <p>④ Pupils illustrate various examples first aid situations</p> <p>② Pupils apply their knowledge of first aid in real life</p> <p>③ Pupils does homework</p> <p>Analyzing</p> <p>④ Pupils organizes the steps of first aid</p> <p>② Pupils states measures to mitigate disaster</p> <p>③ Develops scientific attitude</p> <p>④ Inculcation of scientific temper</p> <p>⑥ Protection & prevent environment</p>

WORKSHOP – LEARNING RESOURCE

WORKSHOP

(Seven Days Interactive Workshop)
(Online mode workshop JANUARY 19th to 25th January 2021)
(Time: 3:30 pm to 5:00pm)

TOPIC: To make Learning Engagement Interactions Ready for the professional Field



**Nirmala Memorial Foundation College of Education
Kandivali, East.**



**Thakur Shyamnarayan College of Education and Research
(TCSER Mumbai)**

Jointly organizes

SR NO.	DATE	TOPIC	SUBTOPICS (Activities)	RESOURCE TEACHER EXPERT
1.	19. 01.2021 3:30PM to 5:00PM	Experience Learning	<ul style="list-style-type: none">• Direct Experience Learning• Indirect Experience Learning	Principal Megha Ghokhe, Thakur Shyamnarayan College of Education and Research, Kandivali
2.	20.01.2021 3:30PM to 5:00PM	Auditory Learning	<ul style="list-style-type: none">• Read Aloud• Question and Answering session• Play background music during silent times• Listening Activities	Assistant Professor Anju Chaplot, TSCER
3.	21.01.2021 3:30PM to 5:00PM	Visual Learning	<ul style="list-style-type: none">• Mind Pictures• Mind Maps• Use clue words for recalling• Take Notes• Take photographs	Assistant Professor Usha Iyer, Nirmala Memorial Foundation college of Education, Kandivali
4.	22.02.2021 3:30PM to 5:00PM	Verbally Express Themselves	<ul style="list-style-type: none">• Creative Writing• Reading Magazines• Playing Word Games, Public Speaking	Assistant Professor Foram Patel, TSCER
5.	23.01.2021 3:30PM to 5:00PM	Reflective Interactive Learning	<ul style="list-style-type: none">• Feedback from colleagues• Keeping Journals• Recording a Class• Reflective Practices in Language Learning	Assistant Professor Dr. Rupali Wadkar, Nirmala Memorial Foundation college of Education, Kandivali
6.	24.01.2021 3:30PM to 5:00PM	Tactile Learning (Kinesthetic)	<ul style="list-style-type: none">• Science Experiments• Building Blocks• Playing with Tactile Toys• Watching Movies	Assistant Professor Nitisha Jha, Nirmala Memorial Foundation college of Education, Kandivali
7.	25.01.2021 3:30PM to 5:00PM	Logical Learning	<ul style="list-style-type: none">• Puzzle solving games• Enjoy pictures• Strategy games• Time 4 Learning	Assistant Professor Foram Patel, TSCER

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION

FEEDBACK FORM

Thank you for attending the Webinar on "Learning beyond Academics: Explore your skills through Social and Emotional Counselling" held on 15th, 16th and 17th May, 2020. Please take a minute to complete this feedback form.

Full Name:

Email address:

Name of the College/Institution:

1. How many sessions of the Webinar did you attend?

- 01
- 02
- 03

2. How would you rate the content of the presentations?

- Excellent
- Very good
- Good
- Fair
- Poor

3. What attracted you to the Webinar?

- Content of the Webinar
- Speakers
- Networking opportunities
- Any other, please specify

4. How did you come to know about the Webinar?

- NMFCE website
- WhatsApp group
- Brochure via social media
- Any other, please specify

5. Kindly rate the resource person Smt. Neeta Shah on 15th May 2020.

- Excellent
- Very good
- Good
- Satisfactory

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION
WEBINAR

TENTATIVE DATE (08th MARCH - 10th MARCH, 2021)

MODULE 1:

Universal Values and its Essence

Sub Themes

- > Understand the ideas of values, ethics, and morality in a multicultural context
- > Intrinsic and extrinsic value
- > Identification of values and its significance: trustworthiness, respect, responsibility, fairness, caring, ...

MODULE 2:

Values and their role in human life

Sub Themes

- > Strengthening the Circle of Learners, Building Relationships, Growing Minds, Honoring Traditions and Living Values.
- > Understand how universal values can be uncovered by different means, including scientific investigation, historical research, public deliberation
- > Role of human values in family and society.

MODULE 3:

Promoting Human Values in Educational Institutions

Sub Themes

- > Need of human values: Self exploration , not sermons
- > Necessity to develop code of conduct for teachers and students
- > Role of a teacher to elicit Universal Human Values through different subjects

Dear Sir/Ma'am

Nirmala Memorial Foundation College of Education, has organized 3 Days State Level Online Webinar on "LEARNING BEYOND ACADEMICS: EXPLORE YOUR SKILLS THROUGH SOCIAL AND EMOTIONAL COUNCELLING"

NOTE:

- ✓ Webinar dates : 15th May, 2020 till 17th May, 2020
- ✓ Time : 3.00 pm to 4.00 pm
- ✓ Registration Fee: Free of cost on first come first serve basis. Limited seats are available. Organizers will confirm participation one day prior to the Webinar.
- ✓ Last date of registration is Thursday, 14th May, 2020 till 12.00 noon.
- ✓ Online platform: ZOOM
- ✓ Eligibility : Faculty
- ✓ E- Certificates will be sent on the registered E-mail Id.
- ✓ Day wise attendance and feedback form is mandatory for E-certificates.
- ✓ Kindly Registration on this Link:
<https://forms.gle/j5A1qTNGa7gjALwca>
- ✓ After Registering to the above link : Kindly join the whatsapp group at the below mentioned link :

SCHEDULE OF 3 DAYS WEBINAR:

Day 1: Friday, 15th May 2020

Time: 3.00 pm to 4.00 pm

TOPIC: Looking Ahead – Educational Counselling in Post Quarantine World

Day 2: Saturday, 16th May 2020

Time: 3.00 pm to 4.00 pm

Topic: Career Exploration in the Pandemic Era and Beyond

Day 3: Sunday, 17th May 2020

Time: 3.00 pm to 4.00 pm

Topic: Teacher as a counsellor for Promoting Mental Health of Students

For any query contact:

Coordinator, Ms. Sweety Singh, 9820745261

Thanks & Regards,

Dr. Tandra Bandyopadhyay

Principal

Nirmala Memorial Foundation College of Education



NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION
AFFILIATED TO UNIVERSITY OF MUMBAI

D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai-400101. Tel: 2854 3234

Date: 3rd April, 2021.

To,

Dr. SarammaChandy
A 6/3 Flat:54/57, Groves CHS
Jeevan Bima Nagar
Borivli West
Mumbai-400103(India)
Fax&phone:0091-22-28954365
Cell: 0091 9892174086
Email: dr.sarachandy@gmail.com

Respected Madam,

The Nirmala Memorial Foundation College of Education, Kandivali East, Mumbai would like to thank you for accepting our invitation to host a webinar on **"Universal Human Values and Their Role in Human Life"**.

It was an honour to have you as our resource person.


On behalf of Nirmala Memorial Foundation College of Education, I would like to extend my sincere thanks and gratitude for hosting this webinar. We thank you again for your continued support and look forward to a productive long-term collaboration.

Regards,

Yours faithfully,

Tandra Bandyopadhyay


Dr. Tandra Bandyopadhyay
Principal, NMFCE


 NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION, MUMBAI

WELCOMES YOU TO

THREE DAYS STATE LEVEL WEBINAR
ON

"UNIVERSAL HUMAN VALUES"




 NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION, MUMBAI

WELCOMES YOU TO

THREE DAYS STATE LEVEL WEBINAR
DAY - 01
30TH MARCH, 2021

"UNIVERSAL VALUES AND ITS ESSENCE."

RESOURCE PERSON
Dr. Sybil Thomas
Reader, Department of Education,
University of Mumbai


 NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION, MUMBAI

THANK YOU

SEE YOU TOMORROW AT 2:30PM
DAY - 02
31ST MARCH, 2021

"VALUES AND THEIR ROLE IN HUMAN LIFE."

RESOURCE PERSON
Dr. Saramma Chandy
Former Principal of Lords Universal College of
Education, Mumbai

 NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION, MUMBAI

WELCOMES YOU TO

THREE DAYS STATE LEVEL WEBINAR
DAY - 02
31ST MARCH, 2021

**"VALUES AND THEIR ROLE IN HUMAN
LIFE."**

RESOURCE PERSON
Dr. Saramma Chandy
Former Principal of Lords Universal
College of Education, Mumbai

WEBINAR FLYER

**NIRMALA MEMORIAL FOUNDATION
COLLEGE OF EDUCATION,
KANDIVALI EAST, MUMBAI**



**Organises State Level Webinar
On**

“UNIVERSAL HUMAN VALUES”

Date: 30th March, 2021 to 1st April, 2021.

Timing: 2:30 to 4:30 pm

*Inviting Leaders, Academicians, Educators, Researchers
and Students*

Registration

1. Participants must register through online link-

<https://forms.gle/E9uY7r3ThbgQhs016>

2. Last date of registration is 29th March, 2021 till 12 noon

Instructions for the participants

- It is mandatory to fill the registration form.
- No fees are charged to register.
- All sessions will be conducted through Zoom.
- Zoom ID/Password will be provided 30 min. prior to every session.
- Mandatory Attendance for all sessions for award of E-Certificates.

Convenor

*Dr. Tandra Bandyopadhyay
Principal*

Organising Committee

*Ms. Sweety Singh 9820745261
Ms. Shubhangi Kore 9922227130
Ms. Charu Singh 9619395449*



WEBINAR FLYER



**NIRMALA MEMORIAL FOUNDATION COLLEGE OF
EDUCATION, KANDIVALI EAST, MUMBAI-400101**

(Affiliated to University of Mumbai, Recognized by NCTE, Approved by Government of Maharashtra)

**Organises State Level Webinar
On**

***“Learning beyond Academics: Explore Your Skills through Social
and Emotional Counselling”***

Date: 15th May – 17th May, 2020

Timing- 3.00 pm to 4.00 pm

Inviting Leaders, Academicians, Educators, Researchers and Students

Registration

1. Participants must register through online link- <https://forms.gle/j5A1qTNGa7gjALwCA>
2. Last date of registration is Thursday, 14th May, 2020 till 12.00 noon.

Instructions for the Participants

- Filling the registration form is mandatory. No registration fee.
- All sessions will be conducted through Zoom platform.
- Zoom ID and Password will be provided 30 minutes prior to every session.
- Attendance is mandatory for all sessions for the E-certificate to be issued.

Convener
Dr. Tandra Bandyopadhyay,
Principal

Coordinator
Smt. Sweety Singh,
(9820745261)

Organizing Committee
Smt. Nitisha Jha (9819476344)
Dr. Rupali Wadkar (9867431598)
Dr. Sushmita Patro (9821363338)
Smt. Shubham Patil (8356086437)

Dear Sir/Ma'am

Nirmala Memorial Foundation College of Education, has organized 3 Days State Level Online Webinar on "LEARNING BEYOND ACADEMICS: EXPLORE YOUR SKILLS THROUGH SOCIAL AND EMOTIONAL COUNCELLING"

NOTE:

- ✓ **Webinar dates :** 15th May, 2020 till 17th May, 2020
- ✓ **Time :** 3.00 pm to 4.00 pm
- ✓ **Registration Fee:** Free of cost on first come first serve basis. Limited seats are available. Organizers will confirm participation one day prior to the Webinar.
- ✓ **Last date of registration is Thursday, 14th May, 2020 till 12.00 noon.**
- ✓ **Online platform:** ZOOM
- ✓ **Eligibility :** Faculty
- ✓ **E- Certificates will be sent on the registered E-mail Id.**
- ✓ **Day wise attendance and feedback form is mandatory for E-certificates.**
- ✓ **Kindly Registration on this Link:**
<https://forms.gle/j5A1qTNGa7gjALwca>
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Topic: Career Exploration in the Pandemic Era and Beyond

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Topic: Teacher as a counsellor for Promoting Mental Health of Students

For any query contact:

Coordinator, Ms. Sweety Singh, 9820745261

Thanks & Regards,

Dr. Tandra Bandyopadhyay

Principal

Nirmala Memorial Foundation College of Education

THEME TEACHING

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION, KANDIVALI (E)

LESSON PLAN

Name of the student teacher: Ranbi Kansara Unit: A Roll no: 37

Name of the School / college: _____

Subject: Science Theme Based Lesson - 1 Topic: Save Ecosystem & save endangered species

Practice Lesson No: 11 Standard: 8th Division: _____ Date: _____

1. Previous Knowledge: Pupils are aware of various types of animals, plants, forests, etc.

2. Objectives: The pupils will be able to -

- (a) acquire & recall knowledge about food chain & food web
- (b) differentiate between herbivores, omnivores, carnivores, producers, consumers.
- (c) illustrate various examples of producers & consumers
- (d) gain knowledge and understanding of ecosystem, its importance, energy pyramid, etc.

3. Reference Books: SSC Textbook, website, library Resources, Cambridge textbook

4. Method / Technique: lecture cum demonstration, skitplay, activity, method

5. Teaching Aids: Flash card, images, objects, food chain model.

6. Correlation: Physics, Chemistry, Biology, English, Maths.

7. Set Induction: Teacher placed few objects or images at various places in the classroom. Pupils were asked to search them and read the contents written on them. Students were asked to arrange them. Teacher then asked the students to understand the importance of each link.

8. Statement of Aim: So, pupils today we are going to learn about saving ecosystem and saving endangered species.

Content Analysis	Objectives and their Specifications
① Food chain & Food web	<u>Remembering</u> ① Pupils recall knowledge about animals and the food they eat.
② Producers	
③ Consumer → apex ↓ ↓ primary secondary tertiary	② Pupils define the term food chain, food web, herbivore, primary consumers, etc.
④ Herbivore	
⑤ Omnivore	<u>Understanding</u> ① Pupils differentiate between the types of consumers
⑥ Carnivore	
⑦ Importance of each level of consumer	② Pupils summarize their knowledge of food chain, food webs, save ecosystem and save endangered species.
⑧ Effect of decrease or increase in population of a living thing on other trophic levels.	
⑨ Measures to save endangered species.	<u>Applying</u> ① Pupils illustrate various examples of producers & consumers
⑩ Effect on Pyramid of Energy.	② Pupils apply their knowledge of animals & plants
Core Elements and Values	
① Develops scientific attitude	<u>Analyzing</u> - Pupils state various reasons & measures for saving endangered species.
② Equality of sexes	
③ Tolerance towards all religion.	

Teaching Activities	Learning Activities
① Teacher poses the pupils to recall their knowledge about animals and their eating habits.	① Pupils answer the teacher and share their opinion and knowledge.
② Teacher explains the food chain using a model.	② Pupils listen carefully.
③ Teacher explains the interconnection between the links.	③ Pupils tries to co-relate and appraise their knowledge.
④ Teacher introduces the given food web and asks the pupils to show their ideas.	④ Pupils recites & shares their thoughts.
⑤ Teacher summarizes and probes the pupils to show their ideas about the importance of each trophic level.	⑤ Pupils observe carefully and share their views.
⑥ Teacher poses the pupils to share their views on endangered species and write a debate.	⑥ Pupils shares their views on endangered species and conducts debate.
⑦ Teacher asks students to give their opinion and poses them what should be the duty of a citizen.	⑦ Pupils give various answers to avoid endangered species & how to take care of them & increase their population.

Recap done by recollecting & reading out the important points on the board.

Evaluation - Teacher gives picture to every individual & asks a variety of questions like

- 1) Identify the consumer, producer, primary consumer, secondary consumer, etc.

Application - (i) Look at the food chain & guess what would happen if the population of a particular organism is over or underpopulated. (ii) Make a food chain with 3 links. (iii) Make a model of food chain and label every organism.

Chalk board summary

Date: <u>Science</u>	Standard: <u>Save Ecosystem & Save Endangered species</u>
① Food chain & Food web	① Importance of each level of consumer.
② Producers	② Effect of increase or decrease in the population of a living thing on other trophic levels.
③ Consumer → apex ↓ ↓ primary secondary tertiary	③ Measures to save
④ Herbivore	④ Effect on Pyramid of energy.
⑤ Omnivore	
⑥ Carnivore	

Self reflection

I had made a lot of teaching strategies to deliver this biology topic. My efforts were praiseworthy and were helped to enhance the teaching learning session. Students participation was overwhelming and boosted me the level of my confidence. My colleagues remarks were motivating and made me more comfortable for my next lesson.

THEME TEACHING

OBSERVER'S REMARKS

- 1) Set Induction: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 2) Statement of Aim: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 3) Model Reading/Recitation: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved
N/A
- 4) Method of Teaching: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 5) Content Mastery: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 6) Communication Skills: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 7) Questioning: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 8) Interaction with the pupils: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 9) Use of Teaching Aids: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 10) Additional information: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 11) Classroom Management: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 12) Chalk Board Summary: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓

- 13) Attitude of Teacher: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved
Towards the Class ✓
- 14) Stimulus Variation: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 15) Incorporation of Core Elements / Values: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 16) Teacher's Personality: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 17) Recapitulation: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓
- 18) Application: Excellent / Very Good / Good / Very Satisfactory / Fair / Need Improved ✓

Remarks and Suggestions:

various types of
activity implemented

lesson was v. good.
it was interactive lesson.

OBSERVED BY: *MS*
NAME: Navita S. Sood
SIGNATURE: 6/10/2021

Practice Teaching

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION, KANDIVALI (E)
LESSON PLAN

Name of the student teacher: Priya S. Yadav Unit: B Roll no.: 45
 Name of the school / college: Nirmala Memorial Foundation College
 Subject: OCM Topic: SIDBI (Small Industrial Development Bank of India)
 Practice Lesson No.: 1 Standard: XIth Division: _____ Date: 30/11/22

1. Previous Knowledge: The student has a previous knowledge about the sources of finance which provides loan.
2. Objectives: To enable the student to acquire the knowledge of SIDBI
To make the student understand about various scheme of SIDBI
To identify the difference between Micro, Small & Medium sector
To analysis the function of Bank
3. Reference Books: CBSE XIth Business Studies Book, Google, You-Tube
4. Method / Technique: Lecture-cum-discussion
5. Teaching Aids: Chart (Evaluation Question)
6. Co-relation: with Political Science, Accountancy
7. Set Induction: Teacher done a set Induction through role play method. On the basis, teacher ask few question?
1. What did you observe through this role play method?
2. What she require for setting up a branches for her business?
3. From where did she can raise fund?
8. Statement of Aim: There are various financial institution through which we can raise fund from it one of is SIDBI. So student study we are going to study, Small Industrial Development Bank of India i.e. SIDBI

Recapitulation Teacher summarizes the topic by saying that we have studies about the SIDBI. It provide loan to MSME a scheme & MSME

Mr. Anil Singh has been running a Dhaba for the last 2 years. The excellent quality of food has made the restaurant popular in no time. Motivated by the success of his business, Mr. Singh is now contemplating the idea of opening a chain of similar dhaba at different place. On the basis of above situation, teacher ask the following question.

Date: 30/11/22 **Equality is Not Discrimination, Faculty Means Justice** **Standard:** XIth
Subject: OCM **Topic:** SIDBI (Small Industrial Development Bank of India)

*** Introduction**

*** Meaning**

Micro	Invest $\leq 1\text{ crore}$	Annual Turnover $\leq 5\text{ crore}$
Small	$\leq 10\text{ crore}$	$\leq 50\text{ crore}$
Medium	$\leq 50\text{ crore}$	$\leq 250\text{ crore}$

Self reflection

- 1) I need to communicate with all the student.
- 2) I need to work on my English to communicate with the student.
- 3) I need to give more example.
- 4) I need to frame my sentence in such a way that content all contain all the important point.
- 5) I need to ask question more & more question.

Content Analysis	Objectives and their Specifications
<p>Concept Intro & SIDBI</p>	<p>Remembering - The student acquires the knowledge of SIDBI (Objective)</p> <p>The student recalls the meaning of SIDBI</p>
<p>Meaning Micro, Small & Medium</p>	<p>Understanding - The student develops the understanding of the MSME sector. (Objective)</p> <p>The student discriminate the difference between Micro, Small & Medium Sector (Specification)</p>
<p>Eg- Micro Invest <math>\leq 1\text{ crore}</math> Annual Turnover <math>\leq 5\text{ crore}</math> Small <math>\leq 10\text{ crore}</math> <math>\leq 50\text{ crore}</math> Medium <math>\leq 50\text{ crore}</math> <math>\leq 250\text{ crore}</math></p>	<p>applies understanding a</p>
<p>2. Facts - SIDBI, 2nd April 1990, IDBI, 84, Entrepreneur, Modernization, finance</p>	<p>analysis y a loan ction.</p>
<p>3. New Term - Subsidiary</p>	
<p>Core Elements and Values</p> <p>1. Equality of sexes 2. Secularism</p>	<p>Student learn about equality of gender, caste & religion</p>

Content Analysis	Objectives and their Specifications
<p>Concept Intro & SIDBI</p>	<p>Remembering - The student acquires the knowledge of SIDBI (Objective)</p> <p>The student recalls the meaning of SIDBI</p>
<p>Meaning Micro, Small & Medium</p>	<p>Understanding - The student develops the understanding of the MSME sector. (Objective)</p> <p>The student discriminate the difference between Micro, Small & Medium Sector (Specification)</p>
<p>Eg- Micro Invest <math>\leq 1\text{ crore}</math> Annual Turnover <math>\leq 5\text{ crore}</math> Small <math>\leq 10\text{ crore}</math> <math>\leq 50\text{ crore}</math> Medium <math>\leq 50\text{ crore}</math> <math>\leq 250\text{ crore}</math></p>	<p>applies understanding a</p>
<p>2. Facts - SIDBI, 2nd April 1990, IDBI, 84, Entrepreneur, Modernization, finance</p>	<p>analysis y a loan ction.</p>
<p>3. New Term - Subsidiary</p>	
<p>Core Elements and Values</p> <p>1. Equality of sexes 2. Secularism</p>	<p>Student learn about equality of gender, caste & religion</p>



PPO F11 Pro



OPPO F11 Pro



OPPO F11 Pro



Action Research



LESSON PLAN SCREENSHOTS OF ACTION RESEARCH

DECLARATION

As required by the University in the B.Ed. course, I wish to state that the work embodied in this research titled "**Probable reasons why students struggle with Math**" forms my own contribution to research work carried out under the guidance of Ms. Shubhangi Kore, Asst. Professor, Nirjala Memorial Foundation College of Education, Kandivali, Mumbai.

Signature by the Student: _____

Certified by the Guide: _____

CERTIFICATE

This is to certify that **Ms. Priyanka Tiwari** Roll No. B-32, has completed her research work titled,

“PROBABLE REASONS WHY STUDENTS STRUGGLE WITH MATH”

Researcher has collected required information through different available sources.

I certify that this is her original work.

PRINCIPAL:

Dr. Nitisha Jha
Nirmala Memorial Foundation
College of Education,
Kandivali (E), Mumbai.

GUIDE:

Asst Prof Ms. Shubhangi Kore
Nirmala Memorial Foundation
College of Education,
Kandivali (E), Mumbai.

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF
EDUCATION, KANDIVALI (EAST)**

**Action Research
on
“PROBABLE REASONS WHY STUDENTS STRUGGLE
WITH MATH”**

**Ms. Priyanka Tiwari
Roll Number: B-32
Class: S.Y.B. Ed
(2021-2023)**

**RESEARCH GUIDE
Ms. Shubhangi Kore
Assistant Professor,
NMFCE, Mumbai**

CERTIFICATE

This is to certify that *Miss. Sunita Maulik Vyas, Roll no:B-28* of S.Y.B.Ed. has carried out the Action Research Work entitled '*A study on challenges faced by students during examinations*'

in Nirmala Memorial Foundation College of Education under the guidance of Dr. Nitisha Jha. The work embodied in this action research is the candidate's contribution to research work which has not been submitted for any degree of this or any other university. Whenever references have been made to previous works of others, it has been clearly indicated as such and included in the bibliography.

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Signature by the Student: _____

Certified by the Guide: _____

Visit to a Special school - 'Abhang Bhavan.'

1. Community Service at Assesi bhavan Old age home :

Date : 17th August 2017

Community work is voluntary service provided by anyone to people who are less privileged or fortunate. Nirmala Memorial Foundation college of Education at Kandivali, engages the interns in community service, to become active members of their community and thus have a lasting, positive impact on society at large. Community service or volunteerism enables students to acquire life skills and knowledge, as well as provide services to those who need it most.

In the two years B. Ed course, we get this opportunity twice – Semester 1 and Semester 3. We get divided into manageable groups, so that everyone gets a chance to do their fair bit. We carried out our community work in the following places:-

1. Aadhaar Vruddha Ashram
2. Abhang Bhavan
3. Assisi Bhavan Home For The Aged
4. Punarvas
5. Sadaphuli Karnbadhir Shaala
6. Sashi Mangalyam School

Located at Goregaon East, Mumbai, this is a home for the old and neglected citizens of our society. It belongs to the St. Joseph Training Institute and commenced in 1987. This home can house up to 100 people and provides all the necessary amenities including medical care.

Activities done – Most of our time was spent in cleaning the premises, since there was no one to look into those matters. We swept floors, cleaned the dormitories, changed bed furnishings and curtains. We also interacted with the

elders. On the last day, we gave them some essential commodities like food, toiletries, diapers etc. as required by them.

Learning – Time, the most precious commodity in today’s world. We gave these abandoned people our time, and it gave us immense satisfaction. The saying rings true – ‘Recognise that every interaction you have is an opportunity to make a positive impact on others. – Shep Hyken’

2. Visit to Special School - Abhang at Vasai

Date : 26 September 2017

Situated in green lush fields of Naigaon, Vasai West is the school for the mentally retarded and handicapped children ‘Abhang Bhavan.’ This school, formerly called “ApangSeva” was started by Cynthia Baptista under the direction of Father Michael Gonsalves in 1988. It runs a school and other welfare activities for these special children.

Activities done – We played games, cooked breakfast, helped in making paper bags and celebrated Christmas.

Learning – “The only disability in life is a bad attitude. – Scott Hamilton.” These are words that ring true. The children at Abang Bhavan may be handicapped or have limitations, but their hearts are brimming with love – pure love which they want to share with anyone who spends even half a day with them.

3. AIDS Awareness program

Date : 1st December 2017

A rally was carried out using banners and placards for creating awareness regarding the deadly AIDS by the students of Nirmala Memorial Foundation college of Education at Kandivali. A short street play, 'NUKKAD NATAK' was the main attraction of the event. The rally started from the lecture hall on the seventh floor of Nirmala memorial foundation college of education to Thakur Shyamnarayan international school at Kandivali. The skit, placards and the slogans highlighted the preventive mechanisms to prevent occurrence of AIDS among women

4. Expert talk on sexual harassment

Date : 8th March 2018

Nirmala Memorial Foundation college of Education at Kandivali took effort to organize an expert talk on sexual harassment against women in the main hall. The resource person for the session was Prof. Nilam Mandal. One of the causes for sexual harassment against women is ignorance and lack of education among women.

It is defined as unwelcome behavior of a sexual nature that if allowed to continue could create a QUID PRO QUO and/or a Hostile Work Environment for the recipient. For example, unwelcome sexual comments, jokes, innuendoes. Actual or attempted rape or sexual assault. · Unwanted pressure for sexual favors. · Unwanted deliberate touching, leaning over, cornering, or pinching. Unwanted sexual looks or gestures. Unwanted letters, telephone calls, or materials of a sexual nature.

5. International Yoga day

Date : 21st June 2018

Nirmala Memorial Foundation college of Education at Kandivali organized a Yoga session in the ground floor auditorium as part of the value added course. This Yoga session was conducted by Yoga expert Ms. Bindu Yadav, from a well known Yoga institution, Vedas Yoga studio in Mumbai. It was a well conceived and an enriching experience as this session included thorough practice of breathing exercises followed by the exercises of the joints in the body and mainly stability of the body. Meditation at the end of the session completed the physical and mental training of the body. It added value in student life and the students were further recommended to practice the process for at least 10 minutes every day for complete benefit to body and soul.

6. Visit to Nehru Science Centre

Date : 28th February 2018

In order to celebrate National Science day, Students visited Nehru Science Centre, Worli on 22nd February 2018. Nehru Science Centre is the largest interactive science center in India. It is located in Worli, Mumbai. Science on a sphere, 3 D Science Show, Science Odyssey Film, Human Anatomy Show, was the main attraction of their visit. Exhibition Gallery and 360 Virtual Gallery Tour helped students to understand many scientific concepts.

7. Guest Lecture Talk on “Recent Developments in Digital Classroom

Date : 19th April 2018

Guest Lecturer- Dr.E.Ramganes, Professor and Head, Coordinator,UGC-sap(DRS-II), Dept.of Educational Technology, Bharathidasan University, Tiruchirappalli-620023, Tamil Nadu,India. Dr. E.Ramganesan was invited in our college to deliver a lecture on topic “Recent Developments in Digital Classroom” In his informative and interactive lecture he focused on many digital trends available for students to increase their knowledge and skill

level.He spoke on “SWAYAM” and encouraged students and Faculty members to participate in online courses run by SWAYAM.

1. Intercollegiate competition on 'Poster/Chart making competition on Gender equality and equity'

Date : 8th August 2018

Gender, School and Society is based on the Gender encompasses socially constructed and culturally based roles of women and men with a view to understand how unequal power relations between them are shaped and operate. The term gender role refers to society's concept of how men and women are expected to act and how they should behave. These roles are based on norms, or standards, created by society. Gender roles are a specific set of *social* and behavioral actions which are considered to be appropriate for the given gender.

I. GROUP PRESENTATION:-

There were a total 6 groups , each group given a topic by Glany mam based on GSS. Each group gave their group presentation (PPT). Which was very informative and interesting.

II. SKIT / DRAMA :-

Skit or Drama was performed by the group based on the GSS topic such as Domestic Violence, Gender equality, Sexuality etc.

III. GALLERY WALK (POSTERS):-

For POSTERs many groups has been made by Shubham Mam. Each group has 2 members in which one have to make poster and other have to explain poster at the time of Gallery Walk.

Reflection.

Group Presentation was very informative and also effective. It teaches us how to co-ordinate, co-operate and help each other. Skit / Drama is one of the interesting activity which has been performed. This activity is much important as it bring more and more attention of the observe, listener. Last but not the least is the Gallery Walk here we (Students) have organized a Gallery Walk by preparing posters based on GSS topic. Students,teachers have invited principal sir to visit to our posters in form of Gallery Walk. Students one by one explained the concept and the content of each poster.

2. Rally on Safety Awareness

Date : 11th September 2018

A rally for safety awareness was carried out using banners and placards by the students of Nirmala Memorial Foundation college of Education at Kandivali. The purpose of the rally was to make students, local people aware about safe travel. Safety while traveling is of utmost importance in a place like Mumbai where traffic is huge to manage at peak times. The F.Y.B.Ed. students of NMFCE took the initiative to create awareness about road safety in front of schools and colleges.

3. Helping differently able children as part of Community outreach

Date : 3rd October 2018

Nirmala Memorial Foundation college of Education at Kandivali took the initiative to visit Punarvas Education Society's Shri Devrajji Gundecha Punarvas Special School & Vocational Training Centre for the Mentally Handicapped). Under the leadership of Shri Prabhkar Modak & other stalwarts of Goregaon, Punarvas joined other NGOs in trying to reach out to a small portion of Mentally Challenged that needed to be taken care of.

The B.Ed. interns interacted with the students, helped them in their daily classes like writing practice, art and craft, yoga and occupational therapy. We

also took part in their Christmas party celebration and gave the children a colouring book, crayons and chocolates. The students further helped in a curriculum activity Swar Vyanjam for Class 4 along with art and craft. We also assisted in the Girls Workshop helping them with jigsaw puzzles, envelope making etc. and the Boys Workshop for toran making. Learning from the Teaching is truly the noblest of all professions. We taught these innocent minds, helped them a little bit and made a slight difference to their lives.

4. Reaching the unreached- Street Children

Date : 16th November 2018

The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali paid a visit to Prayas Foundations Trust. School at Mithanagar, Mumbai. This school aims at serving individuals and families in the poorest communities in the society. To work for the cause and care of disadvantaged individuals, families & society, Prayas Foundations Trusts works rigorously on the following missions that is, creating lasting solutions to poverty & hunger, Education to every individual everywhere, and empowering people affected by cancer or chronic disease and supporting Clean India (Swachh Bharat Abhiyan). School books distribution for childrens, Dustbin & Broom distribution for cleanliness were the activities which were undertaken by the students. The B.Ed. interns conducted classes and took lessons of poor school children in the open. It was an experience to remember and the students were eager to visit the place and provide their service again in future.

5. International Yoga day

Date : 21st June 2018

Yoga can help us to improve the quality of education, methods of teaching and morals of teachers with a bright future of students. The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali participated in the Yoga program with full enthusiasm expecting teachers to become *Jnānyogi* as discussed in *Gītā* but teachers may involve themselves committedly in teaching to build a bright future for their students. Teachers should impart knowledge in such a way that inner capabilities of the learners can be brought out. One thing should be kept in mind that knowledge gained by a person regarding any area of life is a result of his efforts with creative cooperation of society either seen or unseen. Therefore, knowledge must be used for one's all round development as well as betterment of society.

1. Mask Making competition

Date : 9th July 2019

The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali organized the Mask Making Competition for Bachelor of Education (B.Ed.) students with the aim of fostering creativity, promoting safety practices, and raising awareness about the environment amidst the COVID-19 pandemic. The event took place on [Date] and was jointly organized by [Organizing Committee/Institution Name]. The competition provided an opportunity for participants to showcase their artistic talents while emphasizing the importance of wearing masks in public spaces to prevent the spread of infections. The Mask Making Competition for B.Ed. students successfully achieved its goals of promoting creativity, safety practices, and environmental awareness. Through this activity, participants learned about the importance of wearing masks, enhanced their artistic talents, and gained valuable insights into the broader implications of the pandemic. The competition not only showcased the creativity of the students but also instilled in them a sense of responsibility towards public health and the environment, making it a truly enriching and meaningful experience for all involved.

2. Food distribution to underprivileged kids

Date : 14th September 2019

The "Food for Hope" food distribution activity served as a beacon of hope for underprivileged kids, addressing their immediate needs while empowering them with a sense of dignity and inclusivity. The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali organized the event not only provided nourishment but also served as a catalyst for fostering compassion, empathy, and community engagement. The experience of organizing and participating in this activity left a profound impact on the organizers, volunteers, and community members, inspiring them to continue their efforts in creating a more compassionate and supportive society. By coming together to tackle food insecurity, the "Food for Hope" initiative demonstrated the potential of collective action in uplifting the lives of underprivileged children and instilling a sense of hope for a brighter future.

3. Community Service in old age home

Date : 6th October 2019

The community service activity at an old age home took place in the month of September at Assisi Bhavan and Maruganj. The primary goal of the activity was to bring joy, companionship, and support to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories. Through this experience, participants learned the value of intergenerational connections and the importance of providing emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

4. International Yoga day virtual program

Date 22nd June 2020

The virtual program on International Yoga Day for B.Ed. students was held on [Date], organized by [Organizing Committee/Institution Name]. The primary goal of the activity was to promote physical and mental well-being among the participants through yoga and mindfulness practices. The program included virtual yoga sessions, guided meditation, and informative talks on the benefits of yoga in education. B.Ed. students learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and cultivate a healthier lifestyle. The activity fostered a deeper understanding of the connection between yoga, education, and overall personal development.

5. AIDS awareness virtual program

Date : 1st December 2019

The AIDS awareness virtual program for B.Ed. Students was organized on 16 th of December with the objective of raising awareness about HIV/AIDS and promoting preventive measures among future educators. The program featured informative presentations, expert talks, and interactive discussions on the global impact of HIV/AIDS and its implications in educational settings. B.Ed. students learned about the importance of inclusive and non-discriminatory teaching practices for students affected by HIV/AIDS. The activity aimed to equip them with knowledge and empathy to address AIDS-related issues sensitively and to become advocates for HIV prevention and support. Through this program, the participants gained insights into their role in creating a stigma-free and compassionate society.

6. Workshop on Examination Pressure

Date : 11th February 2020

The management of Nirmala Memorial Foundation College of Education organized a workshop for FY.B. ED students on the current concern on Examination Pressure during the Pandemic Era. The Speaker of the workshop was Ms. Akshara Savaliya. The speaker started the workshop by asking questions to the future teachers on how they will evaluate their students. The students participated in the discussion. Akshara ma'am discussed different ways to make online sessions interesting. She discussed the problems the future teachers could face in conducting the online class.

The speaker discussed the six-step assessment process which would help the future teacher to evaluate their students. The principles of assessment were explained with suitable examples. The speaker asked the students for their views and many students shared their knowledge and experience of online teaching. She discussed a case study about evaluating students, and many students shared their responses and came up with different methods of evaluation. There was discussion about how written content during online

sessions couldn't be considered as the student can take help from parents or online sources.

Akshara ma'am discussed what it means by Authentic Assessment and different ways of doing it. There was a debate session conducted, in which students spoke for and against the topic- Should students be assessed only as per written work. It was an interesting debate as students came forward with many ideas and shared their views. In conclusion, the speaker explained that no matter which method we use for evaluating a student, the most important part is giving feedback as it is the first step towards the students' progress. She explained the importance of feedback in detail. We as students got tips and ideas for authentic assessment and its importance. This session will help us in future assessment. We learnt different ways to make our online sessions interesting for our students. We learnt the importance of feedback and how it can help in developing the students' performance. The workshop was a very interesting and enriching experience for future teachers. I would like to thank our college for arranging such an interesting workshop, and looking forward to many more such workshops.

7. Workshop on Mental Health

Date : 12th January 2020

The workshop on Mental Health for B.Ed. students was conducted on 12th January with the aim of promoting awareness, understanding, and destigmatizing mental health issues. The workshop featured expert presentations, interactive sessions, and discussions on various mental health topics. The primary goal of the activity was to equip B.Ed. students with essential knowledge and skills to recognize signs of mental distress among students and colleagues. Participants learned about the significance of promoting positive mental health in educational settings and strategies to create a supportive and inclusive learning environment. The workshop emphasized the role of educators in fostering emotional well-being and facilitating early intervention when required.

1. Community Service in Special School in Vasai : Abhang School

Date : 17th August 2020

The community service activity at Abhang School, a special school in Vasai, was organized by BED students on [Date]. The goal of the activity was to

engage with and support children with special needs in their educational journey. BED students volunteered their time and skills to assist teachers, conduct inclusive activities, and provide individualized attention to the students. Through this experience, participants learned about the unique challenges faced by children with special needs and gained a deeper appreciation for inclusive education. The activity aimed to promote empathy, foster a sense of responsibility, and inspire BED students to become compassionate and inclusive educators in the future.

2. International Yoga Day : Virtual program

Date : 21st June 2021

The virtual program on International Yoga Day for B.Ed. students were organized on [Date] with the aim of promoting physical and mental well-being through yoga and mindfulness practices. The goal of the activity was to introduce B.Ed. students to the benefits of yoga in education and its potential to enhance overall well-being. The program featured virtual yoga sessions, guided

meditation, and informative talks on incorporating yoga in educational settings. Participants learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and create a positive learning environment. The activity fostered a deeper understanding of the importance of self-care and holistic approaches to education.

3. Community Service in Old age home

Date : 22 October 2021

The community service activity at an old age home took place in the month of September at Assisi Bhavan and Maruganj. The primary goal of the activity was to bring joy, companionship, and support to the elderly residents of the home. Volunteers engaged in various activities such as spending time with the elderly, playing games, and sharing stories. Through this experience, participants learned the value of intergenerational connections and the importance of providing emotional care to the elderly. The activity aimed to create a sense of belonging and enhance the well-being of the elderly while fostering empathy and understanding among the volunteers.

4. Akshay Urja Diwas Virtual Celebration

Date : 27th August 2021

As part of scientific awareness programme, The celebration of Akshay Urja Diwas for B.Ed. students was organized on [Date] to

mark the significance of renewable energy in sustainable development. The goal of the activity was to raise awareness about renewable energy sources and their role in mitigating environmental challenges. The event featured informative presentations, interactive discussions, and demonstrations on solar and wind energy technologies. B.Ed. students learned about integrating renewable energy concepts into the curriculum to promote eco-friendly practices in educational institutions. The celebration aimed to inspire future educators to advocate for renewable energy adoption, fostering a sense of responsibility towards environmental preservation and sustainable energy solutions.

