

**5.3.2 Average number of sports and cultural events
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Academic Year	2017-18	2018-19	2019-20	2020- 21	2021- 22	Total
Number of sports and cultural events organized	15	19	7	21	19	81

Formula:

Average number = Number of sports and cultural events organized during the last five years

$$= \frac{81}{5}$$
$$= 16.2$$

DOCUMENTARY EVIDENCES

INAUGURATION

An orientation ceremony is an important event in the academic life of a college, which welcomes new students and introduces them to the college's culture, values, and traditions. It was held on 3rd March, 2022. The ceremony was attended by all new students enrolled in the college, as well as faculty members, staff, and senior students. The venue for the event was the college's auditorium.



MARATHI DIWAS

Marathi Bhasha Diwas is celebrated on February 27th every year in Maharashtra to commemorate the birth anniversary of the legendary Marathi poet, writer, and social activist Vishnu Vaman Shirwadkar, popularly known as Kusumagraj. This event was celebrated at our college on 8th March 2022 with great enthusiasm. There was Lighting of the lamp by all our faculty members.



HOLI

Holi is a Hindu festival that celebrates the arrival of spring and the victory of good over evil. In India, it is a festival of colors, where people throw colored powders and water at each other. This was conducted on 17th of March 2022. The celebration was attended by all students, faculty members, and staff of the college.



GUDI PADWA

Gudi Padwa is a traditional Hindu festival that marks the beginning of the new year according to the Hindu calendar. It is a day of new beginnings, prosperity and happiness in Maharashtra; India. It was celebrated with great enthusiasm at NMFCE on 1st April 2022. The celebration was attended by all students, faculty members, and staff of the college. The venue for the event was the college auditorium, which was decorated with traditional Gudi Padwa elements like colorful rangolis, flowers, and garlands.



GURUPURNIMA

The audience was welcomed in a beautifully decorated hall. Flower arrangement was meticulously done the venue. The event commenced with a welcome speech. Thereafter, lighting of lamp done for Ganesh Vandana, followed by a solo dance. Authentic Paduka pooja was performed. A mesmerizing song was sung which left the audience wanting for more. Speech and Story-telling was awesomely done. A power point was presented to elaborate the importance of Guru Purnima. Poem and Shayari were performed, followed by a solo song. Games were played, the audience was participative and enthusiastic. Lastly a Vote of Thanks was given.



INDEPENDENCE DAY

On August 15th, India celebrated its 75th Independence Day with great enthusiasm and patriotism. The day began with the hoisting of the national flag by the Prime Minister at the historic Red Fort in Delhi, followed by a speech addressing the nation.

On the 19th of August, 2022 NMFCE commemorated the occasion of Independence Day. Everyone dressed in Indian formals, and the colours of the outfits made the place look so vibrant, and the decor made the hall looked enigmatic. At the entrance, teachers admired the beautiful rangolis outside the auditorium. We brought in the celebrations with a speech, the emcees for the event kept the ball rolling with their wit and humour.



JANMASHTAMI

Janmashtami, the birthday of Lord Krishna, is celebrated with great enthusiasm across India with various cultural programs. To mark the pious occasion of Janmashtami, the Nirmala Memorial Foundation College of Education gave us an opportunity to showcase our talents through this event. The event of Janmashtami took place on 20th August, 2022. Our teachers lit the lamp for Ganesh Vandana followed by Saraswati Vandana. Shri Krishna pooja was done and then the event started. The very first performance was the Ras Lila dance followed by a beautiful skit on Janmashtami.

The event was such a momentous one. The event provided an opportunity to the students to showcase their talents and creativity while also learning about the rich cultural heritage of India. It was a memorable event that left a lasting impression on everyone present.



HINDI BHASHA DIWAS

On 14th September 2022 the FY B.Ed students of Nirmala Memorial Foundation College celebrated HINDI DIWAS. As soon as the teachers arrived there was lighting of the lamp and prayers were offered to goddess Saraswati. The event was carried forward by a beautiful speech. Few students presented a power point to showcase the importance of Hindi Diwas.

There was a small skit performed, which had a powerful message. The enchanting poem recitations held the audience spellbound. The celebration ended by a vote of thanks. Overall, the Hindi Diwas celebration was a great way to promote the importance of Hindi language in our lives. The event provided an excellent opportunity for students to showcase their skills and knowledge about the language. Therefore, Hindi Diwas is an important day for Indians to celebrate the significance of national language and pay tribute to the rich history and cultural heritage of the Hindi language.



GANDHI JAYANTI

Gandhi Jayanti is a national holiday in India that is celebrated on October 2nd each year to commemorate the birth anniversary of Mahatma Gandhi, who is also known as the "Father of the Nation." Gandhi was a prominent leader's in India's struggle for independence from British rule and is revered for his non-violent philosophy of Satyagraha, which advocates for peaceful resistance.



VACHAN PRERNA DIWAS

Vachan Prerna Diwas is a day dedicated to the celebration of the life and teachings of former President of India, Dr. APJ Abdul Kalam. It is observed on his birth anniversary, which falls on the 15th of October every year. The venue for the event was decorated with posters, banners, and photographs of Dr. APJ Abdul Kalam. The celebration began with a welcome address by the college principal, in which she highlighted the achievements and contributions of Dr. APJ Abdul Kalam.

After the principal's address, there was a presentation on the life and legacy of Dr. APJ Abdul Kalam. It also showcased his speeches and writings, which continue to inspire and motivate people around the world. .



CHRISTMAS

On 25th December 2022, our college organized a grand celebration to mark the occasion of Christmas. The entire campus was decorated with colorful lights, Christmas trees, and other festive decorations. The event was attended by both students and faculty members, who came together to share the spirit of Christmas. The students and staff members sang Christmas carols and hymns together

The celebration provided a great opportunity for students and faculty members to bond with each other and to spread the message of love and compassion that is at the heart of the

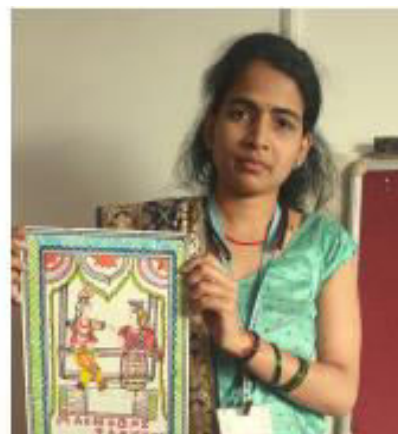
Christmas holiday. The event left everyone with memories that will be cherished for years to come.



TALENT HUNT

Nirmala Memorial Foundation College of Education always try to shape and nurture the hidden inherent potential that each and every student has. With the same spirit, a platform was given to the students to showcase their entertainment skills through a TALENT HUNT.

The talent hunt competition was open to all the students, and the response was overwhelming. The students enthusiastically participated in the event, showcasing their talents in various fields. Each participant had 3 minutes to showcase their talents and the talent which needed a little longer duration was provided with one hour of time.



COMMUNITY WORK



SEMINAR ON EXAMINATION PRESSURE

An educative workshop was organized by NMFCE, conducted by M.Ed. interns of SNTD College, Churchgate. on "Examination Pressure" on 16th July 2022. Exam pressure occurs during the revision period before exams and immediately before exams. It occurs due to pressure, high expectations, competitiveness, comparison with others, fear of rejection, poor time management and focusing too much on the outcome. The main objective of this 90 minutes' workshop was to empower students on ways with to deal with such stressful situations. The workshop provided the students with tips on managing stress especially on exam day. The role of parents was also discussed in depth. Content Outline of the workshop included: Ice Breaker Activity, Pariksha Pe Charcha, what is stress, from where does examination stress occur and tips for managing examination stress.



CLASS PICNIC

One-day college picnic was organized on 8th October 2022 for students as well as teachers to The Great Escape Water Park. The excitement among the students was palpable, as they chatted and joked with their friends, eagerly anticipating the fun-filled day ahead.

