

# **CRITERION 5**

## **5.1 STUDENT SUPPORT**

**5.1.1 A range of capability building and skill enhancement initiatives are undertaken by the institution such as**

- 1. Career and Personal Counseling**
- 2. Skill enhancement in academic, technical and organizational aspects**
- 3. Communicating with persons of different disabilities: Braille, Sign Language and Speech training**
- 4. Capability to develop a seminar paper; understand/appreciate the difference between the two**
- 5. E-content development**
- 6. Online assessment of learning**

## **REPORT COVERING A RANGE OF CAPABILITY BUILDING AND SKILL ENHANCEMENT INITIATIVE UNDERTAKEN BY THE INSTITUTION.**

The NMFCE institute always initiates to imbibe core elements and values such as effective nurturing, growth and development of the students through Career & personal Counselling, capacity building and skill enhancement activities. The range of all these events and programs are useful for capability building and skill enhancement of the learners.

### **1. Career and Personal Counseling**

For building capabilities to enhance career prospects is woven into the curriculum through both academic, scholastic and co-scholastic activities. Every year Students of NMFCE are oriented with the Placement Cell and the services offered there in, commencing from the orientation, induction program and ice-breaking sessions in Semester I, followed by individualized mentoring in all semesters, culminating in securing placements during Semester IV and until graduation. Successful entrepreneurs and heads of institutions are invited to share their experiences with our student teachers orienting them on the teacher competencies and skills that are required in their respective schools. Recruitment process and procedures are covered in detail. The information shared provides inputs for the College's curriculum enhancement, Structuring certificate courses and improvising on teacher grooming activities. Within the pedagogy of School subjects papers students become familiar and well-versed in language and communication skills needed to succeed in job interviews or enroll in continuing education. Exposure to developing fluency and confidence to face the challenges of job interviews are acquired through value added courses, e.g. Conversational English and Computer Education courses to enable students to engage in conversation using terminology needed for job interviews. Further they acquire technology skills to prepare cover letters, design portfolios, prepare presentations, and draft use digital tools for documentation. Within the core course content students are sensitized to classroom dynamics (inclusiveness, individualized innovative lesson plans, discipline). The internship modules provide exposure to the teaching eco-system and its needs. They also get the opportunity to expand their networking, indulge in substitution classes and prove their worthiness setting the groundwork for employment.

<b>S r. No.</b>	<b>Name of the Activity</b>	<b>Nature Of the Activity</b>	<b>Duration/Date</b>	<b>Contact details of the teachers &amp; Agencies</b>
1	Cracking Competitive Exams.- (SET, NET, TET, CTET, SLET )	OFFLINE	8 February, 2020	Mr. Vaibhav Pangam, Revenue Officer/Costom Mb. No. 9819832733

2	How to face Interview	OFFLINE	15February, 2020	Ms. Pinky Tripathi, Principal, Thakur Shyamnarayan School, Dahisar East, Mb. No. 9967576138
4	Resume making	OFFLINE	4 April, 2021	Ms. Pinky Tripathi, Principal, Thakur Shyamnarayan School, Dahisar East, Mb. No. 9967576138
5	Orientation Program	OFFLINE+ONLINE	Every Year	All Staff members of NMFCE
6	Workshop on Teaching Aid Preparation	OFFLINE		Pidilite Industries Ltd., Sir Mathurdas VasANJI Road, Andheri East, Mumbai.
7	Webinar on "Learning beyond Academics: Explore your skills through social and emotional counseling"	ONLINE	3 Days 15 May, 2020 to 17 May, 2020	Dr. Arundhati, Centre for Distance Education, S.N.D.T Women's University 9820518957
8	TEACHERS CAREER OPPORTUNITIES	OFFLINE	9 <sup>th</sup> August, 2021	Mr. Vaibhav Pangam, Revenue Officer/Costom Mb. No. 9819832733
9	Resume making	OFFLINE	22 Feb.,2022	Ms. Pinky Tripathi, Principal, Thakur Shyamnarayan School, Dahisar East, Mb. No. 9967576138

10	Workshop on Teaching Aid Preparation	OFFLINE	27 & 28 March, 2022	Pidilite Industries Ltd., Sir Mathurdas VasANJI Road, Andheri East, Mumbai.
11	Workshop on "Developing Professional website for Teaching and Learning"	ONLINE	15 October, 2021	Ms. Sonam Yadav, Head of Upeducators, 9923460060 Mr. Ankush Bhandari, Trainer
<b>9</b>	<b>Personal Counseling</b>			
	Problem regarding speaking in front of audience, she wanted to improve her confidence while public speaking.	OFFLINE	16 April, 2020	Ms. Sweety Singh, Asst. Prof. NMFCE,
	Problem in writing the content or expressing her view in written form	OFFLINE	4 April, 2021	Ms. Shubhangi Kore, Asst. Prof. NMFCE,
	Student wishes to take updated information in the field of education and to do something apart from the classroom teaching.	OFFLINE	7 <sup>th</sup> July, 2022	Ms. Navita Sood, Asst. Prof. NMFCE,

## 2. Skills Enhancement

Students are exposed to preparing diversified lesson plans thus harnessing and sharpening the skills of designing instructional phases at short notice for different school boards. Yoga is practiced for agility and strength training, soft skills are taught for expression and articulation, craft and art to develop the skills of integrating domain together. Students are taught to development differentiated assessment tools for diagnosis, remediation and enrichment. Concepts learnt in language across curriculum enhance students' skills of team teaching and interdisciplinary connectedness. Students are required to maintain a reflective journal to identify learning gaps and find probable solutions to mitigate learning crisis.

### **Academic Aspects:**

Through the curricular courses, students are required to critically analyze printed text performing content analysis and identify teaching points. Written text is used as a tool and inferential references are added for deep approach in the teaching learning process. Student are instructed to differentiate between projected and non-projected devices while developing teaching learning material, learning how to augment the thinking styles (conversion, diversion, global, linear, sequential) for holistic learning. The recent trend is to get student to develop innovative teaching learning resources that can be become the basis of patented educational resources.

### **Technical Aspects:**

NMFCE have a well-established infrastructure in which with the help of ICT laboratories and the Virtual Studio engages students in acquiring hands on experience and developing teaching learning materials that are contemporary and advance e.g. recording video lesson for improvised teaching aids. In the **Audit Course 1- Critical Understanding of ICT, Value added Course- Science and Technology Certificate Course** offered in Semester I students are taught how to develop lesson plan, videos, audios, animated material to support classroom discourse.

### **Organizational Aspects**

Students of NMFCE are exposed to various organizational aspects that will help them to perform routine jobs with ease and perfection. Their organizational skills are developed by coordinating, organizing, and participating in college Co-curricular and extracurricular activities, cultural festive, e.g. Science Day, Women's Day, Human Rights Day, Communal Week, Food Fest, campaigning for green days, organize field visits, organizing morning assembly, comparing, co-curricular activities, college days, science exhibitions, Marathi Divas, Hindi Divas, Makar Sankranti Celebration

Drives, back to school programs. Through the school study project students get to observe school activities, administration processes and procedures etc.

Sr. No.	Type Of Activity	Name of the Activity	Duration/Date	Contact details of the teachers & Agencies
1	<b>Academics</b>	Value Added Courses	Each Semester	All Teachers of NMFCE
		Self-Study Courses	Each Semester	All Teachers of NMFCE
		Ability Courses Activities	Each Semester	All Teachers of NMFCE
		Core Courses	Each Semester	All Teachers of NMFCE
		Audit Course Activities	SEM 1 & SEM 4	All Teachers of NMFCE
		Elective Courses	SEM 2, SEM 3 & SEM-4	All Teachers of NMFCE
		Internal Examinations	Each Semester	All Teachers of NMFCE
		INTERNSHIP/ Practice Teaching	SEM 2, SEM 3 & SEM-4	All Teachers of NMFCE
2	<b>Technical</b>	ICT Practical's & Assignment	SEM 1	All Teachers
		AB1: Critical Understanding of ICT	SEM 1	All Teachers of NMFCE
		Workshop on 'Effective Online Teaching'	SEM-3	Ms. Anjana Tawani, Asst.Prof., Pal Rajendra B.Ed. College,  Mb. No. 9702944257
		Workshop on "Developing Professional website for Teaching and Learning"	SEM-2	Ms. Sonam Yadav, Head of Upeducators, Mr. Ankush Bhandari, Trainer
		Workshop on "Developing ICT Skill in Teacher"	SEM- 1	Ms. Swiddle D'Cunha, I/C Principal, NMFC

	Preparation Of Online Learning Resources	SEM-4 10 April- 2022	All Teachers of NMFCE
	Understanding the 'Online Prospective'	SEM-2 18 Sept. 2022	Dr. Vini Sebastian, Associate Professor, St. Xavier's Institute of Education, Mumbai

**YEAR 2018-19**

Sr.no	Name of activity	Type	Nature of activity	Duration/date	Contact details of the teachers & agencies
1	Inaugural Orientation Programme	Academic	Offline	24 <sup>TH</sup> October 2019	Director Smt. Aruna Desai
2	Talent Hunt	Academic	Offline	31 <sup>ST</sup> October 2018	Faculty teachers
3	Community Work	Organisation	Offline	15 <sup>TH</sup> TO 20 <sup>TH</sup> December 2019	1. Aadhaar Vruddha Ashram 2. Abhang Bhavan 3. Assisi Bhavan Home For the Aged 4. Punarvaas 5. Sadaphuli Karnbadhir Shaala 6. Sashi Mangalyam School
4	Puppet Show	Organisation	Offline	25 <sup>TH</sup> March 2019	Professor Nilam Mandal.
5	International Women's Day Celebration-	Organisation	Offline	08 <sup>TH</sup> March 2019	All students
6	Morning Assembly	Academic	Offline	REGULAR	All students
7	Diwali Celebration	Organisation	Offline	04 <sup>TH</sup> November	All students

				2019	
8	Holi Celebration	Organisation	Offline	9 <sup>TH</sup> MARCH 2020	All students
9	Visit to Nehru Science Centre	Organisation	Offline	22 <sup>nd</sup> February 2019	All teachers
10	Marathi Bhasha Divas Celebration	Organisation	Offline	27 February 2018	All students
11	Annual Sports Meet	Academic	Offline	17 <sup>TH</sup> December 2018	All students
12	Annual Day Function	Academic	Offline	06 <sup>TH</sup> May 2018	All students
13	S.Y.B.Ed. Class Picnic to Silent Hill Resort	Organisation	Offline	18 <sup>TH</sup> November 2018	All teachers
14	F.Y.Class Picnic-The Great Escape Water Park	Organisation	Offline	23 <sup>RD</sup> November	All teachers
15	Makar Sankranti Celebration	Organisation	Offline	13 <sup>TH</sup> March 2018	All students
16	Gudi Padwa Celebration	Organisation	Offline	25 <sup>TH</sup> July 2018	All students
17	Christmas Celebration	Organisation	Offline	20 <sup>TH</sup> December 2018	All students
18.	Guest lecture Talk	organization	Offline	19 <sup>Th</sup> July 2018	Dr. E.Ramganesan
19.	Gallery Walk	Academic	Offline	16 <sup>th</sup> April 2018	Students



**YEAR 2020-21**

Sr No.	Name of Activity	Type	Nature of activity	Duration/ Date	Contact details of the teachers & agencies
1.	Inaugural Orientation Programme	Academic	Offline	15 <sup>th</sup> March 2021	Dr.Tandra Bandyopadhyay
2.	Learning beyond academics webinar	Organisation	Online	17 <sup>th</sup> May 2020	Dr. Sahadab Paloji Professor
3.	Expert Talk	Academic	Online	10 <sup>th</sup> Dec 2020	Dr. Vini Sebastian
4.	WEBINAR ON UNIVERSAL HUMAN VALUES	Academic	Online	30 <sup>th</sup> March 2021	Dr. Sybil Thomas Dr. Saramma Chandy Dr. Geeta Shetty
5.	SEMINAR ON “VIDEO RESUME AND INTERVIEW GUIDANCE	Academic	Online	17 <sup>th</sup> July 2021	Mr. Nitil Gupta
6.	B.Ed CET ORIENTATION	Academic	Online	10 <sup>th</sup> August 2021	All teachers
7.	Virtual Assembly	Academic	Online	During college hours	Teachers & Students
8.	INTERNATIONAL YOGA DAY	Organisation	Online	26 <sup>th</sup> June 2021	Ms. Shraddha Chavan Ms. Usha Iyer
9.	HOLI CELEBRATION	Organisation	Offline	28 <sup>th</sup> March 2021	All students

10.	GURU PURNIMA	Organisation	Online	23 <sup>rd</sup> July 2021	All students
11.	INTERNATIONAL WOMENS DAY	Organisation	Offline	8 <sup>th</sup> March 2021	All students
12.	INDEPENDENCE DAY	Organisation	Online	15 <sup>TH</sup> August 2021	All students
13.	TEACHER'S DAY	Organisation	Online	4 <sup>th</sup> September 2021	All students
14.	HINDI BHASHA DIWAS	Organisation	Online	14 <sup>th</sup> September 2021	All students
15.	DIWALI CELEBRATION	Ogranisation	Online	30 <sup>th</sup> October 2021	All Students
16.	CHRISTMAS CELEBRATION	Organisation	Offline	20 <sup>th</sup> December 2021 to 22 <sup>th</sup> December	All students
17.	WORKSHOP ON VENTEL ACTION PLAN	Academic	Offline	5 <sup>th</sup> November 2021	Dr. Yogita Mandole
18.	EXPERT TALK ON MAKING ONLINE LEARNING INTERACTIVE	Academic	Online	25 <sup>th</sup> June 2021	Ms. Bhindya Ramachandran
19.	Workshop on	Organisation	Online	17 <sup>th</sup>	Ms. Akshara

	Students Assessment and Evaluation in the Pandemic era			August 2021	Savaliya
20.	Time Management Workshop	Organisation	Online	31 <sup>st</sup> July 2021	Ms. Akshara Savaliya
21.	INTERNSHIP	Organisation	Offline	31 <sup>st</sup> July 2021	Teachers

**YEAR 21-22**

<b>SR . No .</b>	<b>Name of activity</b>	<b>Type</b>	<b>Nature of activity</b>	<b>DURATION/ DATE</b>	<b>Contact details of the teachers &amp; agencies</b>
1	Inaugural Orientation Programme	Academic	Offline	3 <sup>rd</sup> March 2022	ALL teachers and Students
2	Marathi Diwas	Organisation	Offline	27 <sup>th</sup> February 2022	All Students
3	HOLI	Organisation	Offline	17 <sup>TH</sup> March 2022	All students
4	GUDI PADWA	Organisation	Offline	1 <sup>ST</sup> APRIL 2022	ALL STUDENTS
5	GURU PURNIMA	Organisation	Offline	16 <sup>TH</sup> JULY 2022	ALL STUDENTS
6	INDEPENDENCE DAY	Organisation	Offline	19 <sup>TH</sup> AUGUST 2022	ALL STUDENTS
7	JANMASHTAMI	Organisation	Offline	20 <sup>th</sup> AUGUST 2022	ALL STUDENTS
8	HINDI DIWAS	Organisation	Offline	14 <sup>TH</sup> SEPTEMBER 2022	ALL STUDENTS
9	TEACHERS	Organisation	Offline	4 <sup>TH</sup>	ALL STUDENTS

	DAY	n	e	SEPTEMBER 2022	
10	GANDHI JAYANTI	Organsatio n	Offlin e	1 <sup>ST</sup> OCTOBER 2022	ALL STUDENTS
11.	VACHAN PRERNA DIWAS	Organisati on	Offlin e	15 <sup>TH</sup> OCTOBER 2022	ALL STUDENTS
12	DIWALI	Organsatio n	Offlin e	17 <sup>TH</sup> OCTOBER 2022	ALL STUDENTS
13	CHRISTMAS	Organisati on	Offlin e	25 <sup>TH</sup> DECEMBE R 2022	AL STUDENTS
14	TALENT HUNT	ACADEM IC	Offlin e	24 <sup>TH</sup> MARCH 2022	TEACHERS AND STUDENTS
15	COMMUNITY WORK	Organsatio n	Offlin e	18 <sup>TH</sup> APRIL 2022	TEACHERS AND NGO
16	INTERNSHIP	Organisati on	Offlin e		ADUKIYA SCHOOL  CHINCHAVLI PUBLIC SCHOOL  THAKUR PUBLIC SCHOOL  NIRMALA SCHOOL
17	SEMINAR ON EXAMINATIO N PRESSURE	Organsatio n	Offlin e	16 <sup>TH</sup> JULY 2022	M.Ed STUDENTS OF SNDT COLLEGE,CHRCHG ATE
18.	SEMINAR ON STRES MANAGEME NT	Organisati on	Offlin e		M.Ed STUDENTS OF SNDT COLLEGE,CHRCHG ATE
19	SEMINAR ON MENTAL HEALTH	Organsatio n	Offlin e	13 <sup>TH</sup> AUGUST 2022	M.Ed STUDENTS OF SNDT COLLEGE,CHRCHG ATE

### **3. Communicating with Persons of Different Abilities: Braille, Sign Language, and Speech Training**

In the Curricular course- **IC4 Creating an Inclusive School and Self Study Course- Inclusive Learning Environment** all pedagogies students are exposed and acquainted with the approaches and strategies to communicate with persons of different abilities. Workshops, seminars, Community Services at Special School- '**Dr. Kusumtai Naravane Hearing Impaired and Intellectual Disorder Children's School and 'Punarvas' special School** are conducted to familiarize students with assistive technologies to stimulate the sensorial abilities of specific disabilities. Students of NMFCE are encouraged to self-learn sign language and implement it within the teaching learning process. Research topics are encouraged and focused on developing teaching learning support materials to cater to CWSN as well as creative students. Targeted specialists are invited to address our students and share experiences and expertise sensitizing students toward inclusivity.

### **4. Capability to develop a seminar paper and a research paper; understand/appreciate the difference between the two.**

At the B.Ed. level this kind of bifurcation is implemented by students supervised by concerned faculty, students are assigned action research project. During internship students are required to take up a case study and search some educational challenges that act as the subject of the action research. A tool is also developed for data collection. Data is analyzed and interpreted. The hypotheses then are translated and become the basis for individualized interventions to be tested in the next level of internship and accordingly students have completed their action research report.

At this level some advance learners are facilitated and encouraged to understand the difference between seminar paper and research paper, concept of these two is clarified and explained by the faculty of respective mentor group at great length in the research methodology, academic writing and expository writing coursework. Faculty and the students have presented research papers at National Conference organized by the college. Assessment and projects are also focused on assessing student ability and understanding the differences. After students have completed their action research report, they are required to concise their report into research papers to be published in the in the Peer reviewed journal. Students are assigned as teaching assistants to faculty engaged in research and development. Students are trained to search and download related literature, draft tools, administer tests, and analyze data accumulating experience in research related tasks. Students also assist in the organization of webinars, seminar, and workshops etc.

## **5. E-content Development**

PSS (Pedagogy of School Subject)-wise training in developing E-content modules is provided to students by respective methodology faculty. Training is provided in all phases: analysis, design, development, testing, implementation and evaluation. The E-Content materials developed focus on varied perspectives: cognitive, emotional, behavioral and contextual. Students develop a high sense of creativity in structuring and sequencing topics to make a complete whole. During the internship students are encourage to use Smart Boards and Present some self-prepared educational videos, Pictures, images, graph, drawings, PPT's etc.

## **6. Online Assessment of Learning**

The COVID pandemic lead to the global disruption of education which necessitated working online shifting into a digitalized project based learning system as an interactive education strategy including administrating assessments online facilitated by the affordances using e-mails, Google classroom; Google forms, Google Meet, Zoom and Drive Links etc. During this pandemic (COVID period) faculty of NMFCE have assessed students' performance through online platform like Cisco WebEx meetings, Zoom meetings & Google devices.

## 1. Career and Personal Counseling

Cracking Competitive Exams- (SET, NET, TET, CTET, SLET): Mr. Vaibhav Pangam,



How to face Interview- Ms. Pinky Tripathi, Principal, Thakur Shyamnarayan School



**Workshop on Teaching Aid Preparation - Pidilite Industries Ltd.,**



The poster features a yellow background with a black border. At the top left is an illustration of a human head with a brain, a lightbulb, and a stack of papers. To the right is the logo for Nirmala Memorial Foundation, College of Education, which includes a stylized 'N' and 'M' in red and blue. Further right is a green chalkboard and a white paper with 'PPT' written on it. The main text is in a mix of fonts: 'Presents a workshop on!' in cursive, and 'PREPARATION OF TEACHING AIDS' in bold blue capital letters. Below this, the date 'Date: 25th & 28th March, 2022', time 'Time: 1:30- 4:30pm', and venue 'Venue: 711' are listed. To the right, a bulleted list states: 'Charges: Free', 'Material Cost: 250 Rs.', and 'Resource person: Pidilite'. The bottom of the poster includes the convener 'Convener I/C Principal: Dr. Nitisha Jha' and the coordinator 'Coordinator : Ms. Sweety Singh'. Decorative elements include stacks of colored pencils on the left and right sides, and a musical note graphic at the bottom center.

**Nirmala Memorial Foundation**  
COLLEGE OF EDUCATION

*Presents a workshop on!*  
**PREPARATION OF TEACHING AIDS**

**Date: 25th & 28th March, 2022**  
**Time: 1:30- 4:30pm**  
**Venue: 711**

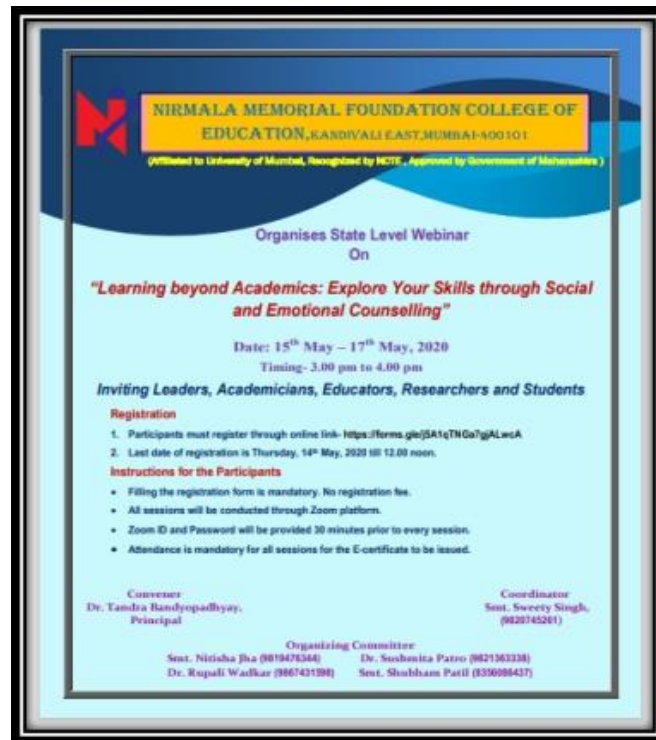
- Charges: Free
- Material Cost: 250 Rs.
- Resource person: Pidilite

Convener I/C Principal: Dr. Nitisha Jha  
Coordinator : Ms. Sweety Singh





## Webinar on “Learning beyond Academics: Explore your skills through social and emotional counseling”



## TEACHERS CAREER OPPORTUNITIES- Mr. Vaibhav Pangam



## Workshop on “Developing Professional website for Teaching and Learning”



The students too followed all the instructions and created their own website on desktop simultaneously. Finally, the session ended on a positive note by vote of thanks presented by Ms. Ayisha, FYB.Ed student.



Overall, the workshop was a great learning experience for the students. The practical and hands-on experience made it more productive and effective.

## Personal Counseling





**NIRMALA MEMORIAL FOUNDATION**  
**COLLEGE OF EDUCATION**  
AFFILIATED TO UNIVERSITY OF MUMBAI

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D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai-400101. Tel: 022-6943 6400

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**B.Ed. Session (2019-20)**

**Mentee Name:** Ms. Richa Kharwar

**Mentor Name:** Ms. Sweety Singh

**Nature of issue:** She has problem regarding speaking in front of audience, she wanted to improve her confidence while public speaking.

**Method and Procedure of mentoring:** Fear in public speaking is type of PHOBIA, during the session of mentoring we find out that her phobia was a cause of genetic problem her mother was also suffering from some problem. To overcome from this problem mentor suggested her to improve her self-confidence and self-motivation by involving herself in more activities and practice in your class, take suggestion with your colleagues, they to speak in front of audience whenever you have any chance.

**Outcomes:** Now she is quite confident while speaking in front of audience and also helping her friends to improve confidence in public speaking.

**Teacher Incharge**

**Date: 16<sup>th</sup> April, 2020**

Ms. Sweety Singh



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D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai-400101. Tel: 022-6943 6400

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## **B.Ed. Session (2020-21)**

**Mentee Name:** Ms. Charmi Gala

**Mentor Name:** Ms. Shubhangi Kore

**Nature of issue:** Problem in writing the content or expressing her view in written form

**Procedure of Mentoring:** She was given mentoring session related to her problem. Firstly reason behind her problem was diagnosed. She was making mistake in writing her content in the subjects, lesson plan etc. She was guided to use a book that helps organize thoughts on paper including simple tools, sentence building games etc.

Mentor guided her to practice on writing the content slowly.

**Outcome:** She works very hard on her problem. She made use of sentence building games more. She was capable of writing or expressing her views.

**Teacher Incharge**

**Date: 4<sup>th</sup> April,2021**

Ms. Shubhangi Kore





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D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai-400101. Tel: 022-6943 6400

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**B.Ed. Session (2021-22)**

**Mentee Name:** Ms. Ayisha Ansari

**Mentor Name:** Ms. Navita Sood

**Nature of issue:** Student wishes to take updated information in the field of education and to do something apart from the classroom teaching.

**Procedure of Mentoring-** She was counseled to read magazine, journals and visit educational sites regularly.

She was also encouraged to write certain blogs related with current situation of society and problems faced by people. She was motivated to participate in co- curricular activities.

**Outcome:** She started participating in co-curricular activity. She has also started writing blog.

**Teacher in charge**

**Date: 7<sup>th</sup> July, 2022**

Ms. Navita Sood

## Inaugural Function-

Inaugural & Orientation Programme for newly admitted students for First Year of B.Ed. Course was held on 24<sup>th</sup> October 2019. In his welcome address Principal asked students to work in frame of discipline and complete the assigned tasks with strong dedication and commitment. Director Smt. Aruna Desai welcomed all students and gave importance to quality education. She said that the management is fully supportive and being a teacher she understands the problems of every individual. Towards the end Principals of different heads gave their blessings to all



## Talent Hunt

*Giving the student a platform to explore their talent, talent hunt competition was organized by NMFCE on October 31, 2018 for the newly admitted students.*

*The objective of the activity was to discover the hidden talents in the fresh students (F.Y.B.Ed.) and also to inculcate the value of discipline among students.*

*The students participated enthusiastically in the event.*

*There were various competition held in this event like –*

- *Cooking competition*
- *Singing competition*
- *Dancing competition*
- *Best out of waste*
- *Craft competition*
- *Rangoli competition*
- *Drawing competition*

*There were different activities like yoga, bangle decoration, puzzle solving, mehndi making, skit etc.*

*Our teacher and our principal advised the student to lay stress on dedication and discipline and polish their talent.*

*Principal congratulated all the participants and encouraged them to hone their skills as these are essential for the development of overall personality of the student.*





## **Community Work**

Community work is voluntary service provided by anyone to people who are lesser privileged or fortunate. Engaging in community service provides students with the opportunity to become active members of their community and has a lasting, positive impact on society at large. Community service or volunteerism enables students to acquire life skills and knowledge, as well as provide a service to those who need it most.

In the 2 year B. Ed course, we get this opportunity twice – Semester 1 and Semester 3. We get divided into manageable groups, so that everyone gets a chance to do their fair bit. We carried out our community work in the following places:-

Aadhaar Vruddha Ashram  
Abhang Bhavan  
Assisi Bhavan Home for the Aged  
Punarvaas  
Sadaphuli Karnbadhir Shaala  
Sashi Mangalyam School

### **1. AadharVruddha Ashram**

AADHAR is a non-profit organization, based in Borivali, Mumbai. The main focus of AADHAR, from the inception has been providing care and support to the old aged people of every race and religion.

Activities done – We played games, sang songs, had interactive sessions with the residents, danced and even celebrated Christmas in a small way. On the last day, we distributed snacks and chocolates to make their lives a little sweeter.

Learning – These are people who live apart from their families. The other residents and the staff are now their family. So by spending time with them, playing games with them, we were able to spread the feeling of love, warmth, togetherness and most importantly happiness!

### **2. Abhang Bhavan**

Situated in green lush fields of Naigaon, Vasai West is the school for the mentally retarded and handicapped children ‘Abhang Bhavan.’ This school, formerly called “Apang Seva” was started by Cynthia Baptista under the direction of Father Michael

Gonsalves in 1988. It runs a school and other welfare activities for these special children.

Activities done – We played games, cooked breakfast, helped in making paper bags and celebrated Christmas.

Learning – “The only disability in life is a bad attitude. – Scott Hamilton.” These are words that ring true. The children at Apang Bhavan may be handicapped or have limitations, but their hearts are brimming with love – pure love which they want to share with anyone who spends even half a day with them.

### 3. Assisi Bhavan Home for the Aged

Located at Goregaon East, Mumbai, this is a home for the old and neglected citizens of our society. It belongs to the St. Joseph Training Institute and commenced in 1987. This home can house up to 100 people and provides all the necessary amenities including medical care.

Activities done – Most of our time was spent in cleaning the premises, since there was no one to look into those matters. We swept floors, cleaned the dormitories, changed bed furnishings and curtains. We also interacted with the elders. On the last day, we gifted them some essential commodities like food, toiletries, diapers etc. as required by them.

Learning – Time, the most precious commodity in today’s world. We gave these abandoned people our time, and it gave us immense satisfaction. The saying rings true – ‘Recognize that every interaction you have is an opportunity to make a positive impact on others. – Shep Hyken’

### 4. Punarvaas

1981 marked the beginning of Punarvas. Punarvas Education Society's Shri Devrajji Gundecha Punarvas Special School & Vocational Training Centre for the Mentally Handicapped is placed in 1550 sq. mtr. Constructed area (ground plus 4 storeys'). Under the leadership of Shri Prabhkar Modak & other stalwarts of Goregaon, Punarvas joined other NGO's in trying to reach out to a small portion of Mentally Challenged that needed to be habilitated.

Activities done – We interacted with the students, helped them in their daily classes – writing practice, art and craft, yoga and occupational therapy. We also took part in their Christmas party celebration and gave the children a coloring book, crayons and chocolates. Learning – Each child is unique, every child is unique. As the famous tennis star Martina Navratilova says, “Disability is a matter of perception. If you can do just one thing well, you’re needed by someone.”

## 5. Sadaphuli Karnbadhir Shaala

Dr. Kusumtai Naravane Special School was started by Shree Ramkrishna Shikshan Mandal in Mumbai to care for special needs children and is recognized by the Welfare Department of Maharashtra. The school is located in Kandivali West.

Activities done – We taught the children dance and also helped them in making cards and flowers from paper. We also took them on a field visit to the local market and helped in the preparations of the annual day.

Learning – They say that children are the purest form of love. That is what these children were. Just waiting to be loved and accepted. Someone to encourage them and be patient with them.

## 6. Sashi Mangalyam School

Sashi Mangalyam School for Children in need of Special Care was established in 1958 at Juhu, a western Suburb in Maharashtra State, India, by an enlightened educationist & psychologist, Late Mrs. Sushila Srinivasan. The Sashi Mangalyam Workshop for the Mentally Challenged girls was established in 1979. It was recognised by the Government in 1995.

Activities done – We helped in a curriculum activity Swar Vyanjam for Class 4 along with art and craft. We also assisted in the Girls Workshop helping them with jigsaw puzzles, envelope making etc. and the Boys Workshop for toran making.

Learning – Teaching is truly the noblest of all professions. We taught these innocent minds, helped them a little bit and made a slight difference to their lives.

## CONCLUSION

As Buddha said, *“Set your heart on doing well. Do it over and over again, and you will be filled with joy.”*

That is exactly how we felt after completing our community work. It was a short stint, but an enriching one, opening our eyes to the lives of the lesser privileged, making us feel blessed.

Community Work at Aadhar -



Community Work at Abhang



Community Work at Assissi Bhavan-



Community Work at Purnavas-



### Community Work at Shashi Mangalyam School



### Community Work at Sadaphuli Karnbadhir Shaala



Community Work is an integral part of Internship. It is of six days duration in Semester I and in Semester IV. Students get real life experience through community work. When they observe that outside world is totally different and there are many hurdles to face in real life, they slowly and slowly understand the problems faced by aged people, disabled students.



## **Puppet Show**

Puppet show is usually dramatic performance staged with puppets with the dialogue or music provided by a puppeteer. In NMFCE puppet show was shown to B.Ed. students on 25<sup>th</sup> March 2019 by Professor Nilam Mandal. Prof. Nilam Mandal has been awarded Excellence Award by NFDC for her show based on “swachhata abhiyan.” Same show she had presented with the help of B.Ed. students. Another show was on ‘9 Jewels of Akbar’ Values imparted through puppet show

Creativity-Making puppets itself is art of creativity. One has to design puppet according to the character, role it’s going to play. Even certain minute things need to be taken care of, such as eyebrow, ornaments, colour combination of the dress, as the puppet is replica of the character

Problem solving-Watching a puppet show allows the audience to reflect on what they see and hear – it engages parts of the brain that process experience & reason and thinking things through. The scripts are open-ended so children are put to work solving problems in a safe and voluntary way.

## **ARTISTIC**

Puppets have long been versatile means of artistic expression, communication and instruction. Working the edge between entertainment and education, puppets can both teach and persuade. The entertainment comes first. It draws us in, and once we have lost ourselves in the world the puppets create, we accept the message without even realizing that we are learning. Lessons learned in this way are more likely to be remembered and to become part of our solid stock of knowledge.

## **THOUGHT PROVOKING**

Through the puppets our goals of prevention and intervention work together: We seek to prevent problems before they happen, but also serve as a safety net, a way for those in trouble to ask for help.



## International Women's Day Celebration-



It is always proud being a woman and International Women's Day is a day to celebrate being a woman. The International Women's Day which is observed on March 8th is to celebrate the achievements of women in various fields like economic, political and social line.

[International Women's Day](#) honours the women who have paved the path towards our progress and struggled to take 'womanhood' to a level where it is now. Unfortunately, at the same time, the day is a reminder of the discrimination and inequality that still continues to plague our society. This special day, dedicated to women around the world, is a celebration of the great success of women across all spheres of life as well as shaping the future.

The objective of Women's Day is to express love and gratitude towards women's contribution to our lives and society. It honours the power and struggles of women who have broken all barriers and reached the pinnacle of success in every sphere of life. Today, women across the globe actively participate in politics, education, social work, corporate, sports, IT, research & development, innovation and diverse fields, and have left their footprints.

At NMFCE the day was celebrated on 8<sup>th</sup> March 2019. Various activities were conducted as a part of this event. Dress code for this event was green, purple and white. The event was started by an inspirational speech followed by a skit on how women's were forced to stay behind. Another interesting activity was describing women at every phase of her life in different Indian languages. A dance performance was also done on problems faced by a woman in her day to day life.



After the various activities one of the games was played that is identifying the childhood photos of all the female teachers and students. Another game was randomly picking up chits and describing that particular person in 2 to 3 lines. Thus event was really very enthusiastic and overwhelming for all of us.

Teacher and principal took photo holding the selfie card of balance for better. Balance for better was the tag line for the women's day celebration.



## **Morning Assembly**

The Morning sets the day and the assembly paves the way for our B.Ed. students to rejuvenate their spirits, remain rooted to the moral values and unleash their vitality.

The serene early morning hours welcomes one and all to the College Campus as the premise resounds with the Guru Vandana Sloka and Saraswati Vandana

**Followed by University Song.**

After this we salute our nation by singing National Anthem.

During assembly, we give every student an opportunity to display their talents. The activities include short skit, presentations, slogan display, poetry recitation, speech, songs, inspirational videos etc.

The assembly play an important role in developing a feeling of belongingness to college, a feeling of affiliation and unity among students.



## Diwali Celebration-4<sup>th</sup> November 2019

Diwali the spectacular Hindu Festival of light is celebrated all over the country. The festival symbolizes the victory of light over dark, good over evil and knowledge over darkness. Diwali a contraction of the word “Deepawali” meaning row of light in Sanskrit is often celebrated with food, crackers, colourful light hanging everywhere.

Students and teachers had dressed up into traditional attire. Entire class was decorated with lanterns, diyas, torans and rangoli. There were various dances performed [prayer dance, saraswati vandan dance, Diwali theme dance] and many more.



## Holi Celebration



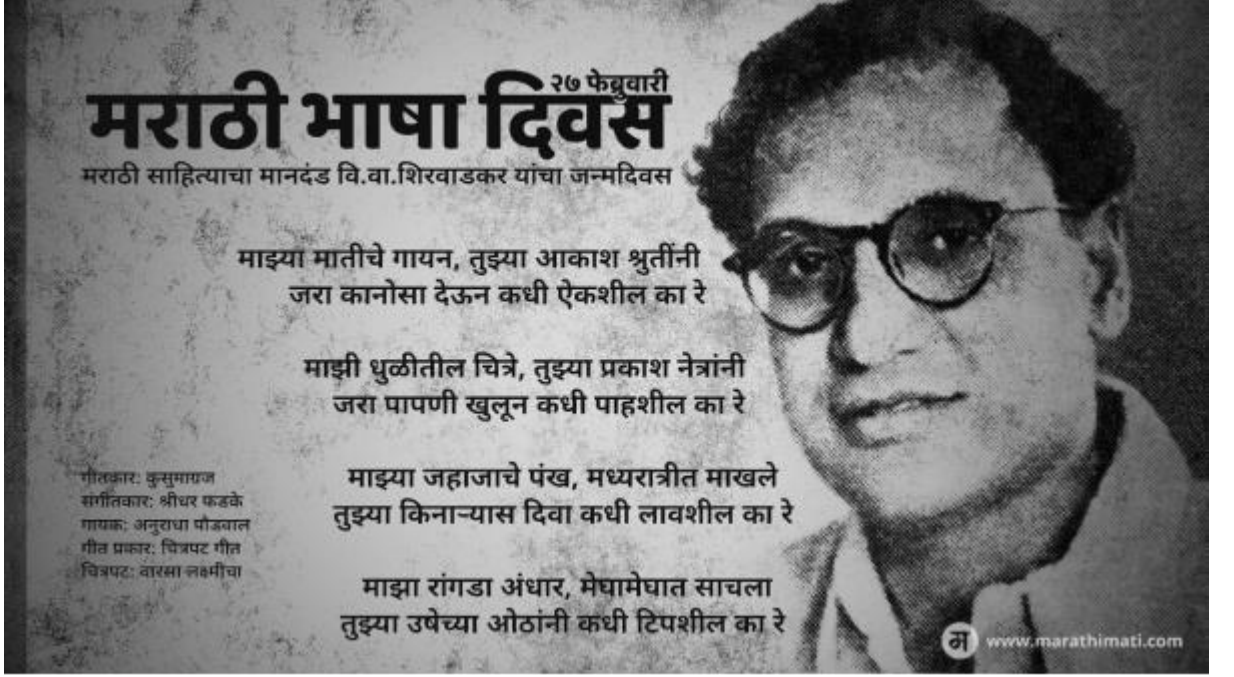
## Visit to Nehru Science Centre

In order to celebrate National Science Day, Students visited Nehru Science Centre, Worli on 22<sup>nd</sup> February 2019. Nehru Science Centre is the largest interactive science centre in India. It is located in Worli, Mumbai. Science on a sphere, 3 D Science Show, Science Odyssey Film, Human Anatomy Show, was the main attraction of their visit.

Exhibition Gallery and 360 Virtual Gallery Tour helped students to understand many scientific concepts.



## Marathi Bhasha Divas Celebration



मराठीभाषादिन (अन्यनावे:मराठीभाषादिवस, मराठीराजभाषादिन) हाजगभरातील [मराठीभाषकांकडून](#) दरवर्षी [२७फेब्रुवारी](#) रोजीसाजराकेलाजातो.[ज्ञानपीठपुरस्कारप्राप्त](#), प्रसिद्धमराठीकवी “[विष्णूवामनशिरवाडकर](#)” (कुसुमाग्रज) यांचाजन्मदिवसहा 'मराठीभाषागौरवदिन' म्हणूनसाजराकेलाजातो.१९८७सालीत्यांनाज्ञानपीठपुरस्कारमिळाला. त्यानंतरशासनानेहादिवसगौरवदिनम्हणूनजाहीरकेला. जागतिकमराठीअकादमीनेयाकामीपुढाकारघेतला.

Nirmala Memorial Foundation College of Education geared up to celebrate KUSUMAGRAJ BIRTH ANNIVERSARY ON 27 FEBRUARY, 2018 which is also known as MARATHI BHASHA DIWAS.

Marathi Diwas was celebrated in NMFCE COLLEGE with great enthusiasm and vigor. This day marks the birthday of great Marathi Litterateur V V SHIRWADKAR also known as KUSUMAGRAJ. Celebrations were held in College on 3<sup>rd</sup> March at 2pm.

All students and teachers took active participation with positivity and enthusiasm. Teachers and students collectively worked on executing this celebration.

Number of activities were planned on this day to make everyone aware about the importance of this day in our Indian culture.Students viewed PowerPoint



Presentations, videos of famous Marathi author and poets, and even enacted a Marathi wedding celebration! Everyone enjoyed learning newsongs and poems..



## **Annual Sports Meet**

“All Work and No Play makes Jack a Dull Boy.”

Sports are essential for achieving the true education. Games and sports are as essential as studies. They provide the much-desired change in the dull academic life of the college. Mahatma Gandhi, the Father of the Nation, was of the opinion that true education meant harmonious development of three organs of man via; body, mind and soul, if anyone of these is neglected then certainly the purpose of Education is forfeited. Therefore, our college made a very good arrangement for games and sports.

The Annual School Sports Day is celebrated in our college with great preparations. 17<sup>th</sup> December 2018 was our Sports Day in this academic year. This day gave us a great pleasure. We were full of joy on that day. As usual, an interesting programme was made for the day. It was the only function that I took keen interest in, after a very long time.

The first item was the Lemon & Spoon race. The race was a great fun. Then began the Musical Chairs and later, the game of Threading the Needle. Many students took part in the competition.

On a final note, prizes were given away to the winners. Everybody cheered them by applauding. The day of annual sports of our college is always fascinating for us.

Annual Sports Day is an important event in the life of every school or college and is an essential part of education. Sports in themselves are an indispensable part of study. School or college life without sports would be dull and dreary. It should never be neglected at any cost.

By -ALISHA PINTO





## Annual Day Function

On 6th May 2018, our college organized its annual day program that was held in the college auditorium. The chief guest was the mayor of our city. Parents were also invited to attend the event. The faculty team of our college along with volunteer students decorated the auditorium with flowers and lights. The chief guest lit the lamp.

Then our principal, secretary, and senior teachers also lit the lamp and the program started with prayer. The program was hosted by a student of intermediate. His performance was very impressive. The students from different classes participated and performed various activities. First of all, students presented a welcome program by welcoming the chief guest and parents of the students.

A group of students was invited to come on stage and play a drama scene. The drama they presented was funny and interesting. It engaged the audience and made them laugh. Similarly, some more students also performed various programs and amused the audience. In the end, the host requested the chief guest to express his thoughts regarding the event.

He came and gave a speech. He told about his career and praised students' performance. After that, the principal thanked everyone especially the chief guest for giving his precious time. The principal ended the program by encouraging the students to work hard if they want to make a strong and good career in life. All the people who attended that annual day enjoyed it most. In fact, this was a memorable day.





## S.Y.B.Ed. Class Picnic to Silent Hill Resort



Learning is an ongoing process and all the experiences, result in one or the other form of learning. As a part of outsource activity a recreational picnic was arranged for the students of on the 18th November 2018 Friday. The venue was SILENT HILL RESORT. Students were all set to have a fantastic day-out with their friends and teachers. The travel gave some personal time for the students to be with their friends reaching the venue, a perfect breakfast was awaiting. The students were then divided into smaller groups as there were many activities for them like, t jet shower, rain dance and the slide pool. The students were served with delicious lunch at the right interval and the special day ended with some snacks students. The students were very thankful to the principal for arranging such as memorable and funtabulous day-out. All the students reached home safely but with lot of joy and exciment.

## F.Y.Class Picnic-The Great Escape Water Park



College had organised a picnic for class F.Y.B.ed on 23<sup>rd</sup> November to GREAT ESCAPE There were many students accompanied with 7 staff members fully packed in busses. We left at 7:15 am and reached at 9 :15 am to our picnic spot. The students were exceedingly animated and sang songs till they reached the venue . As the students saw the 3 slides in the water park , they were extremely thrilled . For breakfast the students were served with a burger and juice . Everyone jumped in the pool with excitement. There was rain dance where the students could not resist to show their talents . The wave pool was something that the students enjoyed the most . For lunch we were served with biryani and other side dishes. Everyone had a lovely time playing in the water with a ball and especially on the slides . A group picture was taken where the students modelled in different poses . The busses started homeward journey at 4 :15pm and reached the school campus about 6:25 pm . The students were given snacks on the way . The day was concluded by saying the prayer “. Everyone had a big smile on their face which indicated that they had a marvellous day.

## **Makar Sankranti Celebration**

Makar Sankranti (also known as Makara Sankranti or Maghi) is a festival day in the Hindu calendar, in reference to deity Surya (sun). It is observed each year in January. It marks the first day of sun's transit into the Makara (Capricorn), marking the end of the month with the winter solstice and the start of longer days. Being a festival that celebrates the solar cycle, it usually falls on the same Gregorian date every year. The festivities are known by various names such as Lohri by north Indian Hindus and Sikhs, Makara Sankranti (Pedda Pandaga) in Karnataka and Andhra Pradesh, Sukarat in central India, Magh Bihu by Assamese, and Pongal by Tamils. Our College organised special assembly for Sankranti Celebrations in the premises, where our staff and students came in colourful dresses. Facilitators decorated the campus with colourful rangoli and flowers. The head of the institution instated about the facts and celebration of Makar Sankranti. He told that Sankranti is celebrated for four days in Andhra Pradesh and Telangana – Bhoghi, Makar Sankranti, Kanuma and Mukkanuma. Students and staff took active part in the programme and made it a grand success.





## Gudi Padwa Celebration

The festival of Gudi Padwa marks the start of the New Year as per the Marathi calendar. Padwa, will be celebrated with much enthusiasm throughout Maharashtra and neighbouring regions. Smt. Sunitidevi Singhania School halls and classrooms too rejoiced and brought in the new year on Friday 25th JULY 2018. The day started with a 'संकल्प' writing activity, as a part of personal new year resolution.

Selected students from each section dressed in customary traditional attire of नऊवारी साडी and कुर्ता-पायजमा, went to all the classrooms on the floor, wished the class and spoke about the importance of Gudi Padwa in मराठी.

The students, were further engaged in decorating their classrooms, many even brought traditional dishes for lunch; Puran poli, Masale Bhat, Shrikhand Puri etc.

All in all it was a lovely day full of festive spirit



## Christmas Celebration

### Report on Christmas Celebration

Christmas is the festival which inspires the spirit of sharing and caring. Christmas celebration was held on 20th December 2018, in the school quadrangle. The collegel was beautifully decorated and everybody was dressed in red and white. The programme started with an information about Christmas and why is it celebrated. A beautiful skit followed depicting the scenes of the nativity of Jesus Christ interspersed with melodious carols sung by the choir. Right from the conception of Mary to the birth of Jesus a harmonius story was displayed by the students. The event ended with cheerful Christmas greetings as the students danced to the melodious tunes of 'Jingle Bells' and ' We wish you a merry Christmas.' The dazzling entry of Santa Claus added to the joy and excitement of the students. The boundless joy of celebrating the festival was visible on the faces of all the children. It was a joyous and amusing programme for everyone.



## **INTRERNSHIP PROGRAMME.**

The internship programme of the B.Ed. (2 YEARS, CBCS) is conducted in three phases. The First internship is conducted in semester 2 for duration of one month. The students have to shadow the lessons of their subject teachers, observe their peer teachers and also give 5 lessons in their first method. The teacher trainees have to be in the school /junior college for the whole day. They are also taught how to maintain different records, how to make timetable for the day, how to prepare lesson plans and teaching aids. The second internship begins in the third semester which is of a longer duration for almost three months. These internship teacher trainees are expected to complete lessons in their first method. The third internship is conducted in the 4 semester where the student prepares learning resources and completion of action research along with the completion of their lessons in the second method. The third internship lasts for about a month. (4 weeks' duration)



## Best Practices in Teaching Learning Process-

### Gallery Walk

Gallery walk is a classroom-based active learning strategy where students are encouraged to build on their knowledge about a topic or content to promote higher-order thinking, interaction and cooperative learning.

This discussion technique allows students to be actively engaged as they walk throughout the classroom. They work together in small groups to share ideas and respond to meaningful questions, documents, images, problem-solving situations or texts.





## Best Practices in Teaching Learning Process

### Assignment as a Teaching Method

An assignment is a teaching method that aims to have students independently acquire academic competences; this can be both in an individual or group context. No contact hours are offered for completion of the assignment, the students have to carry out the task in their own time.

In existing B.Ed. programme for each course students need to work on two assignments. This indirectly fosters the use of Library Study and group interaction.

Assignments are given in B.Ed. programme syllabus. Students get sufficient time to work on it. They are free to take guidance from their mentor teacher.

Presenting an assignment is also a skilful task. Some students take more trouble in presenting the content matter in the form of picture; images. Statistical references are also given.

In each semester student work on six assignment.

Functions of the Assignment-

The assignment enable student to see the purpose of their study and objectives to be achieved.

Student learns to plan out the task and execute it in logical sequence.

It is as good as a project work to be carried out on given theme.

Student gets specific direction in achieving the desired objectives.

Assignment covers cognitive, affective and psychomotor domain of Bloom's Taxonomy.



## Best Practices in Teaching Learning Process

### Guest Lecture Talk

Guest Lecturer-Dr.E.Ramganesan,  
Professor and Head,  
Coordinator,UGC-sap(DRS-II),  
Dept.of Educational Technology,  
Bharathidasan University,  
Tiruchirappalli-620023,  
Tamil Nadu,India

Dr. E.Ramganesan was invited in our college to deliver a lecture on topic “Recent Developments in Digital Classroom”

In his informative and interactive lecture he focused on many digital trends available for students to increase their knowledge and skill level.He spoke on “SWAYAM” and encouraged students and Faculty members to participate in on line courses run by SWAYAM.



## Best Practices in Teaching Learning Process-

### Group Activities-Poster Method

Gender, School and Society is based on the Gender encompasses socially constructed and culturally based roles of women and men with a view to understand how unequal power relations between them are shaped and operate.

The term gender role refers to society's concept of how men and women are expected to act and how they should behave. These roles are based on norms, or standards, created by society. Gender roles are a specific set of *social* and behavioral actions which are considered to be appropriate for the given gender.

In order to

### Activities.

#### GROUP PRESENTATION:-

There were total 6 groups each group have given topic by Glany mam based on GSS. Each group gave their group presentation ( PPT). Which was very informative and interesting.

#### SKIT / DRAMA :-

Skit or Drama was performed by the group based on the GSS topic such as Domestic Violence, Gender equality, Sexuality etc.

#### GALLERY WALK (POSTERS):-

For POSTERS many groups has been made by Shubham Mam. Each group has 2 members in which one have to make poster and other have to explain poster at the time of Gallery Walk.

### Reflection.

Group Presentation was very informative and also effective. It teaches us how to co-ordinate, co-operate and help each other. Skit / Drama is one of the interesting activity which has been performed. This activity is much important as it bring more and more attention of the observe, listener. Last but not the least is the Gallery Walk here we (Students) have organized a Gallery Walk by preparing posters based on GSS topic. Students,teachers have invited principal sir to visit to our posters in form of Gallery Walk. Students one by one explained the concept and the content of each poster.



## **Inaugural Function and Orientation for B.Ed. Batch 2020-22**

### **Nature of Activities**

**Duration with dates: 15 march 2021**

**Number of students participated: 55**

Nirmala Memorial Foundation College of Education organized an Inaugural function and orientation program for newly joined B.Ed. students Batch 2020-22 which was held on 15th March 2021 on a virtual platform. The main objective of the program was to make students aware of the academic aspects of the course, the rules and regulations of the Institute and ensuring parental participation in monitoring the performance and progress of the students.

It commenced with lighting of lamps followed by Saraswati Vandana and University Song. Our respected Principal Madam Dr.Tandra Bandyopadhyay inaugurated the function and addressed all students about the importance of this B.Ed. program and about the vision and mission of the institute. She also stressed upon the importance of dedication to one's profession and proper planning for work assignments and benefits which students will get after completion of this 2 years B.Ed. program.

Professor Ms. Usha Iyer Madam gave us a brief introduction of all the faculty professors at NMFCE and oriented all students about the academic design of the first year B.Ed. Course and the University and Institute rules and regulations regarding academic matters.

This was followed by each faculty professor introducing their subject matter in brief and expectations from each student. Students were formally welcomed and introduced to the culture of the institute and university. The program ended with blessings to students by all the professors.



**STATE LEVEL WEBINAR**

**Nature of Activities:**

**Duration with dates: 17 May 2020**

**Number of students participated: 59**

**Contact details of the teacher: DR. SAHADAB PALOJI PROFESSOR**

**ST. XAVIERS INSTITUTE OF EDUCATION, MUMBAI**

**Report**

## **LEARNING BEYOND ACADEMICS: EXPLORE YOUR SKILLS THROUGH SOCIAL AND EMOTIONAL**

### **COUNSELLING**

As the coronavirus pandemic rapidly sweeps across the world, it is inducing a considerable degree of fear, worry and concern in the population at large and among certain groups in particular, such as older adults, care providers and people with underlying health conditions.

To train us in dealing with these situations a state- level webinar was organized by N.M.F.C.E from 15th May 2020 to 17th May 2020. The theme of the webinar was ‘learning beyond academics: Explore your skills through social and emotional counselling.’

The resource person for day one was Ms. Meeta Shah, a renowned counsellor, psychologist and psychotherapist. She highlighted the importance of self-acceptance and that one should never hesitate to face the real self. If any improvement is needed, one must do it for one’s own health. We learnt that being flexible, adapting to changes and bouncing back with the inner strength is the key to sailing through the COVID19 crisis that the world is facing.

The theme of day 2 was ‘Career exploration in the pandemic era and beyond.’

The Resource person for day two was Dr. Shadab Paloji. She discussed wide variety of sub-themes as sources of career information, choosing the right career and institution, daunting challenges to the workforce of tomorrow, the effect of COVID-19 on career opportunities and factors affecting job satisfaction in the pandemic era and beyond.

Dr. Shadab Paloji focussed on strategies of disseminating career information by various ways like digital publications, career talks, film shows and many more. She mentioned about prospect of turning one’s hobby into a career after undergoing self-assessment. This session helped us to take away with us a lot of positivity, strength and confidence to face any upcoming challenges in our path.



## EXPERT TALK

### Nature of activities:

**Duration with dates: 10th December 2020**

**Number of students participated: 67**

### **Contact details of teacher:**

### **Report**

With this sudden shift away from offline teaching to online mode due to the Covid pandemic has left teachers wondering whether the adoption of online learning will continue to persist post- pandemic, and how such a shift would impact the growth and progress of the students. To deal with this crucial topic N.M.F.C.E conducted an expert talk for the B.ed students on the topic “UNDERSTANDING THE ONLINE PERSPECTIVE” on 10th December 2020 from 3 to 5 pm.

The Resource person was Miss Vini Sabastian, the Associate Professor of St. Xavier's Institute of Education. This seminar helped us to understand online interactions effectively.

It gave us a theoretical background on the online mode of teaching.

It enhanced our skills in online communication. This talk filled us with confidence and gave us the boost to embrace this new challenge with confidence and a positive attitude.

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION, Kandivali East, Mumbai**

**Organises An Expert Talk On "UNDERSTANDING THE ONLINE PERSPECTIVE"**

**DATE & TIMING**  
Date: 10<sup>th</sup> December 2020 (Thursday)  
Timing: 3:00 pm to 5:00 pm

**PLATFORM**  
On Zoom

**SESSION DETAILS**  
Session 1 : The requisites for Online teaching  
Session 2 : Communicating in an online platform

**Expected outcomes**  
Teachers will be able to

- understand the online interaction effectively
- get a theoretical background on online mode of teaching
- understand the skill of online communication
- apply the knowledge to their online teaching
- apply the knowledge in their practice teaching/crossing as well

## **VALUES BUILD OUR LIVES**

### **WEBINAR ON UNIVERSAL HUMAN VALUES**

**Nature of activities:**

**Duration with dates: 30<sup>th</sup> March 2021-1<sup>st</sup> April 2021**

**Number of students participated: 67**

**Contact details of teacher:**

#### **Report:**

Values are the guiding principles of our lives. They are essential for a positive human behaviour in our lives. We the B.ed students of N.M.F.C.E were privileged to attend a webinar on Universal Human values which was conducted on zoom platform from 30th March 2021 to 1st April 2021.

Dr. Sybil Thomas was the chief speaker on day 1. She spoke on ‘Universal values and its essence.’ She helped us to examine our conscious and inculcated in us a sense of humanism, wellbeing of others and the nation and motivated us to transform a diseased mind into a fresh and healthy one. We understood how moral values like prudence, punctuality, hardwork and patriotism are the backbones of a contemporary Indian Culture.

On day 2, Dr. Saramma Chandy, the former principal of Lord’s universal college of Education strengthened our inner desire to build a kind and a caring world through the topic “Values nad their role in Human life.” She grounded us on establishing peace, building positive relationships and honouring our traditional values like Universal compassion and respect for nature. The phrase ‘Vasudhaiva Kutumbakam’ echoed in our hearts as we were convinced that indeed this world is one family so the seeds of values sown today will reap a rich harvest tomorrow.

On day 3, Dr. Geeta Shetty, an associate professor of St. Xavier Institute of education highlighted the aura created by values in the educational field as she spoke on ‘promoting human values in educational institutions.’ She proposed a moral code of conduct for teachers by placing the 3 questions; ‘Are we faltering in any way?’ ‘Are we in anyway compromising on ethics and commitment?’

‘Have we in anyway forgotten the nobility of educational profession ?’This webinar helped us to believe that we as future teachers should allow all our activities to be driven by moral ethics by focusing on the moral actions which within motivating us to walk the path of righteousness and justice in all circumstances.



## **SEMINAR ON “VIDEO RESUME AND INTERVIEW GUIDANCE.”**

**Nature of activities:**

**Duration with dates: 17th July 2021**

**Number of students participated: 72**

**Contact details of teacher:**

### **Report:**

Our resume tells a concise story of who we are as a professional. Thus, it's very important to learn to tailor a resume by recognizing our skills and responsibilities on the job description offered to us. Learn these skills, we the B.Ed students of Nirmala Memorial Foundation College Of Education, Kandivali East attended a seminar titled 'VIDEO RESUME AND INTERVIEW GUIDANCE' which was held on 17th July 2021 on zoom platform. The resource person was Mr. Nitil Gupta, a serial entrepreneur and an international admission consultant.

Here we were taught how to create an innovative video resume. We understood the significance of highlighting our education, credentials, skills, and accomplishments on a video resume. The speaker highlighted the dos and don'ts of the interview. It helped us realize how interviews provide an opportunity for both potential employers and employees to decide if the individual's skills and character align with the firm needs and culture. Indeed, this seminar helped us to enhance our knowledge and update our skills by implementing the latest methodologies to make an appropriate video resume and master effective interview techniques.

## **B.Ed CET ORIENTATION**

**Nature of activities:**

**Duration with dates: 10<sup>th</sup> August 2021**

**Number of students participated: 45**

**Contact details of teacher:**

### **Report:**

Nirmala memorial foundation college of education organized an Orientation for the B.ed C.E.T exam, on 10th August 2021 designed to answer questions of the students and to provide solutions to their various doubts and queries about the C.E.T exam.

Our Principal Madam Dr. Tandra Bandopadhyay along with the team of Professors, Madam Usha Iyer, Madam Damanjit Rihal, Madam Nitisha Jha,

Madam Shubham Patil, Madam Navita Sood,

Madam Sweety Singh were the resource persons for this orientation . They explained how by planning appropriately and studying regularly will lead to successful completion of B.ed C. E.T.

They explained the three sections of MAH B.Ed C.E.T 2022 Exam Pattern, i.e. Mental Ability, General Knowledge, and Teacher Aptitude. Thus the students were directed and were made known the details of MAH B.Ed CET entrance exam.



## **Virtual Assembly**

**Nature of activities:**

**Duration with dates:**

**Number of students participated:77**

**Contact details of teacher:**

### **Report:**

The enthusiastic students of Nirmala College of Education gathered every day for a virtual assembly on the Google Meet. The morning assembly undoubtedly holds the most important position out of all the routine activities. It not only develops awesome social skills but also inculcates the value of oneness and love for each other. It aids community participation as well as sharpens the skills of children on account of healthy competitive spirit between different groups. It is that encouraging platform for the young minds, boosting their confidence towards public speaking and imbibing a feeling of team spirit.

The duration of the assembly would be around 10-15 minutes but the impact of its goodness was long-lasting. The assembly always commenced with Prayers which is believed to provide peace and serenity to all the minds and souls.

The assembly was a great package of a huge number of activities or events. The events included Saraswati Vandana, Ganesh Vandana, thought of the day, Meditation, Yoga, stretching exercise, Zumba, Eye exercises, Laughter Yoga, Daily News, The speaking tree, Mumbai University anthem song, breathing exercises, Pranayama, and many more. The list is endless. Special days like World Ozone Day, Sign Language Day, First Aid Day, etc added to the glory. The students had put up mesmerizing performances. The energy and the grace of the performances were contagious which left the audience in awe of them. This in turn motivated each and every student to be a part of the magnanimous events of the assembly.

Students were very happy and looking forward to new opportunities which would enrich them with wonderful experiences and learning. The hurdles faced by them



were always solved by their ever-supporting teachers. Students got a number of ideas from them. Their motivational gestures gave immense energy to the students to perform better each day. Respected Usha Ma'am and all our Professors had been always in touch with the students and used to guide them at any hour of time. No one would ever believe that the virtual assembly would be such a big hit amidst the Pandemic.

Our Principal Dr. Tandra Bandhyopadhyay use to address the assembly and motivated the students with her encouraging words of wisdom. The assembly used to culminate with the rendition of the National Anthem.



## **INTERNATIONAL YOGA DAY**

**Nature of activities:**

**Duration with dates: 26<sup>th</sup> June 2021**

**Number of students participated:77**

**Contact details of teacher:**

**Report:**

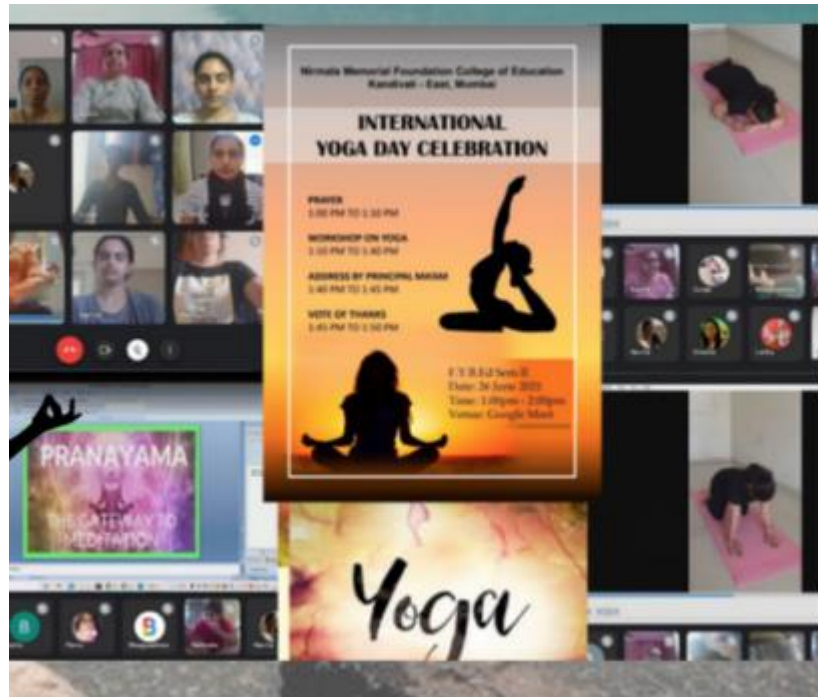
Teaching is considered to be one of the most stressful professions chosen by many in India. Stress experienced by the teachers is steadily increasing due to many additional roles and requirements from the institute, boards of education, and universities etc.

Not only do teachers have to deal with occasionally difficult students, but they have to work long hours to correct papers and develop lesson plans on top of spending six-to-eight hours in the classroom every day. Even the happiest and most well-adjusted teachers working in the most low-

key classrooms can feel like all of it is too much. This is where yoga and other meditation techniques can help. Taking a short meditation break during the day and attending regular yoga classes can help teachers greatly reduce their anxiety level and give them the energy they need to interact with their students.

The session consisted of an orientation and warm up exercise. Orientation was the backbone of the session because it gave the student-teachers the real picture of what exactly the stress is and why it is important to manage it at the right time. It also showed them how one can handle them with asana. Simple to complex asanas like Tadasana, Vrikshasana, Ardhalasana, Uttanpadasana, Pranayama, Kapalabhati were taught to us along with their right form and importance. These asanas really help the student-teachers to manage their stress. This session was conducted by

Ms. Shraddha Chavan and Ms. Usha Iyer.



## **HOLI CELEBRATION**

**Nature of activities:**

**Duration with dates: 28<sup>th</sup> March 2021**

**Number of students participated:68**

**Contact details of teacher:**

**Report:**

Nirmala Memorial Foundation College of Education celebrates all festivals with great enthusiasm and zeal. The most colourful and vibrant festival of India – Holi was celebrated with splash of colours in NMFCE. Holi is the great festival of colours, celebrated every year by the people in India with great pomp and fervour. Holi festival falls every year in the spring season in the month of March. The dominant

idea behind Holi is to spread the message of harmony. Our Principal Ma'am Mrs Tandra Bandhopadhyay graced the event with her presence.

The students of NMFCE started the celebration with Saraswati Pooja, they enacted a play depicting the story of Holika Dahan, and also showed how the festival is celebrated in different parts of India.

The students had prepared a spread of mouth- watering delicacies and everyone had a great time. Active participation and support from our Principal ma'am and teachers made this event a grand success.

The celebration made many of them to appreciate their strong connections with different cultures. During the celebration, both students and faculty felt a sense of togetherness and goodwill.



## **GURU PURNIMA**

**Nature of activities:**

**Duration with dates:23<sup>rd</sup> July 2021**

**Number of students participated:72**

**Contact details of teacher:**

**Report:**

Nirmala Memorial Foundation College of Education celebrated the auspicious occasion on Guru Purnima day.

This day we revered our Gurus who are our role models and inspiration. Guru is not only a physical form but also a form of energy by which knowledge is transmitted to the individuals. There is an aura that can be only felt in the presence of Guru. Guru could be our parent, the guide of our life and be the core of peace in our minds. This is why, we celebrate Guru Purnima and dedicate the respect of its being.

Guru represents Gu(darkness) Ru (Remover) Therefore Guru is the remover of darkness.

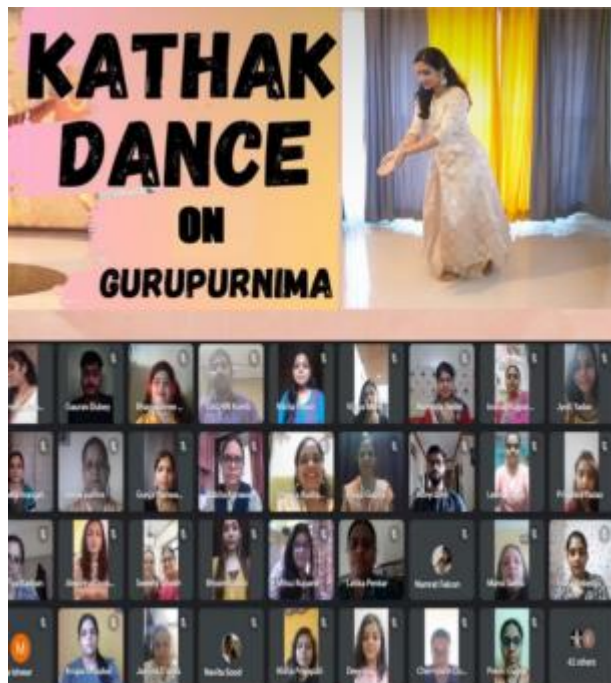
We welcomed our Principal and Teachers highlighting their importance and presence that makes a difference in our lives through prayer followed by lighting of the lamp.

The shlok and meaning of the celebrations led us to open our hearts and minds to something that is precious, divine intervention, the speech evoked the goal and mission as future gurus who will sow seeds of love, peace and tolerance in all.

The Principal's address inspired us to keep our eyes fixed on the goal and our calling for a higher purpose. Invoking the presence of the divine we had the virtual presentation of the Guru Padukas. By performing puja of the Guru's Padukas which is a rare and blessed opportunity for all.

We offered our reverence to the teacher who has conveyed the teachings in word and example of the Eternal Vision and Truth, and to the Divine potential ever-present within us. The puja of the Guru's paduka is an expression of our devotion to the Truth that Guru symbolized. A Guru stands on his sandals (padukas) and also on the strength of his wisdom. So traditionally the worship of guru-paduka has been an adoration of spiritual wisdom.

We had our classmate Ms. Alexinha D'souza performed the kathak dance accompanied by Guru Mantra, it was a synergy of love and reverence emanating from the heart of each pupil desiring to follow the pathway of our Teachers who make a difference in our lives by their sacrifice and dedication. Through Guru Vandanan we offered our sincere gratitude to all our gurus for showering us with their blessings and wise direction.





## **INTERNATIONAL WOMENS DAY**

**Nature of activities:**

**Duration with dates:8<sup>th</sup> March 2021**

**Number of students participated:79**

**Contact details of teacher:**

**Report:**

**International Women's Day (IWD) celebrated on 8th March, is a global day celebrating the social, economic, cultural, and political achievements of women. IWD is one of the most important days of the year to:**

**celebrate women's achievements**

**raise awareness about women's equality lobby for accelerated gender parity  
fundraise for female-focused charities**

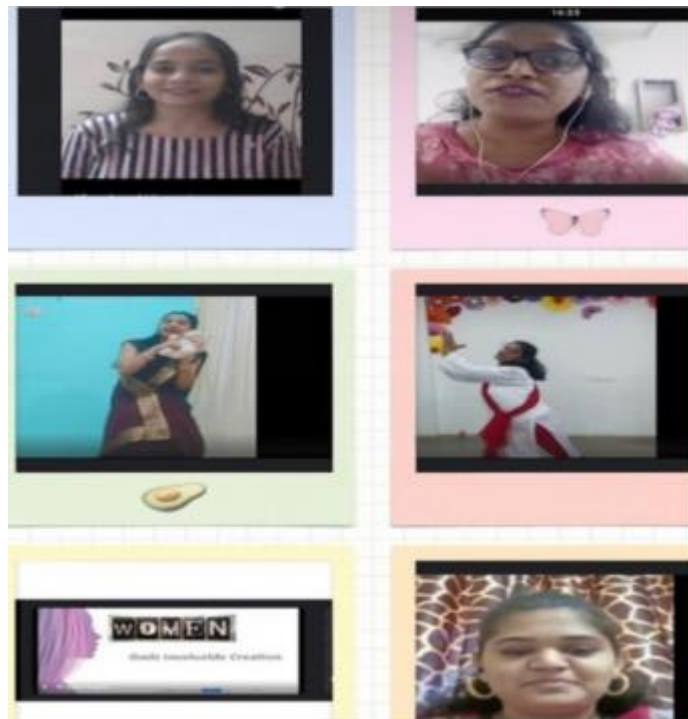
**The campaign theme for International Women's Day 2021 was 'Choose To Challenge'. A challenged world is an alert world. And from challenge comes change. Purple, green and white are the colours of International Women's Day. Purple signifies justice and dignity. Green symbolizes hope. White represents purity, albeit a controversial concept.**

**Nirmala Memorial Foundation College of Education celebrated Women's day virtually with full enthusiasm. A welcome video was played followed by virtual lighting of lamp. The student anchor greeted and welcomed everyone. PowerPoint presentation was presented, highlighting the currently famous, popular and incredible women who have contributed and brought our country into the limelight. A poem was recited on the hardships faced by women of today's society. Some students performed solo dance. One of the students spoke on their day-to-day lives with their children and a distinct connection to the contemporary era of playing roles of a sister, daughter, mother and**

**grandmother and how to express our gratitude by being humble towards them and letting the action speak.**

**A video of international Women's Day was played conveying a message, asking the reason why this day is celebrated in specific. The event was winded up with a memorable speech by Professor Usha Iyer. Lastly, formal vote of thanks was given followed by National Anthem.**

**Celebration of this day highlighted the importance and value of a woman. The event made them hunt for their hidden talent. The information shared in the program added to the existing knowledge about International Women's Day. Lots of excitement and energy was observed in the performance of each participant. The student- teachers proved that women will not be at the back stage anymore, they are fully fledged in every work they do.**



## **INDEPENDENCE DAY**

### **Nature of activities:**

**Duration with dates:**15<sup>th</sup> August 2021

**Number of students participated:**76

### **Contact details of teacher:**

### **Report:**

Independence Day is celebrated annually on 15 August as a national holiday in India. On each subsequent Independence Day, the Prime Minister customarily raises the flag and gives an address to the nation. The entire event is broadcasted on television by various channels. The event usually begins with the shehnai music of Ustad Bismillah Khan. Independence Day is observed throughout India with flag-hoisting ceremonies, parades, and cultural events. As it was pandemic time and we were confined to our homes, we celebrated Independence Day virtually. An online invitation card and a video were prepared by a couple of students and forwarded to the Principal madam, teachers, and students.

The event started by playing the shehnai music of Ustad Bismillah Khan. A welcome note was delivered and virtual lighting of the lamp was carried out. A virtual flag hoisting ceremony was held and we salute our flag with the feel of patriotism.

Then followed the Dhvaj geet, a student sang the Dhvaj geet. National Pledge & Pledge for ourselves was delivered by a couple of students. Our Honourable Principal madam gave a motivational speech to be proud of our nation and shared with us the real meaning of Freedom. The constitution of India was read. Patriotism song was sung and three solo dances were performed by our talented students.



## **TEACHER'S DAY**

**Nature of activities:**

**Duration with dates:4<sup>th</sup> September 2021**

**Number of students participated:68**

**Contact details of teacher:**

**Report:**

Amidst the pandemic, NMFCE didn't leave any stone unturned to celebrate one of the most memorable days to praise the transformative role of a teacher which is played in a student's life.

Teachers spend all their years educating the students and helping them to become better human beings. This day was solely dedicated to the teachers and their contributions. Students showed gratitude to these great human beings who shape them in innumerable ways. Every student tried to show their honor for their Principal Madam and Teachers. The program was enriched with heart touching thoughts, mesmerizing enactments, graceful dances and lots more.

Teachers hold the real knowledge, empathy and generosity for their students. Similarly, even the students have a great respect for their GURUS. Indeed, it was a remarkable day....



## **HINDI BHASHA DIWAS**

**Nature of activities:**

**Duration with dates:14<sup>th</sup> September 2021**

**Number of students participated:68**

**Contact details of teacher:**

### **Report:**

Hindi Bhasha Diwas was celebrated with great enthusiasm at Nirmala Memorial Foundation College of Education. Students of F.Y.B.Ed. batch 2020-22 – celebrated Hindi Diwas on 14th September, 2021 on virtual platform as a mark of acknowledgement of HINDI as the National Language, under the guidance of your beloved professors Ms. Navita Sood madam and Ms. Usha Iyer madam. Both teachers and students collectively worked on executing this celebration.

The celebration began with lighting of lamp and prayer by Ms. Seema Yadav followed by speech given by Ms.Namrata Yeole and Shikha Singh. The history and significance of the Hindi Diwas day was given by Sr.Steveena Lopes. Kabir ke Dohe and attractive quotes on Hindi diwas was presented by Ms. Divya Agarwal and Ms.Preeti Gupta respectively, wherein the audience were enthralled & spellbound with the fluent language spoken by the students.

Ms.Babita Agrawal mesmerized audience with her song - “Hindi Hindustan Ki Dhadkan”. Beautiful poems were recited by Ms.Madhu Singh, Ms.Latika Penkar, Sr.Esperance Fernandes and Ms.Shreya Tanna. This was followed by an interesting quiz session by Ms. Shalina Pereira. Last but not the least a vibrant solo dance performance was done by Ms.Alexinha D’souza on “Hindi Maa Ki Bindi”, Ms.Bhoomi Joshi on “Hindi Bhasha Rashtra Ki Bhasha” and Ms.Shruti Palsamkar on “Des Rangila” which was well appreciated & loved by the audience as well.

All the performances were based on importance of Hindi language in our daily life and urged everyone to feel proud of our National Language Hindi. Language and culture of any country plays an important role in making people-to connect with the people & helps in making a strong nation. Thus, the celebration concluded with a positive note and vote of thanks.

**ROLE PLAY ON HINDI DIWAS...**

**Speech**

**Ms. Namrata Yeole (F.Y.B.Ed.)**

**QUOTES**

हिंदी हमारे देश के सबसे पवित्र और प्राचीन भाषा है। यह हमारे संस्कृति और परंपराओं को संभालने और बढ़ाने का एक प्रभावी साधन है। हमें अपनी भाषा को संभालना और इसे दुनिया के लोगों को पढ़ाना चाहिए।

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हिंदी हमारी आन है हिंदी हमारी शान है  
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

हिंदी हमारी वर्तनी हिंदी हमारा व्याकरण  
हिंदी हमारी संस्कृति हिंदी हमारा आचरण  
हिंदी हमारी वेदना हिंदी हमारा गान है।  
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

हिंदी हमारी आत्मा है भावना का साज़ है  
हिंदी हमारे देश की हर तोतली आवाज़ है  
हिंदी हमारी अस्मिता हिंदी हमारा मान है।  
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

जब तक गगन में चांद, सूरज की लगी बिंदी रहे  
तब तक वतन की राष्ट्रभाषा ये अमर हिंदी रहे  
हिंदी हमारा शब्द, स्वर व्यंजन अमिट पहचान है।  
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

**By Latika Penkar (F.Y.B.Ed.)**



## **DIWALI CELEBRATION**

**Nature of activities:**

**Duration with dates:30<sup>th</sup> October 2021**

**Number of students participated:76**

**Contact details of teacher:**

**Report:**

Diwali is the most significant Indian festival which endows us with an opportunity to do good towards the betterment of our society. With great joy and enthusiasm, we the staff, and the students of N.M.F.C.E celebrated Diwali on 30th October 2021 on Google meet.

This beautiful celebration started with a short prayer invoking the blessings of God upon our families and the world at large. We honored Goddess Saraswati by chanting Saraswati Vandana. The positive ambiance of the day inspired us to seek opportunities in the most difficult situations of our lives with love and perseverance. Some of our classmates put up a beautiful dance wishing everyone good cheer that Diwali brings in. Diwali is also known as the ‘festival of lights’ represents triumph over evil and with these sentiments of peace and happiness, we exchanged smiles and extended our best wishes to each other. Indeed, it gave us the strength and the zeal to carry on with our goodwill for the days to come.



## **CHRISTMAS CELEBRATION**

**Nature of activities:**

**Duration with dates:20<sup>th</sup> September to 22 September 2021**

**Number of students participated:81**

**Contact details of teacher:**

**Report:**

We the students of Nirmala Memorial Foundation college of Education were indeed very blessed and privileged to have a three days celebration of Christmas starting from 20th December to 22nd December 2021. The B.Ed. students were given the responsibility to prepare a Crib signifying the birth of Christ. Under the able guidance of our Principal Ma'am , our Professors and the kind cooperation of our classmates we were able to put up a beautiful Crib at the entrance of our college.

There were colour themes for each day 20th December: Red and White 21st December :Green

22nd December : Western/ Formals.

There was hope, joy, thrill in the air as we felt the Christmas vibes in N.M.F.C.E.

Few of our students took part in the Carol singing along with the band comprising of the junior college and degree students of N.M.F.C. on 21st December 2021. It was first time ever that we had such an opportunity to come together with other sections of the college and exchange greetings of joy.

Our B.Ed section put up a wonderful programme on 22nd December 2021.The event began with a prayer and a prayer dance that created an ambience of God's love and presence around us.The nativity scene was enacted by the students which helped us understand the significance of Christmas. The carolers sang carols rejoicing and celebrating as we witnessed the event of Christ's birth. Fr. Rony gave special blessings from Jesus Christ. Our Principal Ma'am Dr. Tandra Bandopadhyay shared the message of Christmas and also explained how all the religions help us to live in unity and peace. Next was a surprise dance which left our feet tapping. The most awaited moment of welcoming dawned as all the students received special greetings and gifts from the Santa Claus. It was exciting to see all the teachers and the students dancing with great excitement. We greeted each other and shared some sweets and snacks .

This day was indeed a day of sharing hope, good cheer, love, and goodwill with each other.





## **WORKSHOP ON VENTEL ACTION PLAN**

**Nature of activities:**

**Duration with dates:5<sup>th</sup> November 2021**

**Number of students participated:74**

**Contact details of teacher:**

**Report:**

The S.Y.B.Ed students carried out the Vental activity by making:

Two handmade creative masks

One handmade durable paper bag of 14' x 15' inches

One new year dairy with calendar 2022 of 7' x 10' inches

Students were divided into 6 groups, each headed with a teacher. Each group leader wrote a consolidated report which included the purpose, materials used, procedure, participation, conclusion, reflection, and a collage of the pictures of the activity.

Students made beautiful masks, wonderful paper bags, and attractive dairy. They used old materials for making masks and paper bags. Mind-blowing professional handmade dairies were produced which included personal details, STD codes, currencies of the world, physical and political maps, calendar 2022, and many more.

The Ventel activities provided students with practical knowledge of making masks, paper bags, and dairies, which are regularly used. The ideas and abilities hidden within them were revealed. Research, imagination, application, creativity was applied in this activity. Students learned to make use of the best out of waste. The activities helped in all-round development of the students when they independently indulged themselves in doing the activities.





## **EXPERT TALK ON MAKING ONLINE LEARNING INTERACTIVE**

**Nature of activities:**

**Duration with dates:25<sup>th</sup> June 2021**

**Number of students participated:67**

**Contact details of teacher:**

**Report:**

Nirmala Memorial Foundation College of Education organized various workshops which were hosted by Ms.Akshara Savaliya and Ms.Bhindya Ramachandran which enriched and fulfilled all of us with their expert knowledge on various skills and ways to make teaching learning effective. These workshops were like adding benefits to all the students along with the academic curriculum

A workshop on "Making Online Learning Interactive" was conducted by Ms. Bhindya Ramachandran on 25th June 2021. This workshop was on how to create screen casted videos, how to make use of various websites like Ed puzzle, Flip-pity, Mind map, Math playground while taking lessons and how to explore other sites like Phet, Sutori, Brainpop. These were various instruments which really helped us to enhance our



teaching skills and ways. Ms. Bhindya showed us live demonstrations of each of these tech savvy websites, online tools, apps and how we can use them in our daily teaching process. Many of these were so attractive and catchy which can help to grab the attention of students during the teaching process. The Phet simulation is really a boon to science students for getting the feel of actual laboratory work as it provides a virtual laboratory right at our home desk.

Benefits: We were highly encouraged to make use of these teaching technologies in our day to day teaching process which really helped to gain interest in learning among students. We got to know about how screencast videos are made to create our own content and how we can evaluate our students in an innovative manner by using Flip-pity, Ed puzzle, Math-playground and so on in a playful way and make the boring subjects more interesting.

## Workshop on Students Assessment and Evaluation in the Pandemic era

**Nature of activities:**

**Duration with dates:17<sup>th</sup> August 2021**

**Number of students participated:72**

**Contact details of teacher:**

**Report:**

A workshop on – “Students Assessment and Evaluation in the pandemic era” – was conducted on 17th August 2021 by Ms.Akshara Savaliya. This workshop was another sparkling light which benefited all the students on how to undertake the assessment and evaluation of students in this pandemic which is really a challenging task for the teachers. It is really very difficult in the online scenario of teaching to understand whether the student has really absorbed the knowledge he/she is learning and hence a teacher should be well versed with the assessment and evaluation tactics.

Ms. Akshara spoke about the assessment process, quality of test, authentic assessments and how to make our students more interactive in this online teaching learning process.



## **Time Management Workshop**

**Nature of activities:**

**Duration with dates:31<sup>st</sup> July 2021**

**Number of students participated:62**

**Contact details of teacher:**

### **Report:**

Time Management Workshop – was conducted on 31st July 2021 by Ms.Akshara Savaliya. It was about how to manage our time in our day-to-day life and make fruitful benefits by utilizing our time. It was a very interactive session, where all students discussed problems we usually face in our lives and how we tackle them. Ms. Akshara also guided all of us on how should we distribute our time based on 3 ways i.e. – Thoughts, Conversation and Action. No matter what type of work we do, our work will be more composed, if we manage our time well based on these 3 ways.

Benefits: We were able to correlate our day to day duties with the importance of time in our life. Also we got knowledge on how to use our time effectively by doing effective planning, setting goals and deadlines for ourselves and most important what things to prioritize first so as to do our work within time.

It is truly said that time never waits for anyone, it keeps going. So spending the right time on the right activity is very important



LET'S TEST OUR BRAIN .....!!!!

ONLY 1 MINUTE

TOPIC : TELL ME SOMETHING ABOUT YOURSELF

Instructions to be followed:

- No OVERLAPPING OF the points
- Not to stop in between
- Be confiDent



NIRMALA MEMORIAL FOUNDATION COLLEGE OF  
EDUCATION,  
KANDIVALI EAST MUMBAI

ORGANISES WORKSHOP AT COLLEGE LEVEL ON  
'TIME MANAGEMENT'

2021-2022

"Your Time is more valuable than money, make it Fabulous"

SPEAKER : MS. AKSHARA SAVALIYA

## INTERNSHIP

**Nature of activities:**

**Duration with dates:31<sup>st</sup> July 2021**

**Number of students participated:62**

**Contact details of teacher:**

**Report:**



## INAUGURATION/ORIENTATION

**Nature of activities: Academic {offline}**

**Duration with dates: 3<sup>rd</sup> March 2022**

**Number of students participated: 55**

An orientation ceremony is an important event in the academic life of a college, which welcomes new students and introduces them to the college's culture, values, and traditions. It was held on 3<sup>rd</sup> March, 2022. The ceremony was attended by all new students enrolled in the college, as well as faculty members, staff, and senior students. The venue for the event was the college's auditorium.

The ceremony began with the college's principal delivering a welcome address, in which she highlighted the importance of education and encouraged the new students to make the most of their college years. She also introduced the faculty members and staff of the college. After the principal's speech, the senior students gave a presentation on the college's culture, traditions, and extracurricular activities. They shared their personal experiences and gave tips on how to adjust to college life. Our senior shared a beautiful insight about how college is supposed to be the best time of your life. While there's no denying the fun that comes from finally getting a taste of adulthood, college can also be very stressful. We've all been there before.

The ceremony concluded with a vote of thanks by the anchors, who expressed their gratitude to the students, faculty, and staff for making the event a success. Overall, the orientation ceremony at our college was a great success, as it helped new students get acquainted with the college's culture and values.





## **MARATHI DIWAS**

**Nature of activities: ORGANSIATION (OFFLINE)**

**Duration with dates: 27Th February 2022**

**Number of students participated: 75**

Marathi Bhasha Diwas is celebrated on February 27th every year in Maharashtra to commemorate the birth anniversary of the legendary Marathi poet, writer, and social activist Vishnu Vaman Shirwadkar, popularly known as Kusumagraj. This event was celebrated at our college on 8th March 2022 with great enthusiasm. There was Lighting of the lamp by all our faculty members.

A graceful ganesh vandana dance was staged. Later there was a poetry recitation followed by a skit, a powada was recited. Later a ppt was presented followed by a kohli dance. An enchanting speech was also presented followed by Laavni. A fashion show featuring famous personalities in Maharashtra stole the show. The audience was left spell bound by Gondhal. There were riddles by Faculties and vote of Thanks was presented.

We dispersed with a lot of memories and learnings about the Marathi Bhasha Diwas which is also a day to promote and preserve the Marathi language for future generations.





## HOLI

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 17<sup>th</sup> March 2022**

**Number of students participated:65**

Holi is a Hindu festival that celebrates the arrival of spring and the victory of good over evil. In India, it is a festival of colors, where people throw colored powders and water at each other. This was conducted on 17th of March 2022. The celebration was attended by all students, faculty members, and staff of the college.

It was celebrated in class. The celebration began with the college's principal delivering a brief speech, in which he explained the significance of the Holi festival and its importance in Indian culture. She encouraged everyone to celebrate the festival with joy and enthusiasm, while also respecting the traditions and customs associated with it. After the principal's speech, students and staff members started throwing colored powders and water at each other, dancing to music and enjoying traditional sweets.

The atmosphere was vibrant and lively, with students and staff members from different cultural backgrounds coming together to celebrate a shared tradition. The celebration was conducted in a safe and respectful manner, with everyone enjoying the festivities while also adhering to the traditional customs and practices associated with the festival. The event was well-organized and received positive feedback from the attendees, making it a memorable and joyful experience for everyone involved.



## GUDI PADWA

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 1<sup>st</sup> April 2022**

**Number of students participated: 75**

Gudi Padwa is a traditional Hindu festival that marks the beginning of the new year according to the Hindu calendar. It is a day of new beginnings, prosperity and happiness in Maharashtra; India. It was celebrated with great enthusiasm at NMFCE on 1st April 2022. The celebration was attended by all students, faculty members, and staff of the college. The venue for the event was the college auditorium, which was decorated with traditional Gudi Padwa elements like colorful rangolis, flowers, and garlands.

The celebration began with a traditional puja ceremony, in which everyone participated. There was a cultural programme in which students presented traditional Maharashtrian dances, songs, and skits. The performances showcased the rich cultural heritage of Maharashtra and its significance in Indian culture. The Gudi Padwa celebration at our college was a great success, as it brought together students, faculty members, and staff members to celebrate the common cultural heritage. The celebration was conducted in a safe and respectful manner, with everyone enjoying the festivities while also adhering to the traditional customs and practices associated with the festival. The event was well-organized and received positive feedback from the attendees, making it a memorable and joyful experience for everyone involved. The celebration helped to promote cultural awareness and respect, which are essential values for a diverse and inclusive college community.



## GURUPURNIMA

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 16<sup>th</sup> July 2022**

**Number of students participated: 54**

The audience was welcomed in a beautifully decorated hall. Flower arrangement was meticulously done the venue. The event commenced with a welcome speech. Thereafter, lighting of lamp done for Ganesh Vandana, followed by a solo dance. Authentic Paduka pooja was performed. A mesmerizing song was sung which left the audience wanting for more. Speech and Story-telling was awesomely done. A power point was presented to elaborate the importance of Guru Purnima. Poem and Shayari were performed, followed by a solo song. Games were played, the audience was participative and enthusiastic. Lastly a Vote of Thanks was given.

Celebrated as a festival by Hindus, Jains and Buddhists in India, Nepal and Bhutan, Guru Purnima is dedicated to all spiritual gurus or teachers. Traditionally, Guru Purnima has been celebrated by Buddhists to commemorate Gautam Buddha's five sermon to his five disciples in Uttar Pradesh's Sarnath however, Hindus and Jains also celebrate this festival to revere their teachers. The event was held on 16th July 2022. According to the Hindus, Ved Vyasa (son of Sage Parashar and Devi Satyawati) who played a critical role in 'Mahabharata', Vedas and Purans was born in the month of Ashadha on Purnima tithi

The event concluded with a goodbye note from the Principal. Overall, the Guru Purnima celebration was a great success and it provided an excellent opportunity for students and teachers to come together and celebrate the special bond they share.



## INDEPENDENCE DAY

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 19th August 2022**

**Number of students participated:59**

On August 15th, India celebrated its 75th Independence Day with great enthusiasm and patriotism. The day began with the hoisting of the national flag by the Prime Minister at the historic Red Fort in Delhi, followed by a speech addressing the nation.

On the 19th of August, 2022 NMFCE commemorated the occasion of Independence Day. Everyone dressed in Indian formals, and the colours of the outfits made the place look so vibrant, and the decor made the hall looked enigmatic. At the entrance, teachers admired the beautiful rangolis outside the auditorium. We brought in the celebrations with a speech, the emcees for the event kept the ball rolling with their wit and humour. There was a stupendous dance which was filled with effervescence, it indeed set the stage on fire.

There was singing in Hindi, which left the audience in cheer and awe. Then a video was shown on how India celebrated 75 years of independence not just in its homeland but also overseas. Then again the students and respected teachers were entertained with yet another dance, later a short poem was recited, followed by a dance again. A small skit was staged which was an unforgettable one. The event was brought to an end with the vote of thanks and then the students paid respect to the final moments of the event by singing the Indian National anthem "Jana Gana Mana" in one voice.

India's Independence Day is a significant event that is celebrated with great pride and enthusiasm across the country. The day serves as a reminder of the sacrifices made by our freedom fighters, as well as the importance of preserving and upholding the values of democracy, equality, and freedom. The celebration of Independence Day is an important occasion for every citizen of India to remember and honor their country's history, and to look towards a bright future filled with progress, prosperity, and unity.



## JANMASHTAMI

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 20th August 2022**

**Number of students participated: 62**

Janmashtami, the birthday of Lord Krishna, is celebrated with great enthusiasm across India with various cultural programs. To mark the pious occasion of Janmashtami, the Nirmala Memorial Foundation College of Education gave us an opportunity to showcase our talents through this event. The event of Janmashtami took place on 20th August, 2022. Our teachers lit the lamp for Ganesh Vandana followed by Saraswati Vandana. Shri Krishna pooja was done and then the event started. The very first performance was the Ras Lila dance followed by a beautiful skit on Janmashtami.

Many students performed group dances and a power point presentation was also done showcasing the importance of the festival. A miniature cradle (jhula) was swayed by our esteemed teachers and all classmates. The celebrations concluded with the distribution of sweets and prasad, symbolizing the blessings of Lord Krishna.

The event was such a momentous one. The event provided an opportunity to the students to showcase their talents and creativity while also learning about the rich cultural heritage of India. It was a memorable event that left a lasting impression on everyone present.





## HINDI DIWAS

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 14th September 2022**

**Number of students participated: 56**

Bhasha Diwas is observed on September 14th every year, which is the birthday of Beohar Rajendra Simha, who is considered the father of the Hindi language and played a crucial role in the development and promotion of the language.

On 14th September 2022 the FY B.Ed students of Nirmala Memorial Foundation College celebrated HINDI DIWAS. As soon as the teachers arrived there was lighting of the lamp and prayers were offered to goddess Saraswati. The event was carried forward by a beautiful speech. Few students presented a power point to showcase the importance of Hindi Diwas.

There was a small skit performed, which had a powerful message. The enchanting poem recitations held the audience spellbound. The celebration ended by a vote of thanks. Overall, the Hindi Diwas celebration was a great way to promote the importance of Hindi language in our lives. The event provided an excellent opportunity for students to showcase their skills and knowledge about the language. Therefore, Hindi Diwas is an important day for Indians to celebrate the significance of national language and pay tribute to the rich history and cultural heritage of the Hindi language.





## TEACHERS DAY

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 4th September 2022**

**Number of students participated: 59**

On the occasion of Teachers' Day, our college organized a special event to honor and appreciate the hard work and dedication of our teachers. The event was held on September 14th 2022 which was a great success.

The event started with a welcome speech by the principal Mrs. NITISHA JHA Ma'am. Nirmala Memorial Foundation College of Education provides an opportunity to showcase talents to their students through various events. The event was held in the Auditorium; the entrance was beautifully decorated with a vibrant rangoli. The program started with a warm welcome speech. A divine performance of Ganesh Vandana and Sarasvati Vandana was staged. To set the mood a dance was performed followed by thrilling duet performance.

Students presented PPT to elaborate on importance of the event. An invigorating skit was performed. Fun games were arranged. Later on delightful poems were delivered. A very creative sand - up comedy was performed. The eventful afternoon was brought to an end with vote of thanks.

The highlight of the event was the felicitation ceremony, where the teachers were presented with bouquets of flowers and cards. The students also presented a short speech, expressing their gratitude and appreciation for the teachers. The event concluded with the national anthem, and everyone left the venue with a sense of pride and joy. Overall, the Teachers' Day celebration provided an excellent opportunity for students and teachers to celebrate the inseparable interconnection between them.



## GANDHI JAYANTI

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 1st October 2022**

**Number of students participated: 56**

Gandhi Jayanti is a national holiday in India that is celebrated on October 2nd each year to commemorate the birth anniversary of Mahatma Gandhi, who is also known as the "Father of the Nation." Gandhi was a prominent leader's in India's struggle for independence from British rule and is revered for his non-violent philosophy of Satyagraha, which advocates for peaceful resistance.

Gandhi Jayanti was held in our college on 1st of October, all students of first year of Bachelors of Education were a part of it. The event started with the speech on Gandhiji and Lal Bahadur Shastriji followed by a Rally.

In the rally, the students sang various bhajans on Gandhiji. The corridor was beautifully decorated with various posters on Gandhiji and Shastriji made by students, this Gallery walk enhanced the Knowledge of students and stated insightful facts about both of them. A quiz competition was also held between the students in 4 team based on Gandhiji's (SATYA, AHIMSA, SWADESHI, SATYAGRAH).

Gandhi Jayanti is also observed by the United Nations as the International Day of Non-Violence. It is a day to remember the principles of peace and non-violence and to spread love and harmony among people all over the world.



## VACHAN PRERNA DIWAS

**Nature of activities: ORGANSIATION (OFFLINE)**

**Duration with dates: 15th October 2022**

**Number of students participated:58**

Vachan Prerna Diwas is a day dedicated to the celebration of the life and teachings of former President of India, Dr. APJ Abdul Kalam. It is observed on his birth anniversary, which falls on the 15th of October every year. The venue for the event was decorated with posters, banners, and photographs of Dr. APJ Abdul Kalam. The celebration began with a welcome address by the college principal, in which she highlighted the achievements and contributions of Dr. APJ Abdul Kalam.

After the principal's address, there was a presentation on the life and legacy of Dr. APJ Abdul Kalam. It also showcased his speeches and writings, which continue to inspire and motivate people around the world.

After the presentation, there was a quiz competition in which students answered questions based on the life teachings of Dr. APJ Abdul Kalam. The competition was conducted in a fun and interactive manner.

The Vachan Prerna Diwas celebration at our college was a great success. It helped to promote the values of education, hard work, and perseverance, which were embodied by Dr. APJ Abdul Kalam.



## DIWALI

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 17<sup>th</sup> October 2022**

**Number of students participated: 65**

Diwali is one of the most widely celebrated festivals in India, and our college organized a celebration from 17th to 19th October. The venue for the event was the college auditorium, which was decorated with colorful lights and traditional decorations. The celebration began with a welcome address by the college's principal, in which she highlighted the significance of Diwali and its relevance in contemporary India.

After the principal's address, there was a cultural programme, in which students performed traditional dances, songs, and skits related to Diwali. The performances showcased the diversity and richness of Indian culture and added to the festive atmosphere. The highlight of the program was Ram leela that was Ramayan played on stage as a drama to give a traditional viewpoint on why Diwali is celebrated at a large scale in India.

The Diwali celebration at our college was a great success, as it brought together students, faculty members, and staff members to celebrate the festival of lights. The celebration provided an opportunity for everyone to showcase their cultural traditions and to learn from each other. The event helped to promote the values of cultural harmony and diversity, which are essential for a vibrant and inclusive college community. There were various competitions lined up for enthusiastic participants. Overall, the celebration was well-organized and received positive feedback from everyone involved, making it a memorable and enjoyable experience for all.



## CHRISTMAS

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 25th December 2022**

**Number of students participated: 63**

On 25th December 2022, our college organized a grand celebration to mark the occasion of Christmas. The entire campus was decorated with colorful lights, Christmas trees, and other festive decorations. The event was attended by both students and faculty members, who came together to share the spirit of Christmas. The students and staff members sang Christmas carols and hymns together

There was a beautiful crib of Jesus decorated meticulously. The atmosphere was filled with a sense of joy and happiness, as everyone came together to celebrate this special occasion. The celebrations continued with a variety of activities and events that were organized by the college. One of the highlights of the event was a Christmas-themed talent show, where students performed songs, dances, and skits based on the Christmas theme.

There were also games and contests organized for students, such as a gingerbread house-making competition and a Santa Claus costume contest. Throughout the event, there was a sense of warmth and camaraderie among all those who attended.

The celebration provided a great opportunity for students and faculty members to bond with each other and to spread the message of love and compassion that is at the heart of the Christmas holiday. The event left everyone with memories that will be cherished for years to come.





## TALENT HUNT

**Nature of activities: ACADEMIC (OFFLINE)**

**Duration with dates: 24th March 2022**

**Number of students participated: 75**

Nirmala Memorial Foundation College of Education always try to shape and nurture the hidden inherent potential that each and every student has. With the same spirit, a platform was given to the students to showcase their entertainment skills through a TALENT HUNT.

The talent hunt competition was open to all the students, and the response was overwhelming. The students enthusiastically participated in the event, showcasing their talents in various fields. Each participant had 3 minutes to showcase their talents and the talent which needed a little longer duration was provided with one hour of time.

Performing acts like dances, monoact, mimicry and many more was done on 24th of March while other skills like mehendi, rangoli, drawing, best out of waste was carried out on 25th March. All the participants took the audience into the spell through their truly creative and enchanting work. The faculties were flabbergasted by the unique talent each student possessed. Every student prospers with the broad curriculum that celebrates their various talents, not just the small range of them.





## COMMUNITY WORK

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 18th April 2022**

**Number of students participated: 78**

We volunteered with a local NGO that works towards providing education to underprivileged children in the community. The NGO focuses on providing quality education to children who are unable to attend school due to financial constraints. During our time with the NGO, we were responsible for teaching children of various age groups. We were assigned to teach basic math, English, and computer skills to children between the ages of 8 and 14. This involved developing lesson plans, selecting appropriate teaching materials, and evaluating the effectiveness of the curriculum.

As a volunteer with the NGO, we were also responsible for coordinating with other volunteers and ensuring that they had the resources and support they needed to carry out their roles effectively. This included providing guidance on teaching methods and assisting with lesson planning.

In addition to teaching, we also participated in community outreach programs organized by the NGO. This included going door-to-door to raise awareness about the importance of education and encouraging parents to enroll their children in the NGO's programs.

As part of the community work, I also contributed to the assessment of the impact of the NGO's programs.

My experience with the NGO has been extremely rewarding, both personally and professionally. We are grateful for the opportunity to have worked with the NGO and contributed to its mission.



## INTERNSHIP

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates:**

**Number of students participated: 83**

We had the opportunity to undertake an internship at a local school with the aim of gaining practical experience in the field of teaching. The internship program was structured to provide hands-on experience in the classroom, observation of experienced teachers, and opportunities to develop lesson plans and participate in school activities

During the first few weeks of the internship, we were able to observe experienced teachers in the classroom. This was a great opportunity to learn different teaching techniques and methods that are used in the classroom. After observing a few classes, we were given the opportunity to teach.

We were given feedback on our lesson plans. This helped to understand the importance of planning and preparation when it comes to teaching.

Overall, the internship at the school was a great learning experience. We were able to gain practical experience in the classroom, observe experienced teachers, develop lesson planning skills, and participate in school activities. The experience has provided with a greater understanding of the teaching profession. I am grateful to the school administration and the teachers for providing me the opportunity to undertake this internship.



SEMINAR ON

EXAMINATION PRESSURE

**Nature of activities: ORGANISATION (OFFLINE)**

**Duration with dates: 16<sup>th</sup> July 2022**

**Number of students participated: 76**

An educative workshop was organized by NMFCE, conducted by M.Ed. interns of SNTD College, Churchgate. on "Examination Pressure" on 16th July 2022. Exam pressure occurs during the revision period before exams and immediately before exams. It occurs due to pressure, high expectations, competitiveness, comparison with others, fear of rejection, poor time management and focusing too much on the outcome. The main objective of this 90 minutes' workshop was to empower students on ways with to deal with such stressful situations. The workshop provided the students with tips on managing stress especially on exam day. The role of parents was also discussed in depth. Content Outline of the workshop included: Ice Breaker Activity, Pariksha Pe Charcha, what is stress, from where does examination stress occur and tips for managing examination stress. There were discussions in between and at the end of the session in which the doubts and queries of participants were resolved.

We thank them for their valuable lessons and expertise.

-Ms. Harpriet Flora

-Ms. Shivani Dwiwedi

-Ms. Harshal Gangurde

-Ms. Anita Murali

- Ms. Dhara Ajmera



## SEMINAR ON

## STRESS MANAGEMENT

**Nature of activities: ORGANSIATION (OFFLINE**

**Duration with dates: 2022**

**Number of students participated:67**

Stress management seminar was conducted at our college with the aim of educating students on how to manage stress and anxiety in their daily lives. The workshop was conducted by a certified mental health professional. The workshop was divided into two parts, with the first part focusing on understanding stress and its impact on mental health.

The second part of the seminar focused on practical techniques for managing stress. Information was provided on various techniques such as deep breathing, visualization, and progressive muscle relaxation. The facilitator also discussed the importance of regular exercise, a healthy diet, and good sleep.

The workshop was well-received by the students who attended, with many expressing that they found the information provided to be helpful and relevant. The students also appreciated the opportunity to learn practical techniques for managing stress and anxiety. The workshop provided students with an understanding of the different triggers of stress and how to identify them. It also helped students to recognize the physical and psychological symptoms of stress and provided them with tools to manage these symptoms.

We are grateful to the facilitator for conducting this workshop and providing students with this valuable information. We hope to continue organizing similar workshops in the future to help students manage their stress and maintain good mental health.



## SEMINAR ON MENTAL HEALTH"YOUR MIND MATTERS"

**Nature of activities: ORGANSIATION (OFFLINE**

**Duration with dates:13<sup>th</sup> August 2022**

**Number of students participated:57**

Mental health management refers to the process of taking care of one's mental health and wellbeing. When we are mentally healthy, we enjoy our life and environment, and the people in it. We are better able to cope with difficult times. We are able to cope with sad situations and enjoy our lives once again.

Nurturing our mental health can also help us combat mental health problems that are sometimes associated with a chronic physical illness. In some cases, it can prevent the onset or relapse of a physical or mental illness. Managing stress well, for instance, can have a positive impact on heart disease. To create awareness about the importance of mental health a workshop was planned on 13th August 2022 for the B.Ed students by the interns of M.Ed from SNTD university. The workshop commenced with an ice breaker activity to introduce the topic. The workshop handled details about mental health which included an overview about the concept of mental health, details of self – care when to seek professional help, measures to be taken during crisis as well as fact sheets.

Overall, the Mental Health Management Workshop was a success. Attendees gained valuable knowledge and skills for managing their mental health and building resilience, and the workshop was well-received by all who participated.





## WORKSHOP ON WEBSITE DEVELOPMENT

**Nature of activities: TECHNICAL(OFFLINE)**

**Duration with dates: 15<sup>th</sup> October 2022**

**Number of students participated: 74**

Technology provides students with access to countless online resources, encouraging them to carry out research and therefore become more independent. With the growing need of technology in Education, it is necessary for teachers to be well-versed with technical knowledge and guide their students well.

Keeping this in mind, NMFCE provided an opportunity to FYB.Ed students by conducting workshop so as to upgrade their knowledge and technical skills which would help them in adapting to their role as future teachers. NMFCE in collaboration with UpEducators conducted a workshop on "Developing a professional website for Teaching and Learning". It was conducted on 15 October, 2022 by the resource person Mr. Ankush Bhandare.

The workshop was conducted through zoom app. The students gathered at the venue on time and joined through the app. Desktop computers were provided for getting hands-on experience. Our Principal Dr. Nitisha Jha ma'am, welcomed Mr. Ankush and the students for the workshop. Mr. Ankush Bhandare, UpEducator started the workshop by explaining the importance of digital platform and its uses. He gave stepwise instructions on how to create a website. He explained each and every step in detail like which site to be used to create website, how to insert images, videos, etc., how to create new page and finally how to publish the website. The students too followed all the instructions and created their own website on desktop simultaneously.

Overall, the workshop was a great learning experience for the students. The practical and hands-on-experience made it more productive and effective.





## CLASS PICNIC

**Nature of activities: ORGANISTAION**

**Duration with dates:8<sup>th</sup> October 2022**

**Number of students participated: 77**

One-day college picnic was organized on 8th October 2022 for students as well as teachers to The Great Escape Water Park. The excitement among the students was palpable, as they chatted and joked with their friends, eagerly anticipating the fun-filled day ahead.

On reaching, the venue everyone was welcomed by a delicious breakfast provided by the resort. To beat the heat some students decided to swim while the rest of them enjoyed the amazing, thrilling sides at the resort. All the Students were excited and shook their legs to the thumping dance numbers played in the rain dance; the teachers also joined them. Indoor games like ludo, antakshari etc., were played. Gola and candy floss were relished by one and all

There was delicious lunch and a lot of group pictures which were taken as a remembrance of the beautiful memories spent at the picnic. After high tea it was time to call it a day. Overall, a one-day trip to the Great Escape amusement park was a fun-filled and exciting experience for college students looking to let off some steam and enjoy some thrilling rides and attractions. The picnic was a huge success, providing the students with an opportunity to bond with their peers and teachers to create unforgettable memories





### **3. Communicating with Persons of Different Abilities: Braille, Sign Language, and Speech Training**

**Nature of activities:** Community Service

**Duration with dates:** Every Year (1 Week)

**Number of students participated:** 52

**Contact details of the teachers / agencies involved:** Mrs. Suchita Chaubal, Head, 'Dr. Kusumtai Naravane Hearing Impaired and Intellectual Disorder School, Mb. No. 7773912523

**Report:** Every year our students of visit to 'Dr. Kusumtai Naravane Hearing Impaired and Intellectual Disorder Children's School' situated at Kandivali West, Mumbai. This is a special school for Hearing impaired and intellectually disable children and having a well-trained special educators. It has been special education to differently abled children of the community through the efforts of well trained staff since 1991. They provide behavior modified therapies through physiotherapy, speech therapy, music therapy, yoga therapy and special education techniques with the help of a team of interdisciplinary teachers. Along with this pupil teachers also visited to '*Punarvas*' special School, Goregaon East, Mumbai, which works for the welfare of special children's who provides free schooling education and vocational training in making toys, stitching work, book binding, printing press etc. They provide computer training for these students with the all resource facilities available in the institution. College students met the students of both institutions, spent the whole week with them, talked to them, listened to them empathetically, and visualized theories in practice. It was a heart throbbing and unforgettable experience for all the pupil teachers which left an indelible mark in everyone's heart.





**1. Capability to develop a seminar paper; understand/appreciate the difference between the two**

**Mentor Guidance for Writing Research Papers**



**Seminar on 'Guidelines for Writing Seminar Papers and Research Papers'**



**Following Faculty Students have published research Papers in National Level Conference**

**NIRMALA MEMORIAL FOUNDATION  
COLLEGE OF EDUCATION**

IQAC of NMFCE in Collaboration with Shri LP Raval College of Education & Research Mira road (East), Thane organises National Conference on  
**"Recent Advances in Education"**  
on 27th November, 2021

**SUB THEMES**

- Role of ICT in Education
- Innovative Practices in Pedagogy
- Challenges in Learning and Teaching
- Measures to Overcome issues in Education
- Mindfulness and Mental Support in School

**IMPORTANT DATES**

- BANK DETAILS  
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BRANCH- TILAKUR-COMPLEX, KANDIVALI (E)
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**CALL FOR PAPERS**

Research and conceptual papers focusing any sub-themes of the conference are invited from Research Scholars, Teachers and Teacher Educators in English or Marathi language. Paper should not exceed the limit of 2500 words including an abstract of 200 - 300 words. **The paper should be original and not previously published anywhere.**

A soft copy of full paper with abstract must be sent through e-mail: [nmfcbecollege@gmail.com](mailto:nmfcbecollege@gmail.com) on or before 31st October, 2021. The paper presenters should carry with them two copies of papers signed by all the authors.

**PAPER WRITING AND SUBMISSION**

English :  
Font - Times New Roman  
Title -14 Bold, Sub points - 12 Bold, Text : 12, Line Spacing - single,  
Margin: Left 1.25", Remaining sides : 1"

Marathi:  
Font - Mangal /Kokila/ Unicode  
Title -16 Bold, Sub points - 14 Bold, Text : 14, Line spacing - Single,  
Margin: Left 1.25", Remaining sides : 1"

**PUBLICATION**

Papers presented at the conference will be reviewed by the expert committee and if required, paper presenters will be asked to correct the paper and resend the corrected copy. Suitable papers will be published in the Conference Proceeding or UGC CARE listed Journal.

**CERTIFICATE OF PARTICIPATION**

The participant will be provided certificate of participation in the conference

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[Volume 11, Issue 1, November 2019](#)

[Volume 3, Issue 5, March 2022](#)

[Volume 12, Issue 3, December 2020](#)

Sr. No.	Name of the first author	Name of the second author	Title of research paper
1	Navita Suhas Sood	Sunita More	CRITICAL ANALYSIS OF 9 <sup>TH</sup> STANDARD STUDENTS LACK OF INTEREST IN ECONOMICS SUBJECT
2	Navita Suhas Sood	Ms. Priyanka Harishchandra Patkar	A STUDY ON INVOLVEMENT OF PARENTTEACHER ASSOCIATION IN EDUCATION DEVELOPMENT

3	Navita Suhas Sood	Mrs. Sweta Dhruv Vyas	A STUDY TO MAINTAIN DISCIPLINE IN CLASSROOM THROUGH POSITIVE REINFORCEMENT INSTEAD OF PUNISHMENT
4	Navita Suhas Sood	Shweta Dwivedi	A STUDY OF DIFFICULTY FACE BY SIX STANDARD STUDENT IN RECALLING ARITHMATIC FACTS
5	Navita Suhas Sood	Ayisha Ansari.	A STUDY OF DIFICULTY FACES BY STUDENTS IN UNDERSTANDING REAL LIFE PROBLEM SOLVING IN EIGHT GRADE MATHEMATICS
6	Navita Suhas Sood	Tanmay Umesh Shukla	'A STUDY OF DIFFICULTY FACED BY GRADE TENTH STUDENTS IN UNDERSTANDING CHEMISTRY'
7	Navita Suhas Sood	Sonam Rajesh Yadav	A Study of Difficulty in Understanding Word Problems in General Mathematics among Class 7th Students.
8	Navita Suhas Sood	Hemangi Thakkar	A SURVEY OF PROBLEMS OF BULLYING FACED BY 7TH STD STUDENTS.

<b>Sr. No.</b>	<b>Name of the first author</b>	<b>Name of the second author</b>	<b>Title of research paper</b>
1	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Rakhi Kansara, S.Y. B.Ed.	A study of the perception of students towards Teachers' Quality in Higher Education
2	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Namrata Yeole, S.Y. B.Ed.	INSTRUCTIONAL TECHNOLOGY AWARENESS AND IN-SERVICE TRAINING NEEDS OF PRIMARY SCHOOL TEACHERS
3	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Shweta D'cunha, S.Y. B.Ed.	Teaching School Science by Multiple Learning Experience Model
4	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Priyanka Yadav, S.Y. B.Ed.	A Constructive Digital Appliance for Teachers: EDMODO
5	Mrs. Shubhangi Kore, Assistant	Ms. Ritika Jain,	3H MODEL OF TEACHING STANDARD



	Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	S.Y. B.Ed.	IX SCIENCE WITH SPECIAL REFERENCE TO EXPERIENTIAL LEARNING
6	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Pooja Pandey, S.Y. B.Ed.	A study of Professional Skills and Self-evaluation in relation to the Academic Achievement of B.Ed. students
7	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Jenissa Gonsalves, S.Y. B.Ed.	SHARED BELIEF ABOUT APPROPRIATE PEDAGOGY FOR YOUNG CHILDREN WITH AUTISM SPECTRUM DISORDER
8	Mrs. Shubhangi Kore, Assistant Professor, Nirmala Memorial Foundation College of Education, Mumbai, Maharashtra	Ms. Shalini Edward, S.Y. B.Ed.	Innovative Practice in Teaching English at Secondary School: Use of Multimedia Technique in the Acquisition of Second Language Skills

<b>RESEARCH PAPER DETAILS</b>			
<b>Sr. No.</b>	<b>Name of the first author</b>	<b>Name of the second author</b>	<b>Title of research paper</b>
1	Ms. Sweety Singh	Ms. Ashita Karkera	Effects of the overcrowded classroom on Teachers and challenges faced in everydayteaching and learning process
2	Ms. Sweety Singh	Ms. Ashwini Jain	A study on problems of delinquency by grade,8 <sup>th</sup> students of OxfordPublic School, SSC board
3	Ms. Sweety Singh	Ms. Farheen Khan	A study of problems faced by 8th STD students of Raghuvir English Medium Schoolwhile learning mathematics.
4	Ms. Sweety Singh	Ms. Jahanvi Jani	A study on the problem of backwardness in the English language among thestudents of standard 9th of Swami Vivekananda International School.
5	Ms. Sweety Singh	Ms. Neha Kadam	A study of scientific attitude among B.Ed. college students of NirmalaMemorial Foundation College of Education
6	Ms. Sweety Singh	Ms. Poonam Tiwari	A study of the attitude of std VIII A students of Pioneer Gala School Kandivali (East)towards different cultures and religions

7	Ms. Sweety Singh	Ms. Pournima Ramachandran	A study on the problems faced by B.Ed students of Nirmala MemorialFoundation College of Education attending online lectures
8	Ms. Sweety Singh	Ms. Somi Kachot	A Study on the Learning Style Among B.Ed. college students of Nirmala MemorialFoundation College of Education
9	Ms. Sweety Singh	Ms. Upasana Sheda	A study on problems faced by students of grade 8th while switching from online tooffline classes in Vile Parle Mahila Sangh's Orion School(ICSE).
10	Ms. Sweety Singh	Ms. Tina Bhattacharya	A study of the problems faced by the B.Ed. student-teachers of The Lords Universal College ofEducation in academics
11	Ms. Sweety Singh	Ms. Yesha Jani	A Study of the Problem of poor academic performance in social studies among Secondary school students of Our Lady of remedy high school''
12	Ms. Sweety Singh	Ms. Priyanka Patkar	A study on the involvement of parent-teacher association in the education developmentof St. Johns English School, Borivali East, Mumbai.
13	Ms. Sweety Singh	Ms. Shiba Sukumaran	A study on difficulties faced by 10 <sup>th</sup> std students of Thakur School of GlobalEducation, Kandivali West in maintaining a healthy lifestyle
14	Ms. Sweety Singh	Mr. NathPrasad Bavaskar	A Study on the difficulties faced by 9 <sup>th</sup> standard Students of Thakur VidyaMandir High School and Junior College while performing science practical
15	Ms. Sweety Singh	Ms. Arlene Stuti	A Study of the Role of Nutrition in Determining the Immunity of the Body among 9th stdstudents of Thakur Vidya Mandir School, Kandivali East, Mumbai

### 3. E-Content development





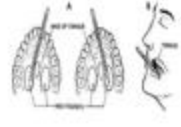
During Internship students presented self-created PPT's

1  2  3 

4  5  6 

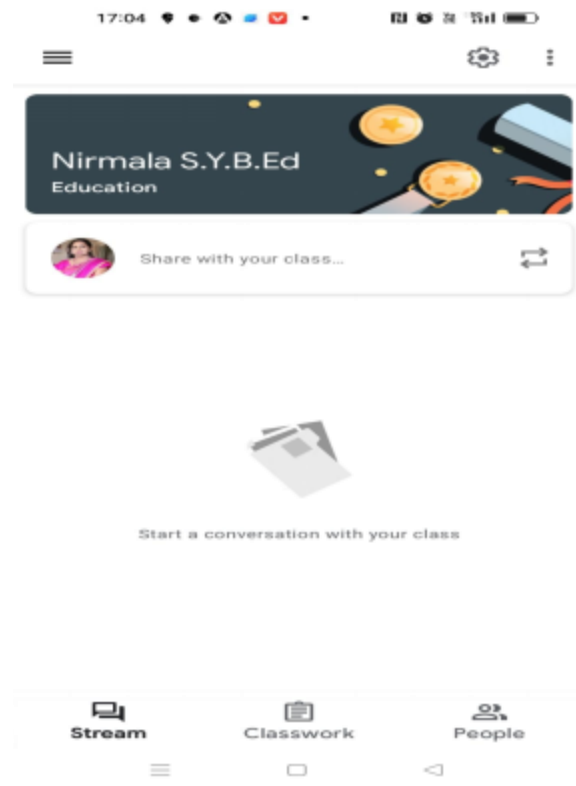
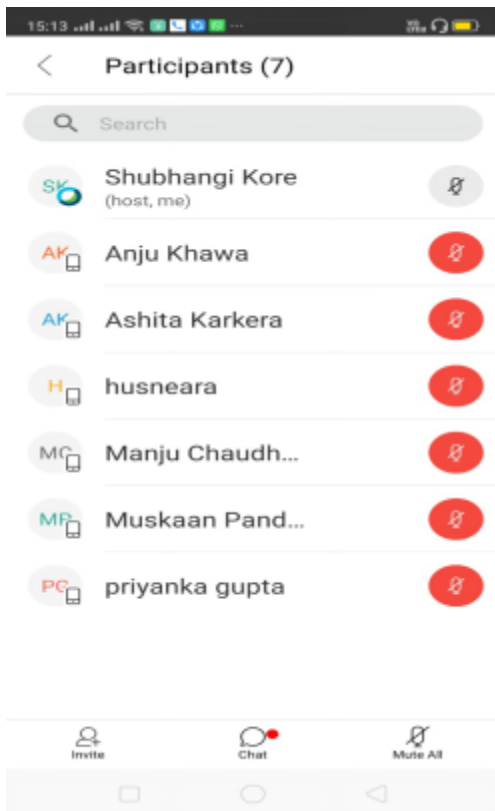
7  8  9 

10  11  12 

	<p><b>Clinical Thermometer:</b></p> <ul style="list-style-type: none"> <li>The thermometer that measure our body temperature is called as clinical thermometer.</li> </ul> 	 <p>37°C-42°C</p>
13	14	15
<p><b>Reading a Thermometer:</b></p> <ul style="list-style-type: none"> <li>Note the temperature difference between two bigger marks, and note down number of divisions.</li> <li>Thermometer should be washed before and after use, preferably with an antiseptic solution.</li> <li>Ensure that before use the mercury level is below 35°C.</li> <li>Hold it firmly and give it a few jerks. The jerks will bring the level of mercury down.</li> <li>Ensure that it falls below 35°C.</li> </ul>	 <p>37°C-42°C</p>	<ul style="list-style-type: none"> <li>Place the bulb of the thermometer under your tongue.</li> <li>After 1 min note down the temperature.</li> </ul> 
16	17	18



#### 4. Online assessment of learning



**NIRMALA MEMORIAL FOUNDATION COLLEGE  
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**Feedback on Internship Practice teaching .**

B.Ed - 2019-20

Student Name - Ms. Muskan Pandey

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?	✓	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	



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OF EDUCATION, KANDIVALI, EAST**

Feedback on Internship Practice teaching .

B.Ed 2018-2020

Student Name - Ms. Injal Velkar

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?		
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	



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OF EDUCATION, KANDIVALI, EAST

Feedback on Internship Practice teaching .

B.Ed 2018-20

Student Name - Ms. Pradeep Kedare

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	Yes	
2	Have you got required guidance from the mentor/ supervisor from your school?	Yes	
3	Is it possible to use technology in school for classroom teaching?	Yes	
4	Are you satisfied with the students' behaviour in the class?	Yes	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	Yes	
6	Did you get hands-on practical experience in internship?	Yes	
7	Did you get co-operation support from schools?	Yes	
8	Did you learn from your peer?	Yes	
9	Are you satisfied with practice of internship?	Yes	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	Yes	



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OF EDUCATION, KANDIVALI, EAST

Feedback on Internship Practice teaching .

B.Ed - 2019-2021

Student Name - Mr. Samuel Margas

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?	✓	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	



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Kandivali (East), Mumbai-400 101.

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COLLEGE OF EDUCATION  
Kandivali (East), MUMBAI

COMMUNITY WORK/ SEMINAR/ WORKSHOP

Feedback Form

B .Ed Year 2019-21

Event Name: Community Service at Punarvas School Date: 15/12/2019 to 20/12/2019

Venue: Goregaon

Name of participant: Miss Panchami Gajkwad.

Questions	Strongly agree	Agree	Not sure	Disagree	Strongly disagree
Was the event useful and knowledgeable?	✓				
Was the event well-organized and good time management followed?	✓				
Would you like to attend this workshop in future ?	✓				
Was the content well explained clearly in depth or in detail ?	✓				
Did the event meet your expectation ?	✓				

How would you rate the speakers or mentor communication skills and content knowledge?

Rate from 1 -5 5

How would you rate the overall experience of the event attended:

Rate from 1 - 5 5

Any suggestions: - None



  
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OF EDUCATION, KANDIVALI, EAST

Feedback on Internship Practice teaching .

B.Ed 2017-19

Student Name - Ms. Trusha Dashi

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?	✓	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	

M  
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OF EDUCATION, KANDIVALI, EAST

Feedback on Internship Practice teaching .

B.Ed 2021-23

Student Name - Mr. Shivam Upadhyay

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?	✓	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	



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KANDIVALI, EAST



**NIRMALA MEMORIAL FOUNDATION COLLEGE  
OF EDUCATION, KANDIVALI, EAST**

**Feedback on Internship Practice teaching .**

**B.Ed 2021-23**

Student Name Ms. Jyisha Ansari

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	✓	
2	Have you got required guidance from the mentor/ supervisor from your school?	✓	
3	Is it possible to use technology in school for classroom teaching?	✓	
4	Are you satisfied with the students' behaviour in the class?	✓	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	✓	
6	Did you get hands-on practical experience in internship?	✓	
7	Did you get co-operation support from schools?	✓	
8	Did you learn from your peer?	✓	
9	Are you satisfied with practice of internship?	✓	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	✓	



*[Signature]*  
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OF EDUCATION, KANDIVALI, EAST

Feedback on Internship Practice teaching .

B.Ed 2020-2022

Student Name - Mr. Sachin Kamb

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2	Have you got required guidance from the mentor/ supervisor from your school?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3	Is it possible to use technology in school for classroom teaching?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4	Are you satisfied with the students' behaviour in the class?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
6	Did you get hands-on practical experience in internship?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
7	Did you get co-operation support from schools?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
8	Did you learn from your peer?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
9	Are you satisfied with practice of internship?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
11	Do you like to continue as a teacher in the same school after completing B.Ed?	<input checked="" type="checkbox"/>	<input type="checkbox"/>



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**NIRMALA MEMORIAL FOUNDATION COLLEGE  
OF EDUCATION, KANDIVALI, EAST**

**Feedback on Internship Practice teaching .**

B.Ed 2020-22

Student Name - Ms. Rakhi Kansara

Sr.No	Statements	YES	NO
1	Are you happy with the school / junior college allotted to you?	Yes	
2	Have you got required guidance from the mentor/ supervisor from your school?	Yes	
3	Is it possible to use technology in school for classroom teaching?	Yes	
4	Are you satisfied with the students' behaviour in the class?	Yes	
5	Have you got any help from the staff/ Head Master/ Mistress from your school?	Yes	
6	Did you get hands-on practical experience in internship?	Yes	
7	Did you get co-operation support from schools?	Yes	
8	Did you learn from your peer?	Yes	
9	Are you satisfied with practice of internship?	Yes	
11	Do you like to continue as a teacher in the same school after completing B.Ed?	Yes	



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KANDIVALI EAST  
MUMBAI 401

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION**

**FEEDBACK FORM**

Thank you for attending the Webinar on "Learning beyond Academics: Explore your skills through Social and Emotional Counselling" held on 15<sup>th</sup>, 16<sup>th</sup> and 17<sup>th</sup> May, 2020. Please take a minute to complete this feedback form.

**Full Name:** .....

**Email address:** .....

**Name of the College/Institution:** .....

1. How many sessions of the Webinar did you attend?
  - 01
  - 02
  - 03
2. How would you rate the content of the presentations?
  - Excellent
  - Very good
  - Good
  - Fair
  - Poor
3. What attracted you to the Webinar?
  - Content of the Webinar
  - Speakers
  - Networking opportunities
  - Any other, please specify .....
4. How did you come to know about the Webinar?
  - NMFCCE website
  - WhatsApp group
  - Brochure via social media
  - Any other, please specify .....
5. Kindly rate the resource person Smt. Neeta Shah on 15<sup>th</sup> May 2020.
  - Excellent
  - Very good
  - Good
  - Satisfactory

6. Kindly rate the resource person Dr. ~~Shafiq, P. Abdul~~ on 16<sup>th</sup> May 2020.

- Excellent
- Very good
- Good
- Satisfactory

7. Kindly rate the resource person Dr. Arundhati ~~Chopra~~ on 17<sup>th</sup> May 2020.

- Excellent
- Very good
- Good
- Satisfactory

8. Any three take away from the webinar.

---

9. Would you like us to hold more sessions on different topics in future?

- Yes
- No

10. Overall, effectiveness of the Webinar.

- Excellent
- Very good
- Good
- Fair
- Poor

11. Suggestions if any

-----

**Thank You**

---



FEEDBACK FORM-NMFCE (Responses) : Form Responses 1

ash.anguskar@gmail.com	Rashika Anguskar	Nirmala Memorial Found	979918354	WhatsApp Group	Content of the Webinar	4	Excellent	Good	Good
shwetaldivedi595@gmail.com	Shweta divedi	Nirmala memorial found	0895289000	Brochure Via Social Med	Content of the Webinar	4	Very Good	Very Good	Excellent
ant Singh1094@yahoo.com	Ant Vahudyanand Singh	Nirmala Memorial college	892045432	WhatsApp Group	Content of the Webinar	2	Excellent	Very Good	Very Good
prutisingole@gmail.com	Dr. Shrut Pramod Ingole	Shri Shriwaj Science Coll	9834102277	NMFCE Website	Speakers	1	Excellent	Excellent	Excellent
chandapanjay20@gmail.com	Pandey Chanda Ramesh	Nirmala memorial found	9799754960	NMFCE Website	Speakers	1	Good	Excellent	Good
charmolq@gmail.com	VRANI CHARMI	Nirmala Memorial Found	8628455381	WhatsApp Group	Content of the Webinar	1	Excellent	Excellent	Excellent
sonitambosha@gmail.com	SOMA OSCAR BOMBAY	Royal College of Educat	9623152630	Brochure Via Social Med	Speakers	4	Very Good	Good	Excellent
alpa.dna@gmail.com	Jalpa Piyush Jani	Nirmala memorial found	7738228622	NMFCE Website	Content of the Webinar	2	Very Good	Excellent	Very Good
prutisingole@gmail.com	Dr. Shrut Pramod Ingole	Shri Shriwaj Science Coll	9834102277	NMFCE Website	Speakers	1	Excellent	Excellent	Excellent
tryaneshvardhanamare92@gmail.com	DR. ANANESHWAR JAI	Seva sadan's college of I	9421548377	WhatsApp Group	Content of the Webinar	2	Very Good	Very Good	Very Good
rsavan10@gmail.com	Yash Savant	Lata Lalpatra college	828878712	Brochure Via Social Med	Content of the Webinar	4	Excellent	Excellent	Excellent
ashal26manna@gmail.com	Vaishali Mahra	Nirmala Memorial found	9620720780	WhatsApp Group	Speakers	1	Excellent	Excellent	Excellent
eeniyadav19@gmail.com	Renu Matesaran Yadav	Nirmala college	9702249608	NMFCE Website	Content of the Webinar	3	Very Good	Very Good	Very Good
huba_jadam@hotmail.com	Shradha Parag Chavan	Nirmala Memorial Found	9819933383	WhatsApp Group	All above	1	Excellent	Excellent	Excellent
teepkako52@gmail.com	Dr. Deepika Kohli	Khalsa College of Educa	606111119	Brochure Via Social Med	Content of the Webinar	6	Excellent	Excellent	Excellent
ramodpadole@gmail.com	Dr Pramod R. Padole	Shri Shriwaj Science Coll	9422159188	Brochure Via Social Med	Content of the Webinar	2	Very Good	Excellent	Good
roadeepkatar1020@gmail.com	KEDARE PRADEEP PR.	NIRMALA MEMORIAL FI	8422827106	I am student of NMFCE	Content of the Webinar	1	Excellent	Excellent	Excellent
aukika29@gmail.com	Laukika Dilip Mandavkar	Nirmala Memorial Found	9687294742	WhatsApp Group	Content of the Webinar	4	Excellent	Excellent	Excellent
kingdote1234@gmail.com	Dr. Nish K. Gadhe	GURUKRUPA COLLEGE	7907732210	WhatsApp Group	Networking opportunities	1	Excellent	Excellent	Excellent
angheshmarty24@gmail.com	Dr Mary Varghese	Seva sadan's College of	9992275619	Brochure Via Social Med	Content of the Webinar	1	Good	Very Good	Excellent
shrikankar1@rediffmail.com	Ashika Kankar	Nirmala Memorial Found	9992281510	WhatsApp Group	Content of the Webinar	3	Very Good	Very Good	Very Good
akumar2015@gmail.com	Kumar Rajkumar moole	Aakash Jr college comm	9372148468	WhatsApp Group	Speakers	1	Excellent	Excellent	Excellent
tehuod@gmail.com	Neha Dattani	Nirmala Memorial Found	9032907507	WhatsApp Group	Content of the Webinar	1	Excellent	Excellent	Excellent
riyankagom@gmail.com	Mrs. Priyanka Subhash C	Mat. K. M. Patel Sr. Colle	8097805485	WhatsApp Group	Content of the Webinar	4	Excellent	Very Good	Excellent
sanika1@gmail.com	Parinaz Sharukh Forbes	The J. B. Vachha High S	9619105343	WhatsApp Group	Content of the Webinar	2	Very Good	Very Good	Very Good
ashalid598@gmail.com	Dr. Vaishali Patilkar	B. R. Hama College of E	9979858156	WhatsApp Group	Content of the Webinar	4	Very Good	Very Good	Very Good
anish.hazari@gmail.com	Tanish Hazari	SES SWAMI HANSMUN	0990150400	WhatsApp Group	Speakers	4	Very Good	Excellent	Very Good
smriti.sood@yahoo.com	Smriti Sood	Royal College of Educat	7468112831	WhatsApp Group	Speakers	4	Excellent	Excellent	Excellent
umjjevan17@gmail.com	Suni jevan	Nirmala education found	9107401481	WhatsApp Group	Content of the Webinar	1	Excellent	Excellent	Excellent
ukminjandani@yahoo.com	Dr Rukmini Jandani	Seva Sadan's College of	9899929897	WhatsApp Group	Content of the Webinar	3	Good	Good	Good
skamjoni633@gmail.com	Sachin Harshchandra Ni	Aakash Junior college, A	9324358233	Our college Aakash Juni	Content of the Webinar	3	Good	Very Good	Very Good
mita.patel397@gmail.com	SMITA CHINTAMAN PATIL	IRENE INSTITUTE OF E	9689541358	DR. RUPALI RAUT, Mad	Content of the Webinar	1	Excellent	Excellent	Excellent
handalakashuhangi@gmail.com	Mrs. Shubhangi Ganesh	Nirmala Memorial Found	9622227130	Brochure Via Social Med	Content of the Webinar	3	Good	Very Good	Very Good
g6008270@gmail.com	Seema Gyandhand Gupt	Nirmala Memorial Foun	8452872432	WhatsApp Group	Content of the Webinar	2	Very Good	Very Good	Very Good

FEEDBACK FORM-NMFCE (Responses) : Form Responses 1

33	5/17/2020 17:03:28	wadeljankhs17@gmail.c	Jankhana Wadhel	Pawar Public School, Ka	9870292462	Alumini college whatsapp	Content
34	5/17/2020 17:03:31	mathewchris91@gmail.c	Chris Thomas	Nirmala Memorial Found	9987025835	WhatsApp Group	Speakers
35	5/17/2020 17:03:32	vidyaan79@yahoo.com	Vidya Nair	Western college of comm	9769989739	WhatsApp Group	Content
36	5/17/2020 17:03:36	shanti.pandey1@gmail.c	Shanti Pandey	Mohindar Singh Kabal Si	8850591132	WhatsApp Group	Content
37	5/17/2020 17:03:46	avichare1@gmail.com	Ms. Apurva Vichare	Oriental College of Educ	8691958401	WhatsApp Group	Content
38	5/17/2020 17:03:49	zeniacolaco91@gmail.co	Zenia Regie Colaco	Nirmala Memorial Found	9673728222	WhatsApp Group	Content
39	5/17/2020 17:03:49	lewinadsouza93@gmail.	Lewina Leo Dsouza	Don Bosco College Of Hi	9930346793	WhatsApp Group	Content
40	5/17/2020 17:03:58	kirinde.anjali@gmail.c	Dr. Anjali Girish Kirinde	Gurukrupa College of Ed	9619535190	WhatsApp Group	Content
41	5/17/2020 17:04:18	leenushraddha@gmail.c	MRS. SHRADDHA SURE	A. V. COLLEGE VASAI V	9372264540	WhatsApp Group	Content
42	5/17/2020 17:04:49	husneera2892@gmail.co	Husneera	Nirmala memorial founda	+919702008673	WhatsApp Group	Speakers
43	5/17/2020 17:04:51	aruna.aryamitra@gmail.c	ARUNAA SINGH	Sevasadan's College of E	9322710208	WhatsApp Group	Content
44	5/17/2020 17:04:58	svashar27@gmail.com	Prof Seema Ashar	Mulund College of Comm	9833527810	Brochure Via Social Med	Content
45	5/17/2020 17:06:02	swatidhoke88@gmail.co	Swati S Dhoke	Sevasadans college of E	9987552390	WhatsApp Group	Content
46	5/17/2020 17:06:13	PROF.JAFRY@GMAIL.C	DR. NAZAR ABBAS JAF	RIZVI COLLEGE OF AR	9867343062	WhatsApp Group	Content
47	5/17/2020 17:06:23	shonagupt2011@gmail.c	Miss sunita Rambahori	C Gurukrupa college of edu	7678046476	WhatsApp Group	Content
48	5/17/2020 17:06:31	chinutuanuav@gmail.com	VAISHALI RAMESH PAT	SHAHU SHIKSHAN SAN	7738626588	WhatsApp Group	Networki
49	5/17/2020 17:06:34	mjshah1971@gmail.com	Manojkumar Shah	M V MANDALI'S colleges	+919820342463	WhatsApp Group	Content
50	5/17/2020 17:06:41	svicky06@gmail.com	Mr. Vikrant Vishwas Saw	Nirmala Memorial Found	9821711823	WhatsApp Group	Content
51	5/17/2020 17:06:42	poonam.yadav9401@gm	Poonam yadav	Nirmala memorial Found	9869622253	NMFCE Website	Content
52	5/17/2020 17:06:43	khushiks1994@gmail.co	Khushbu sangani	Nirmala memorial founda	9967348743	WhatsApp Group	Networki
53	5/17/2020 17:06:43	akshatasonpatki@gmail.	Akshata Deshpande	South Indian Association	8698571545	WhatsApp Group	Content
54	5/17/2020 17:06:57	aruna.aryamitra@gmail.c	Dr. Aruna A Singh	Sevasadan's College of E	9322710208	WhatsApp Group	Content
55	5/17/2020 17:07:07	maya28nanaware@gma	Maya Raju Nanaware	Aadhar mukbadhir vidyal	8605086090	NMFCE Website	Speakers
56							

FEEDBACK FORM-NMFCE (Responses) : Form Responses 1						
902104619	tomardeepa@gmail.com	tomardeepa Group	Content of the Webinar	4	Very Good	Excellent
983153024	NMFCE Website	Content of the Webinar	Speakers	2	Very Good	Very Good
963094475	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Very Good
823758676	Brochure Via Social Med	Content of the Webinar	Speakers	1	Excellent	Very Good
989997317	WhatsApp Group	Content of the Webinar	Speakers	5	Very Good	Excellent
885201198	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
950309125	WhatsApp Group	Content of the Webinar	Speakers	4	Very Good	Very Good
991920071	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
861916667	Brochure Via Social Med	Speakers	Speakers	5	Excellent	Excellent
8280761703	Zoom app	Speakers	Speakers	4	Very Good	Very Good
9403270182	WhatsApp Group	Networking opportunities	Speakers	2	Very Good	Very Good
8084843874	WhatsApp Group	Content of the Webinar	Speakers	1	Very Good	Very Good
9870454171	WhatsApp Group	Content of the Webinar	Speakers	5	Excellent	Excellent
9897340082	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
9137207785	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Very Good
0670003945	WhatsApp Group	Networking opportunities	Speakers	4	Very Good	Very Good
9107308025	NMFCE Website	Speakers	Speakers	1	Excellent	Very Good
9810534837	Received msg abt the w	Content of the Webinar	Speakers	2	Very Good	Very Good
838823359	WhatsApp Group	Content of the Webinar	Speakers	2	Excellent	Good
969952445	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
880018381	WhatsApp Group	Content of the Webinar	Speakers	3	Good	Good
8988202589	NMFCE Website	Networking opportunities	Speakers	2	Good	Very Good
9620017808	WhatsApp Group	Content of the Webinar	Speakers	2	Very Good	Very Good
9820529794	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
0899995347	WhatsApp Group	Content of the Webinar	Speakers	2	Excellent	Excellent
8879573821	WhatsApp Group	Speakers	Speakers	4	Very Good	Very Good
9730340303	WhatsApp Group	Speakers	Speakers	1	Excellent	Excellent
8805259620	WhatsApp Group	Speakers	Speakers	1	Excellent	Excellent
8778715080	WhatsApp Group	Speakers	Speakers	2	Very Good	Very Good
9855127331	WhatsApp Group	Speakers	Speakers	4	Very Good	Very Good
9308000052	WhatsApp Group	Content of the Webinar	Speakers	2	Excellent	Excellent
8855299531	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent

FEEDBACK FORM-NMFCE (Responses) : Form Responses 1						
9049120630	NMFCE Website	Content of the Webinar	Speakers	1	Excellent	Very Good
8999494484	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Very Good
8994245012	WhatsApp Group	Content of the Webinar	Speakers	1	Very Good	Excellent
8388250072	WhatsApp Group	Content of the Webinar	Speakers	4	Very Good	Very Good
9004862236	Brochure Via Social Med	Content of the Webinar	Speakers	1	Excellent	Excellent
7500348014	WhatsApp Group	Content of the Webinar	Speakers	5	Excellent	Excellent
9998640181	WhatsApp Group	Content of the Webinar	Speakers	4	Excellent	Good
9819892545	WhatsApp Group	Networking opportunities	Speakers	1	Very Good	Very Good
9819126293	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
8897502906	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Very Good
9999108045	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
0878903932	WhatsApp Group	Content of the Webinar	Speakers	4	Excellent	Very Good
8896891709	WhatsApp Group	Content of the Webinar	Speakers	4	Good	Very Good
882881134	WhatsApp Group	Networking opportunities	Speakers	2	Very Good	Very Good
491835803437	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
8398868868	WhatsApp Group	Speakers	Speakers	5	Excellent	Good
8620911407	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
9820548305	Brochure Via Social Med	Networking opportunities	Speakers	3	Excellent	Good
7709633447	WhatsApp Group	Content of the Webinar	Speakers	5	Excellent	Good
7888728987	WhatsApp Group	Speakers	Speakers	1	Excellent	Excellent
9372683817	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
8852768837	NMFCE Website	Content of the Webinar	Speakers	1	Very Good	Excellent
8899943885	NMFCE Website	Content of the Webinar	Speakers	1	Very Good	Very Good
8288064825	WhatsApp Group	Content of the Webinar	Speakers	2	Very Good	Very Good
8873242151	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
9820172784	Brochure Via Social Med	Content of the Webinar	Speakers	1	Excellent	Excellent
9875387749	WhatsApp Group	Content of the Webinar	Speakers	1	Excellent	Excellent
8396821035	WhatsApp Group	Content of the Webinar	Speakers	5	Excellent	Excellent
9629989811	WhatsApp Group	Content of the Webinar	Speakers	1	Very Good	Excellent
0688049848	Brochure Via Social Med	Content of the Webinar	Speakers	4	Good	Very Good
9819897137	WhatsApp Group	Speakers	Speakers	2	Excellent	Very Good