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| Year | 2017- 18 | 2018- 19 | 2019- 20 | 2020- 21 | 2021- 22 | Total |
|--|----------|----------|----------|----------|----------|-------|
| Number of students participated in activities as part of national priority programme | 148 | 320 | 355 | 290 | 355 | 1650 |

Percentage = $\frac{\text{Total number of students participating in activities as part of National priority Programmes during the last five years}}{\text{Total number of students on- roll during the last five years}} \times 100$

$$= \frac{1650}{2072} \times 100$$

$$= 79.63 \%$$

**Nirmala Memorial Foundation College of
Education, Kandivali (East), Mumbai**

REPORTS OF NATIONAL PRIORITY PROGRAMME

3.3.3 Students participation in national priority programmes such as Swachh Bharat, aids awareness, gender sensitivity, yoga, digital India, national water mission during the last five years.

A pioneering educational organisation in advancing national priority activities is Nirmala Memorial Foundation College of Education. Nirmala Memorial Foundation College of Education periodically plans various activities to encourage awareness and national integration in the nation's future educators in order to accomplish this goal.

2017-18

Social Awareness (Aids Awareness)

Road Rally and Nukkad Natak

A rally was carried out using banners and placards for creating awareness regarding the deadly AIDS by the students of **Nirmala Memorial Foundation college of Education at Kandivali**. A **short street play**, 'NUKKAD NATAK' was the main attraction of the event. The rally started from the lecture hall on the seventh floor of Nirmala Memorial Foundation College of Education to Thakur Shyamnarayan International School at Kandivali. The skit, placards and the slogans highlighted the preventive mechanisms to prevent occurrence of AIDS among women



Gender Sensitivity (Social Awareness)

Expert talk on sexual harassment:

Nirmala Memorial Foundation college of Education at Kandivali took effort to organize an expert talk on sexual harassment against women in the main hall. The resource person for the session was **Prof. (Dr.) Saramma Chandy**. One of the causes for sexual harassment against women is ignorance and lack of education among women. It is defined as unwelcome behavior of a sexual nature that if allowed to continue could create a QUID PRO QUO and/or a Hostile Work Environment for the recipient. For example, unwelcome sexual comments, jokes, and innuendoes. Actual or attempted rape or sexual assault. · Unwanted pressure for sexual favors. · Unwanted deliberate touching, leaning over, cornering, or pinching. Unwanted sexual looks or gestures. Unwanted letters, telephone calls, or materials of a sexual nature.

Yoga

International Yoga day

Nirmala Memorial Foundation college of Education at Kandivali organized a Yoga session in the ground floor auditorium as part of the value added course. This Yoga session was conducted by **Yoga expert Ms. Bindu Yadav**, from a well known Yoga institution, Vedas Yoga studio in Mumbai. It was a well-conceived and an enriching experience as this session included thorough practice of breathing exercises followed by the exercises of the joints in the body and mainly stability of the body. Meditation at the end of the session completed the physical and mental training of the body. It added value in student life and the students were further recommended to practice the process for at least 10 minutes every day for complete benefit to body and soul.



2018- 2019

Gender Sensitivity (Social Awareness)

Intercollegiate competition on 'Poster/Chart making competition on Gender equality and equity'

I. GROUP PRESENTATION:-

There were a total 6 groups , each group given a topic by Glany mam based on GSS. Each group gave their group presentation (PPT). This was very informative and interesting.

II. SKIT / DRAMA:-

Skit or Drama was performed by the group based on the GSS topic such as Domestic Violence, Gender equality, Sexuality etc.

III. GALLERY WALK (POSTERS):-

For POSTERs many groups have been made by Shubham Mam. Each group has 2 members in which one has to make a poster and the other has to explain the poster at the time of Gallery Walk.

Gender, School and Society is based on the Gender encompasses socially constructed and culturally based roles of women and men with a view to understand how unequal power relations between them are shaped and operate. The term gender role refers to society's concept of how men and women are expected to act and how they should behave. These roles are based on norms, or standards, created by society. Gender roles are a specific set of *social* and behavioral actions which are considered to be

appropriate for the given gender. Group Presentation was very informative and also effective. It teaches us how to coordinate, co-operate and help each other. Skit / Drama is one of the interesting activities which has been performed. This activity is very important as it brings more and more attention to the observe, listener. Last but not the least is the Gallery Walk where we (Students) have organized a Gallery Walk by preparing posters based on GSS topics. Students, teachers have invited principal sir to visit our posters in the form of Gallery Walk. Students one by one explained the concept and the content of each poster.



International Yoga day

· Yoga can help us to improve the quality of education, methods of teaching and morals of teachers with a bright future of students. **The F.Y.B.Ed students of Nirmala Memorial Foundation college of Education at Kandivali** participated in the Yoga program with full enthusiasm expecting teachers to become *Jnānyogi* as discussed in *Gītā* but teachers may involve themselves committedly in teaching to build a bright future for their students. Teachers should impart knowledge in such a way that inner capabilities of the learners can be brought out. One thing should be kept in mind that knowledge gained by a person regarding any area of life is a result of his efforts with creative cooperation of society

either seen or unseen. Therefore, knowledge must be used for one's all round development as well as betterment of society.



2019- 2020

International Yoga day virtual program

The virtual program on International Yoga Day for B.Ed. students was held. The primary goal of the activity was to promote physical and mental well-being among the participants through yoga and mindfulness practices. The program included virtual yoga sessions, guided meditation, and informative talks on the benefits of yoga in education. B.Ed. students learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and cultivate a healthier lifestyle. The activity fostered a deeper understanding of the connection between yoga, education, and overall personal development.

Social Awareness

AIDS awareness virtual program

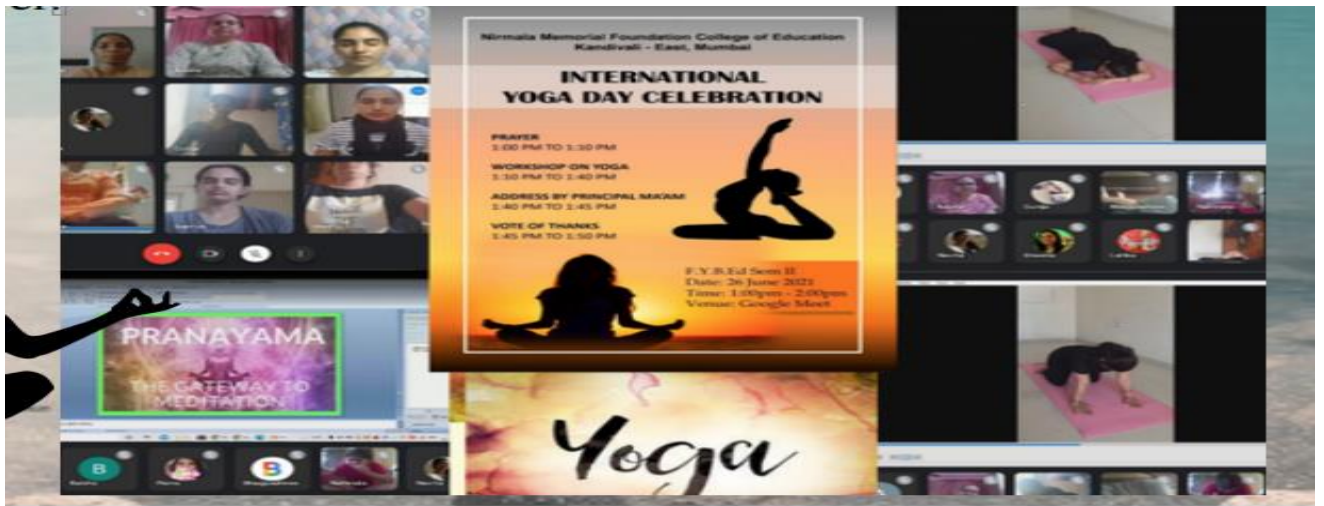
The AIDS awareness virtual program for B.Ed. Students was organized on 16 th of December with the objective of raising awareness about HIV/AIDS and promoting preventive measures among future educators. The program featured informative presentations, expert talks, and interactive discussions on the global impact of HIV/AIDS and its implications in educational settings. B.Ed. students learned about the importance of inclusive and non-discriminatory teaching practices for students affected by HIV/AIDS. The activity aimed to equip them with knowledge and empathy to address AIDS-related issues sensitively and to become advocates for HIV prevention and support. Through this program, the participants gained insights into their role in creating a stigma-free and compassionate society.



2020-2021

International Yoga Day : Virtual program

The virtual program on International Yoga Day for B.Ed. students were organized with the aim of promoting physical and mental well-being through yoga and mindfulness practices. The goal of the activity was to introduce B.Ed. students to the benefits of yoga in education and its potential to enhance overall well-being. The program featured virtual yoga sessions, guided meditation, and informative talks on incorporating yoga in educational settings. Participants learned various yoga techniques, breathing exercises, and relaxation methods, equipping them with tools to manage stress and create a positive learning environment. The activity fostered a deeper understanding of the importance of self-care and holistic approaches to education.



Social Awareness (Gender Sensitivity)

Seminar on 'Elimination of violence against women on International Women's Day

The objective of Women's Day is to express love and gratitude towards women's contribution to our lives and society. It honors the power and struggles of women who have broken all barriers and reached the pinnacle of success in every sphere of life. Today, women across the globe actively participate in politics, education, social work, corporate, sports, IT, research & development, innovation and diverse fields, and have left their footprints.

At NMFC the day was celebrated on 8th March 2020. Various activities were conducted as a part of this event. Dress code for this event was green, purple and white. The event was started by an inspirational speech followed by a skit on how women were forced to stay behind. Another interesting activity was describing women at every phase of her life in different Indian languages. A dance performance was also done on problems faced by a woman in her day to day life. After the various activities one of the games was played that is identifying the childhood photos of all the female teachers and students. Another game was randomly picking up chits and describing that particular person in 2 to 3 lines. Thus the event was really very enthusiastic and overwhelming for all of us. Teachers and Principal took a photo holding the selfie card of balance for better. Balance for better was the tagline for the women's day celebration.





2021-2022

Swachh Bharat(Social Awareness)

Pada Cleaning Activity

A pada cleaning initiative at Thakur Village was organized for B.Ed students to promote responsibility, civic engagement, and environmental consciousness. The event aimed to develop leadership, teamwork skills, and understanding of waste management, recycling, and public spaces. Students also learned about community collaboration and the importance of addressing local issues. The event encouraged students to become proactive change agents in their future roles as educators, emphasizing the importance of cleanliness, environmental responsibility, and community engagement in nurturing socially responsible citizens. The students realized that even small efforts, like cleaning a local "pada," can have a positive impact on the community's well-being.



Environment Awareness (Swachh Bharat)

Eco Brick Making Workshop

The primary objective of the workshop was to raise awareness about environmental issues, particularly plastic pollution, and its impact on ecosystems, wildlife, and human health. By engaging in pada cleaning, participants witnessed firsthand the consequences of littering and learned about the importance of keeping public spaces clean. The eco-making workshop conducted by B.Ed. students successfully achieved its goals of promoting environmental awareness, responsible waste management, and creative problem-solving through pada cleaning and plastic upcycling. The event served as an impactful platform to inspire environmental consciousness and encourage positive change within the community. By empowering the participants with knowledge and hands-on experience, the workshop created a ripple effect, inspiring them to become active agents of change in safeguarding the environment for future generations.



Social Awareness (National water Mission)

Storytelling and Role Play on Water conservation

The main objective of the activity was to raise awareness about the scarcity of water resources and the environmental challenges posed by water wastage. Through storytelling, the B.Ed. students aimed to illustrate the interconnectedness of water with various aspects of life and the environment, fostering a sense of responsibility towards water conservation. The storytelling and role play activity conducted by B.Ed. students proved to be a successful and engaging approach to teach water conservation. By employing creative methods, the students effectively achieved the goals of raising environmental awareness, inspiring behavioral change, transferring knowledge, empowering participants, and fostering community engagement. Through this interactive learning experience, the participants gained a deeper understanding of the significance of water conservation and emerged as motivated advocates for sustainable water practices in their homes and communities. The activity not only contributed to the students' professional development but also had a positive impact on creating a more water-conscious and environmentally responsible society.

