

Nirmala Memorial Foundation college of Education

Address: D.S Road, Asha Nagar, Thakur complex, kandivali (East).

**Value- Added certificate course
Information Brochure 2021-2022**

Topic: Stress Management
(By Prof. Rajlaxmi Guha, IIT Karagpur)

Resource Person: Asst. Professor Ms. Shushmita patro

Mode: Online lecture basis

Schedule : 6TH Sep to 25th Sep 2021

Time: 5 pm to 7 pm

Duration: 30 hours

For: S.Y.B.ED Students

Nature: Mandatory as course work

****Certificate will be provided to all the participants****

Attendance is compulsory

Asst. Professor **Ms. Shushmita Patro**

Name of Resource person

Dr. Tandra Bandyopadhyay

Principal