

NMFCE ENIGMATIC HORIZON

2020-2021



Vol. 1

PROFILE OF NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION, NMFCE, KANDIVALI EAST, MUMBAI 400067.

Set up in 2008, NMFCE is affiliated to the University of Mumbai. The B.Ed., College made its humble genesis with an enlightened mission. As a Gujarati Linguistic Minority, its purpose is to impart Quality Education to the masses. It strives to develop creativity, innovations constructivism, skills, positive attitude, interests in learners continuously and consistently.

Interactive, participatory involvement of students in lessons, given by teachers is infused in teacher training to produce responsible, worthy Indian citizens, teachers technologically savvy within their life spheres.



VISION

Learn from doing and doing well,
continuous learning and growth.

To bring about Academic Excellence by empowering young minds through dissemination of knowledge, skills and values to orient them to cope up with challenges of modern society.



MISSION

Learn from doing and doing well,
continuous learning and growth.

- To impart high quality education and training to the teacher trainees to develop their competencies in accordance with the emerging trends in education.
- To provide competency to teachers for meeting social, economic and academic needs of the society.
- To develop leadership quality among pupil-teachers.

INFRASTRUCTURE

To facilitate the process of teacher training excellent amenities as:

- 8 storeyed building with modern, air conditioned office blocks, well equipped classrooms, corridors, 2 elevators are provided
- ICT enabled fully furnished library with largest collections of international journals, books, magazines, newspapers, research reports, CAI packages, spacious reading rooms are available.
- Air-conditioned computer laboratories with 150 advanced machines & licensed software is available.
- Well equipped organized & spacious gymkhana is offered.
- 2 airconditioned mini & macro auditoriums used.
- Comfort common rooms for girls, boys provided.
- Hygienic & nutritious canteen facilities are available.
- State of the Art technology in its teaching process making use of mike systems, LCD projectors are present and used optimally for the benefit of students who are taught Word Processing, Spreadsheets (EXCEL),etc
- Love of reading is promoted by notice board, display cases.

COLLEGE ETHOS

NMFCE has a committed, dedicated, passionate, sincere team of a dozen teachers with a vision and mission. They have strong work ethics & are multitasking, eager to steer to college to growth & excellence.

Employing innovative, creative, constructive involving practices for teaching, supervising, mentoring, directing, coordinating efforts. Brainstorming sessions are organized with concept mapping, mind mapping, brain mapping with ICT, globalization. Detailed guidance & counseling is provided before & after the exams. Feedback is given to improvise lessons.

The Principal & teachers expect the best overall performances. Students are groomed to participate in intra & inter B.Ed Collegiate Competitions; training in technologies, LPG, soft skills, core values, incorporation of ten core elements to use resources optimally for learning. All this is accomplished with a lot of gusto & ardour in NMFCE.

NMFCE believes in bequeathing Quality Education to the masses.

PICNICS, EXCURSIONS, OUTINGS.

- Meaningful outings are arranged such as educational excursions, tours, travels, trips, picnics, educational study trips to help the students in appreciating the nature.
- To Facilitate...
- To enhance...
- Visits to Art and Craft Festivals at Kaala Ghoda to enhance aesthetic sensibilities and celebrate life.

INTERCOLLEGIATE COMPETITIONS

- All teacher trainees are motivated and groomed to participate in intercollegiate competitions organized by various Teachers Training colleges across Mumbai.
- Accolades and laureates are earned from time to time by our students.



ART



CRAFT



THEATRE



DANCE



MUSIC



POTTERY



YOGA



**COOKING/
BAKING**



**LEARNING
WEB TOOLS**



**LIFE
SKILLS**



**PHOTO
GRAPHY**



**PERSONALITY
GROOMING**

CO- CURRICULAR ACTIVITIES

- Elections are held every year to constitute the STUDENTS COUNCIL. Leadership Qualities are nurtured and team spirit is infused in education.
- Activities such as quizzes, Extempore, Speeches, Reports, Elocution, Poem Recitation, Riddles, puzzles, slogans, posters, Script Writing celebrations of Hindi Divas, Guru Purnima, Annual Gatherings, Farewells, Sports Days, Navaratri, Diwali, Christmas, Teachers Day, Independence day, Makar Sankranti
- Celebrations are organized by the STUDENTS COUNCIL.

CONVERSATIONAL SKILLS

The tips for Fluency in speech and English Conversational skills are imparted to all the students to upgrade their vocabulary. Communication skills are honed for Grooming, personality development programmes, skits, dramas, one act plays, etiquettes, manners, appropriate dressing sense, proper conduct in the classroom is emphasized.

Appropriate pronunciation, tone, pitch of voice, voice modulation, accent, questioning art, interactive techniques are discussed.

To build confidence among students to handle and organize various events of the college such as Annual Gatherings, Marathi Day, Science Day, etc. Classroom Management techniques, Competencies & proficiencies building is encouraged.

WORKSHOPS & SEMINARS

Seminars and workshops, expert talks, guest lectures are arranged on different topics. The Resource persons are invited to conduct conventions, orientations, panel discussions, meetings, chats, local conferences, web meets, group discussions, conclaves for the metacognitive, social, emotional, moral, physical, cultural, spiritual and aesthetic development of all the student teachers and Teacher educators.

COMMUNITY WORK

Future teachers are made socially responsible for extending their services to various community centres, Public Hospitals, various NGOs espousing social, economic and environmental causes and work towards a more equitable and inclusive society.

WOMEN DEVELOPMENT CELL

Talks on hygiene, personal cleanliness, respect & upkeep of body hygiene are held frequently. Seminars, Conferences, Workshops, and other activities are conducted periodically to tackle issues related to the awareness of various rights of women. Feminine security, cyber security, promotion of mental and physical wellbeing, empowerment of women, celebrations of International Women's Day are held. Rallies are conducted in the neighborhood to spread awareness of the empowerment of women.

STUDENTS GRIEVANCES REDRESSAL COMMITTEE

Teacher educators are appointed to look into the complaints of students and solve their problems. The Cell caters to academic personal grievances of both first- and second-Year B.Ed. students.

GUIDANCE AND COUNSELLING CELL

An active Guidance and Counseling Cell of NMFCE organizes various activities on career counseling in Education. Personal Guidance is given for all-round development of personality and Promotion of Mental Health to teacher trainees. College provides Vocational Guidance too. Academic difficulties are also solved.

ANTI RAGGING COMMITTEE

Ragging is banned by the Supreme Court of India, New Delhi. Affidavits in legal formats are accepted duly signed by all the students. Pupils are strictly monitored for their Code of Conduct. Duly signed undertaking is taken from students.

ALUMNI MEET

Alumni meets are conducted to invite gainfully employed past B.Ed. students from 2008 batch onwards and are asked to share their experiences, advice and opinions to future teachers. Resource persons, experts, moderators, guest faculties, special guests are invited to the meets organized by NMFCE.

ADMISSION POLICY

Information about the candidates are kept in a register book for keeping it handy. Admissions are governed as per the rules and regulations issued by the Central Admissions Process Committee Maharashtra Government.

TO NAME A FEW AWARDS GIVEN TO B.ED STUDENTS ARE



**ILLUSTRIOUS
TEACHER**

**BEST STUDENT
OF THE YEAR**

**TEACHER PAR
EXCELLENCE**

**ACADEMIC
EXCELLENCE**

**SUNSHINE
PERSONALITY**

**STUDENT OF
THE YEAR**



**SPORTS
CHAMPION**

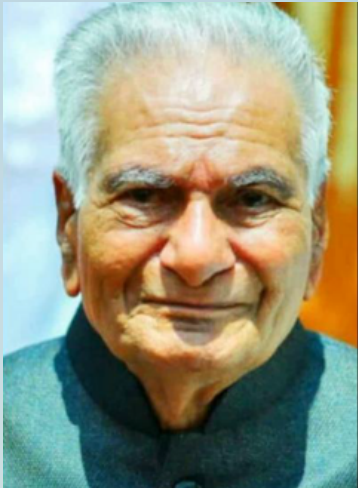
**MAXIMUM
PARTICIPATION**

**ATHLETE OF
THE YEAR**

**"TO BE A CHAMPION, COMPETE; TO BE A GREAT CHAMPION,
COMPETE WITH THE BEST; BUT TO BE THE GREATEST
CHAMPION, COMPETE WITH YOURSELF"**

FOUNDER

SHRI THAKORBHAI N. DESAI



A LEGEND WITH A MISSION

According to Oscar Wilde, an Irish poet, and playwright, "The truth about the life of a man is not what he does, but the legend which he creates around himself," is apt in the case of our loving Dadaji: Shri Thakorbhai N. Desai.

He was a visionary, self-reliant and proactive teacher-leader who set his passionate world of education on fire with his authentic ideas, deeds, and geniuses. An inspiration who shared his great thoughts about believing in themselves.

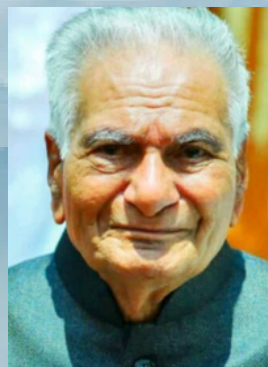
He is an eminent Guru and a self-made person inculcating moral values. Shri Thakorbhai N. Desai was born and brought up in a small village called "Umarsadi" in the district of Valsad, Gujarat. He was born on 13th March 1929. After completing his basic education in Valsad, he came to Mumbai for his higher studies. He held an excellent academic record and started his career as an Assistant Teacher. This was the first step among others that made him a legend in his era and times to come. He also had a burning desire to help deprived children and to do something for them. The biggest example of his helping hand towards the deprived children can be seen when he rented a temple top floor to teach them for free. Our dear Dadaji has held various designations during his time. He retired as the principal from Devchand Jethalal High School, Malad East. He even was able to visit various foreign countries as part of various Government Delegations during his service tenure. His travel abroad helped him to envision and enhance Educational Facilities in Maharashtra. His eminent contribution to the field of education was rewarded with the Best Teacher award in 1986 from the Government of Maharashtra.

Shri T N Desai is the founder of the Nirmala Memorial Foundation. This Trust was formed in the fond memory of his beloved wife Late Smt. Nirmala Desai. His main purpose was to provide quality education to the downtrodden, poor, and needy children. Under his Chairmanship, Nirmala Memorial Foundation made its humble beginning with a Gujarati Medium School in the slum pockets of Khot Dongri at Malad. Within a short span of time the school gained glory by achieving 100% results for consecutive years in SSC Examinations.

Dadaji dreamt, desired, and strived to see the banner of Nirmala Memorial Foundation among the Premier Educational Institutions in the Mumbai suburbs. The Nirmala Memorial Foundation College saw its initial days in three rooms of Rani Sati Marg Municipal School building in Malad. The high standard quality Education imparted in these rooms were of Commerce Subjects, without any infinite fees. Today there are several Institutions under the banner of Nirmala Memorial Foundation all around Mumbai Suburbs which offers prestigious traditional and professional courses to thousands of students.

The time of the Covid-19 Pandemic was a great blow to each and every one of us. When the Lockdown was in effect and with borders closed, his love towards his fellow colleagues, teachers, and students made him visit Nirmala Memorial Foundation Institutions. This showed his love and passion for Education, without considering his comfort. His daringness to accept challenges has helped to strengthen the Foundation of the Nirmala family.

11th August 2021, was a day no one can forget. At the age of 92, he was taken away from us with his untimely death. The Nirmala family will never forget our Dear Dadaji, who was a man of strong beliefs and standard.



13TH MARCH 1929
TO
11TH AUGUST 2021

जो छूट गया उसका क्या मलाल करें,
जो हासिल है, चल उस से ही सवाल करें !!

बहुत दूर तक जाते हैं, यँदो के काफ़िले,
फिर क्यों पुरानी यँदो में सुबह से शाम करें ।

माना इक कमी सी है, जिंदगी थमीं सी हैं,
पर क्यों दिल की धड़कनों को दर-किनार करें!!

मिल ही जाएगा जीने का कोई नया बहाना,
आ ज़रा इत्मीनान से किसी ख़ास का इंतज़ार करें !!

DIRECTOR'S MESSAGE



MRS. ARUNA DESAI, DIRECTOR, NIRMALA MEMORIAL FOUNDATION

She is fondly (and with complete justification) known as the Iron Lady of Nirmala Memorial Foundation College of Commerce and Science. We all have the pleasure of seeing her at the campus at some point or the other, during events and programs organized in the college. She has an aura of quiet but resolute strength, determination, and abiding vigilance as she goes about her work (read passion, of taking our college to new heights). Mentoring a massive institute offering quality education to thousands of students in several streams is not for the faint-hearted. But she does that ever so effortlessly and enthusiastically. Meet Madam Aruna Desai, Director, Nirmala Memorial Foundation (NMF) an institute par excellence shaping thousands of youngsters and empowering them through quality education, life skills, and opportunities galore.

As for knowing her more from closer quarters, well here are some amazing facts you'll be delighted to know. In Madam's own words, her journey as the Director of the college- the backbone and mentor to every single person here, has been one of the challenges, brimming with ups and downs, just like a roller coaster ride. Establishing and taking a huge institution like our college has brought her face to face with many challenges, and she emerged a winner at every step. Encountering testing times and calling them exciting is no mean feat, but she does that, and very spontaneously. Perhaps it's the presence of exceptional and finely tuned management skills that is genetic in her family that makes her such a wonderful leader and a team player. She really leads by example even though in her own words, she was a 'naughty student' in school. At the same time, she was extremely disciplined and particular about studying seriously even as a child, which is something one can't help marveling at!

As for today's generation, she finds there's a vast gap between youngsters on one side and parents and teachers on the other. She attributes it to the advances in technology available to the youngsters today, which was missing earlier. She feels that students today are more mature and smarter than ever before, although they should utilize time and technology with some restraint. And did you know that Madam's core subject has been Mathematics, our favorite, and the easiest of all? Well, it is, and that's what makes her so balanced and collected.

ACADEMIC DIRECTOR'S MESSAGE



Mrs. Sylvia Fernandes
Academic Director, NMF

Periodical reporting of the work accomplished serves as a mirror of our performance and a tool to set our goals for the next phase. We at Nirmala Memorial Foundation College of Education look for our attainments with a sense of fulfillment during these pandemic times.

This has also provided a platform to correct the distortions and has helped us to reflect on the non-achievements and objectives to attain more.

I congratulate all those who could reach their set targets and do appreciate the efforts of those who could not do so for various reasons. This academic year, the theme of our annual magazine is the current reality: The Show Must Go On. In spite of the pandemic situation hitting us extremely hard, we did not halt at anything, may it be online lectures, cultural events, Parent teachers meeting, webinars and the list goes on. The NMFCE ENIGMATIC HORIZON 2020-21 has documented and portrayed it all. I feel happy while I pen this overview of the work accomplished by the NMFC team.

I know that we must increase our pace, rigor, and rest to achieve new heights. All this is possible only with the complete cooperation of everyone in the organization. I believe that excellence is not a destination, but a journey that requires our untiring and unbridled efforts. The show has to go on. In the current scenario, where technology is rapidly evolving, Nirmala Memorial Foundation College is ready to impart education in convenient ways to help increase the knowledge and extend the literacy status of students. E-learning platform provides flexible learning experience where students need access to various learning tools, faculties need enrichment to enhance their classroom teaching, and parents, desire the overall development of their wards. Our institute aims at the holistic development of our students enabling them to acquire the competency to deliver efficient and effective use of knowledge in practical real-life situations.

Finally, I would like to conclude my message with a quote from Swami Vivekananda,

"We want that education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one's own feet."

I wish NMFCE ENIGMATIC HORIZON team ALL THE VERY BEST

Words of Wisdom

"Ultimately, education in its real sense is the pursuit of truth. It is an endless journey through knowledge and enlightenment."- APJ Abdul Kalam

Nirmala Memorial Foundation College of Education commenced its journey in the year 2008. The institution is a combination of competent teachers, an unparalleled infrastructure, and efficient Management and it has a safe environment. The institutional aura spreads its fragrance in its own aspiration and admiration.

The institution aims at providing quality training to students and ensures empowering them to be morally conscious, socially settled, emotionally balanced, and financially independent successful citizens in independent India.

Striving for a vibrant and dynamic academic atmosphere is a wholesome exercise and a challenge too. It requires the integrity of the students and teachers to work together in the qualitative processes. It necessitates honing the skills of students in diverse programs to mold them to become torchbearers for modern society. The main objective, therefore, is to make learning an enriching, fulfilling, and enjoyable experience through a multidisciplinary approach, combining theory and practice in pedagogy. The focus should be on not only 'what is taught' but also 'through the method it is taught'. Learning and teaching skills must foster critical thinking and a problem-solving attitude is imperative among the students. Hence, our persistent efforts must be to leverage the intellectual and emotional capabilities of students and encourage the ideas to celebrate diversity. It should be our collective endeavor to promote an inspirational, motivational, value-based academic and administrative environment.



**DR. TANDRA
BANDYOPADHYAY
PRINCIPAL, NMFCE**

Hence the genuine concern of our institution is to ensure students' emotional growth along with intellectual excellence. This process empowers them to develop their self-esteem, self-awareness, and self-confidence. In the present multicultural society as we have a heterogeneous culture in cosmos, respect, tolerance, equality, and honesty are some of the vital social values that build a strong and secure personality of any individual.

Therefore, the mission of our institution is to impart high-quality education and training to the teacher trainees to develop their competencies in accordance with the emerging trends in education, to provide necessary skills for meeting the social, economic, and academic needs of society. Institutions through their academic and co-curricular activities provide leadership qualities to teacher trainees to maximize their efficiency to achieve their personal, professional and institutional goals.

This academic year has been an extraordinary challenge on account of COVID-19. However, the pandemic gave an opportunity worldwide to rethink and reassess the strategies for higher education. Times of crisis ought to inspire creativity, critical reflection, transformation, and renewal. In the new normal, the challenge is to adapt, regenerate, and position the college for a strong and sustainable future.

But among all the adversities, our earnest attempt is to maintain quality education and uphold the academic accountability for sustainable development. Let us all make a promise to strive for creating a better future. Let us all invoke the blessings of Goddess Saraswati, so that we can accelerate up "Ultimately, education in its real sense is the pursuit of truth. It is an endless journey through knowledge and enlightenment." This spirit should guide our intent and actions in designing the destiny of the institution.



Mrs. Sweety Singh
Asst Professor, NMFCE

As Buddha said “ Every morning we are born again. What we do today is what matters the most”.

It's been almost two years since the pandemic struck and inspite of the difficulties and the uncertainty we as a species have adjusted and evolved showing that with resilience and hope we sail through.

*We at “Nirmala Memorial Foundation College of Education” are proud to present the college magazine “**ENIGMATIC HORIZON**”. Kudos to all the contributors for their overwhelming response and the interesting write ups that were submitted in spite of the hectic schedule of an online - offline college. Enigmatic Horizon is our effort to etch the beautiful memories of our students. The literary articles reveal the potential and the hidden talent of our students as well as teachers. I appreciate and thank everyone associated with **Enigmatic Horizon** for rendering their endearing love and support and hope this association continues for a lifetime.*

I would like to Thank our Director Madam Mrs. Aruna Desai and Academic Director Madam Mrs. Sylvia Fernandes who extended full support to us in completing this magazine successfully.

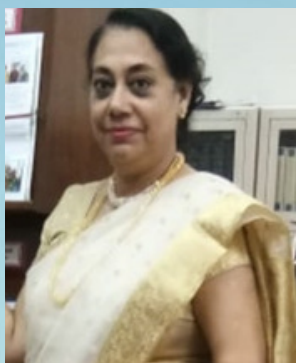
*I express my gratitude to our beloved Principal Dr. Tandra Bandyopadhyay for her enduring faith in me and entrusting the task of putting this wonderful journey together through **ENIGMATIC HORIZON**. Her unconditional support and guidance has always acted as a catalyst to bring out the best in me as an individual.*

I would like to appreciate the efforts of the Magazine Committee and the Editorial team for beautifully designing and articulating the essence of the various milestones. This is indeed a Home production and a feat.

Hope as you glance through the pages of life and swift pass the memory lane may your hearts be etched with beautiful memories created to leave an imprint which will perpetuate. Do enjoy reading it as much as we enjoyed presenting it to you and I hope this venture of ours will find a special place in the hearts of the readers. Wishing everyone a great success and a synergetic life.

Happy
READING!

PILLARS OF NMFG&



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PRINCIPAL

FACULTY



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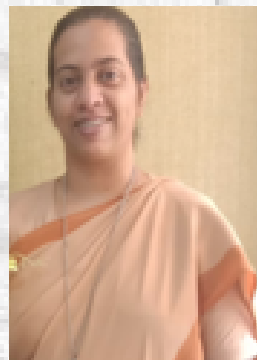
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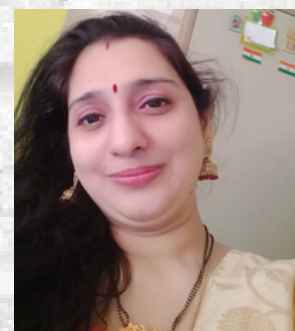
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AT A GLANCE

Orientations

Activities

Teaching and Learning

Celebrations and Festivals

TOGETHER WE MAKE A DIFFERENCE AND CREATE A LEGACY.

Committee and Student Portfolio

Guest of Honor



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EVERYTHING BEGINS WITH AN IDEA.

Inauguration

State-level webinar

Expert talk

Universal human values

Seminar on video resume and guidance

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Series of lecture

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THE WORKSHOP OF CHARACTER IS EVERYDAY LIFE.

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Value added course

Guru Pournima

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Independence Day

Akshay Urja Day

Science Club

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Hindi Bhasha Diwas

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Christmas celebration

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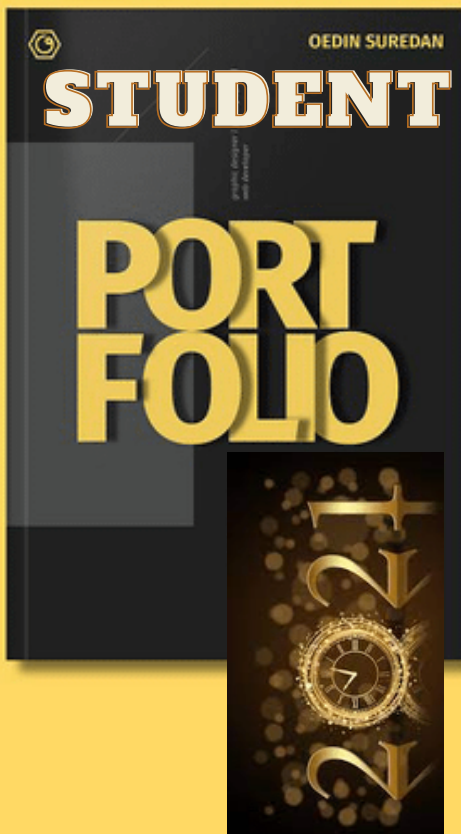
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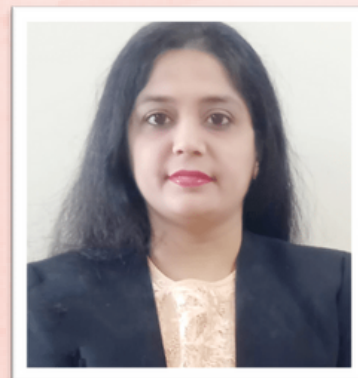
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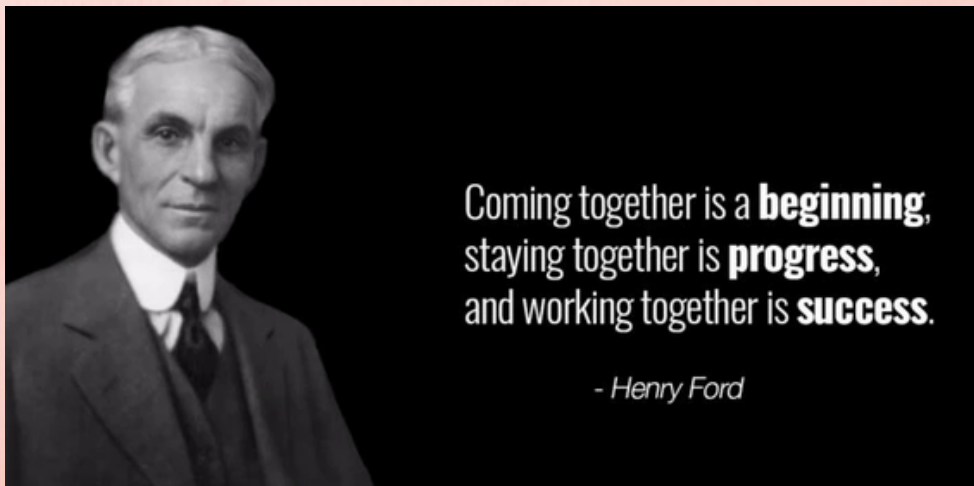
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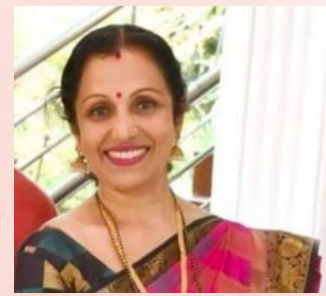
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Inauguration

Inaugural Function and Orientation for B.Ed. Batch 2020-22

Nirmala Memorial Foundation College of Education organized an Inaugural function and orientation program for newly joined B.Ed. students Batch 2020-22 which was held on 15th March 2021 on a virtual platform. The main objective of the program was to make students aware of the academic aspects of the course, the rules and regulations of the Institute and ensuring parental participation in monitoring the performance and progress of the students.

It commenced with lighting of lamps followed by Saraswati Vandana and University Song. Our respected Principal Madam Dr.Tandra Bandyopadhyay inaugurated the function and addressed all students about the importance of this B.Ed. program and about the vision and mission of the institute. She also stressed upon the importance of dedication to one's profession and proper planning for work assignments and benefits which students will get after completion of this 2 years B.Ed. program.

Professor Ms. Usha Iyer Madam gave us a brief introduction of all the faculty professors at NMFCE and oriented all students about the academic design of the first year B.Ed. Course and the University and Institute rules and regulations regarding academic matters.

This was followed by each faculty professor introducing their subject matter in brief and expectations from each student. Students were formally welcomed and introduced to the culture of the institute and university. The program ended with blessings to students by all the professors.



STATE LEVEL WEBINAR

LEARNING BEYOND ACADEMICS: EXPLORE YOUR SKILLS THROUGH SOCIAL AND EMOTIONAL COUNSELLING



**DR. SAHADAB PALOJI
PROFESSOR
ST. XAVIERS INSTITUTE OF
EDUCATION, MUMBAI**

As the coronavirus pandemic rapidly sweeps across the world, it is inducing a considerable degree of fear, worry and concern in the population at large and among certain groups in particular, such as older adults, care providers and people with underlying health conditions.

To train us in dealing with these situations a state-level webinar was organized by N.M.F.C.E from 15th May 2020 to 17th May 2020. The theme of the webinar was 'Learning beyond academics: Explore your skills through social and emotional counselling.'

The resource person for day one was Ms. Meeta Shah, a renowned counsellor, psychologist and psychotherapist. She highlighted the importance of self-acceptance and that one should never hesitate to face the real self. If any improvement is needed, one must do it for one's own health. We learnt that being flexible, adapting to changes and bouncing back with the inner strength is the key to sailing through the COVID19 crisis that the world is facing. The theme of day 2 was 'Career exploration in the pandemic era and beyond.'

The Resource person for day two was Dr. Shadab Paloji. She discussed wide variety of sub-themes as sources of career information, choosing the right career and institution, daunting challenges to the workforce of tomorrow, the effect of COVID-19 on career opportunities and factors affecting job satisfaction in the pandemic era and beyond.

Dr. Shadab Paloji focussed on strategies of disseminating career information by various ways like digital publications, career talks, film shows and many more. She mentioned about prospect of turning one's hobby into a career after undergoing self-assessment. This session helped us to take away with us a lot of positivity, strength and confidence to face any upcoming challenges in our path.

The topic of Day 3 was "Teacher as a Counsellor for Promoting Mental Health of Students" The resource Speaker was, Dr. Arundhati Chavan, Ex-Director of S.N.D.T. University, Mumbai.

She emphasized that whole Health begins with mental health. We must understand emotions and protecting children from feeling isolated and depressed. While conducting lectures.

The teacher has to act as a Mother. Teachers need to have one-on-one interaction with children. We must let the children know that they are Important. We must understand our inner Self. This session helped us to be Positive and encourage positivity among our students.

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION
WEBINAR ON

"Learning beyond Academics: Explore your skills through Social and Emotional Counselling"

DATE (15th MAY – 17th MAY, 2020)

MODULE 1:
LOOKING AHEAD – EDUCATIONAL COUNSELING IN POST QUARANTINE WORLD

Sub themes:

- Need of Educational Counseling in Post Quarantine environment.
- Tips and techniques to cope-up with Quarantine.
- Various ways to reshape Education in Post Quarantine period.
- Role of Counsellor for Educational Counseling in the crisis of Quarantine and beyond.
- Importance of Educational Counseling in Post Quarantine world.

MODULE 2:
CAREER EXPLORATION IN THE PANDEMIC ERA AND BEYOND

Subthemes:

- Sources of career information
- Choosing the Right Career, Institution (India /Abroad)
- Daunting challenge to the workforce of tomorrow
- Effects of COVID-19 on career opportunities.
- Factors affecting Job satisfaction in the Pandemic era and Beyond.

MODULE 3:
TEACHER AS A COUNSELLOR FOR PROMOTING MENTAL HEALTH OF STUDENTS

Subthemes:

- Role of teacher in fostering mental health of students during crisis
- Strategies of promoting mental health.
- Approaches/strategies for promoting positive behavioural pattern in students.

NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION, KANDIVALI EAST, MUMBAI-400101
(Affiliated to University of Mumbai, Recognized by NCTE - Approved by Government of Maharashtra)

Organises State Level Webinar
On

"Learning beyond Academics: Explore Your Skills through Social and Emotional Counselling"

Date: 15th May – 17th May, 2020
Timing- 3.00 pm to 4.00 pm

Inviting Leaders, Academicians, Educators, Researchers and Students

Registration

1. Participants must register through online link- <https://forms.gle/5A1qTNGa7gALwca>
2. Last date of registration is Thursday, 14th May, 2020 till 12.00 noon.

Instructions for the Participants

- Filling the registration form is mandatory. No registration fee.
- All sessions will be conducted through Zoom platform.
- Zoom ID and Password will be provided 30 minutes prior to every session.
- Attendance is mandatory for all sessions for the E-certificate to be issued.

Convener
Dr. Tandra Bandyopadhyay,
Principal

Coordinator
Smt. Sreety Singh,
(9820743261)

Organizing Committee

Smt. Nitisha Jha (9819476346)
Dr. Rupali Wadkar (9867431598)

Dr. Sushmita Patro (9821363338)
Smt. Shubham Patil (9350086437)



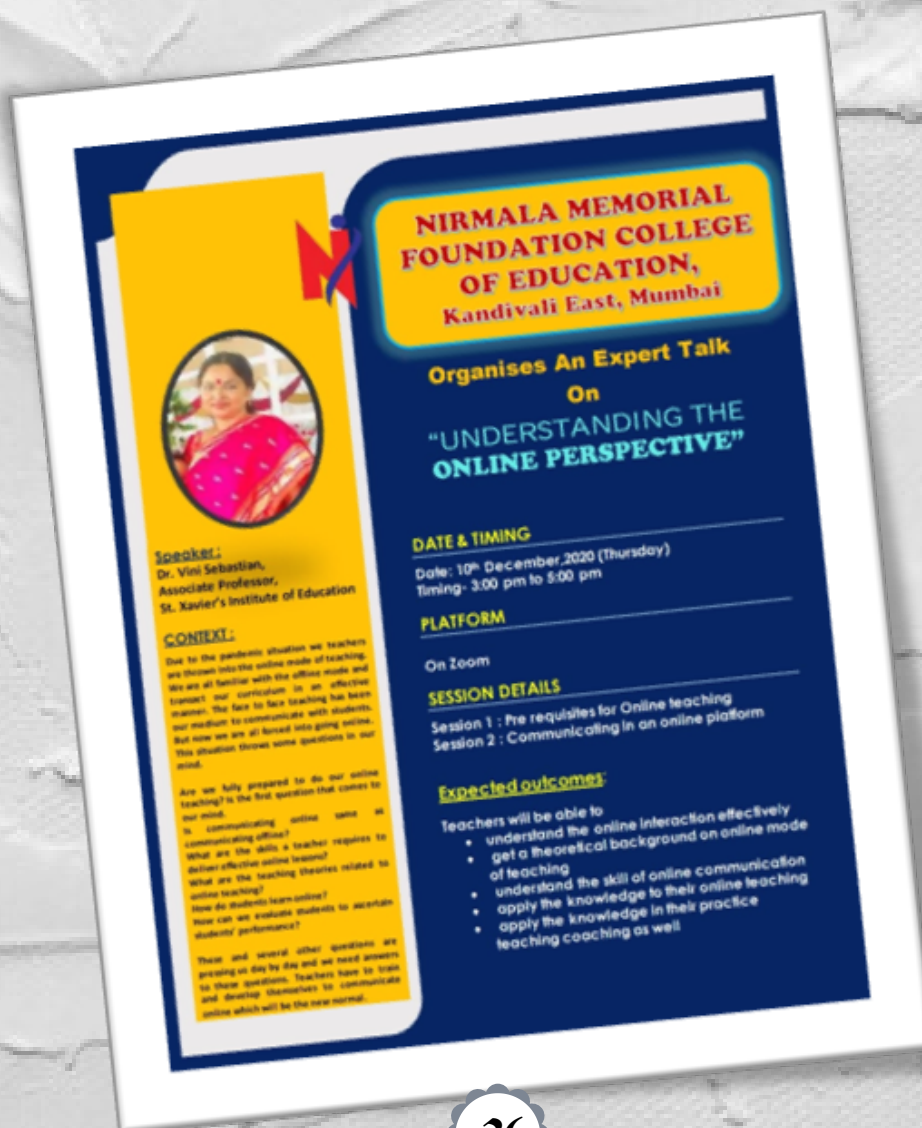
EXPERT TALK

With this sudden shift away from offline teaching to online mode due to the Covid pandemic has left teachers wondering whether the adoption of online learning will continue to persist post-pandemic, and how such a shift would impact the growth and progress of the students. To deal with this crucial topic N.M.F.C.E conducted an expert talk for the B.ed students on the topic **“UNDERSTANDING THE ONLINE PERSPECTIVE”** on **10th December 2020** from **3 to 5 pm**.

The Resource person was **Miss Vini Sabastian**, the **Associate Professor of St. Xavier's Institute of Education**. This seminar helped us to understand online interactions effectively.

It gave us a theoretical background on the online mode of teaching.

It enhanced our skills in online communication. This talk filled us with confidence and gave us the boost to embrace this new challenge with confidence and a positive attitude.



VALUES BUILD OUR LIVES

WEBINAR ON UNIVERSAL HUMAN VALUES

Values are the guiding principles of our lives. They are essential for a positive human behaviour in our lives. We the B.ed students of N.M.F.C.E were privileged to attend a webinar on Universal Human values which was conducted on zoom platform from 30th March 2021 to 1st April 2021.



Dr. Sybil Thomas was the chief speaker on day 1. She spoke on 'Universal values and its essence.' She helped us to examine our conscious and inculcated in us a sense of humanism, wellbeing of others and the nation and motivated us to transform a diseased mind into a fresh and healthy one. We understood how moral values like prudence, punctuality, hardwork and patriotism are the backbones of a contemporary Indian Culture.



On day 2, Dr. Saramma Chandy, the former principal of Lord's universal college of Education strengthened our inner desire to build a kind and a caring world through the topic "Values nad their role in Human life." She grounded us on establishing peace, building positive relationships and honouring ou traditional values like Universal compassion and respect for nature. The phrase 'Vasudhaiva Kutumbakam' echoed in our hearts as we were convinced that indeed this world is one family so the seeds of values sown today will reap a rich harvest tomorrow.





On day 3, Dr. Geeta Shetty, an associate professor of St. Xavier Institute of Education highlighted the aura created by values in the educational field as she spoke on 'promoting human values in educational institutions.' She proposed a moral code of conduct for teachers by placing the 3 questions; 'Are we faltering in any way?' 'Are we in anyway compromising on ethics and commitment?'

'Have we in anyway forgotten the nobility of educational profession?' This webinar helped us to believe that we as future teachers should allow all our activities to be driven by moral ethics by focusing on the moral actions which within motivating us to walk the path of righteousness and justice in all circumstances.



Act out of Fear- Not morality

For instance-

1. Rising early to reach office on time out of fear of removal

Is it an Act Morality?????

2. Employer sympathizes with his employees or to pay them higher wages lest they leave him

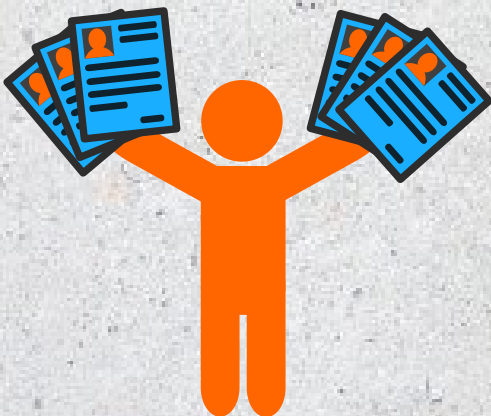
Is this an Act of Morality????

SEMINAR ON “VIDEO RESUME AND INTERVIEW GUIDANCE.”

Our resume tells a concise story of who we are as a professional. Thus, it's very important to learn to tailor a resume by recognizing our skills and responsibilities on the job description offered to us.

To learn these skills, we the B.Ed students of Nirmala Memorial Foundation College Of Education, Kandivali East attended a seminar titled 'VIDEO RESUME AND INTERVIEW GUIDANCE' which was held on 17th July 2021 on zoom platform. The resource person was Mr. Nitil Gupta, a serial entrepreneur and an international admission consultant.

Here we were taught how to create an innovative video resume. We understood the significance of highlighting our education, credentials, skills, and accomplishments on a video resume. The speaker highlighted the dos and don'ts of the interview. It helped us realize how interviews provide an opportunity for both potential employers and employees to decide if the individual's skills and character align with the firm needs and culture. Indeed, this seminar helped us to enhance our knowledge and update our skills by implementing the latest methodologies to make an appropriate video resume and master effective interview techniques.





NMFCE had organized and given the opportunity to the students and Faculty members of various colleges to get the benefit of the 10-day National level FDP Programme. The credit goes to the Principal of NMFCE



Dr. Tandra Bandyopadhyay for Leaders, Academicians, Educators, Researchers and Students.

Convenor

Dr. Tandra Bandyopadhyay

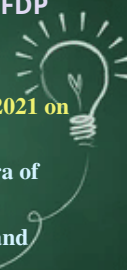
Organising Committee.

Ms. Usha Iyer, Ms. Nitisha Jha,
Ms. Navita Sood, Ms. Sweetie Singh

10 Days National Level FDP Programme

18th October to 27th October 2021 on

"Higher Education in the era of
Knowledge explosion:
Pedagogical, perspectives and
innovations"



TOPICS COVERED

- NAAC PROCEDURES I, II
- JERK TECHNOLOGY
- OPEN BOOK EXAMINATION
- ITM MODEL OF TEACHING
- CAM MODEL OF TEACHING

NAAC

**NATIONAL ASSESSMENT AND
ACCREDITATION COUNCIL**



Prof. Dayanand Sansanwal is former Head and Dean, Department of Education, Devi Ahilya University, Indore. Besides teaching at Devi Ahilya University, he taught Business Research Methods and Quantitative Techniques at the Indian Institute of Management (IIM), Indore. He has conducted more than 190 Workshops on Research Methodology, Statistics, and Use of SPSS in different colleges, institutes, and universities in India.

He has published 450 papers. He is actively dedicated to the improvement of Quality of Research in India.



It was valuable exposure and opportunity for the participants. **Dr. Dayanand Sansanwal Sir** as a resource person keeps you motivated and fills your minds with his profound knowledge of NAAC Procedures and other aspects. There was an overwhelming response from the participants from this program as it enlightened them with precious knowledge of the NAAC procedures. The seminar was conducted online via Zoom because of ongoing covid'19 restrictions.

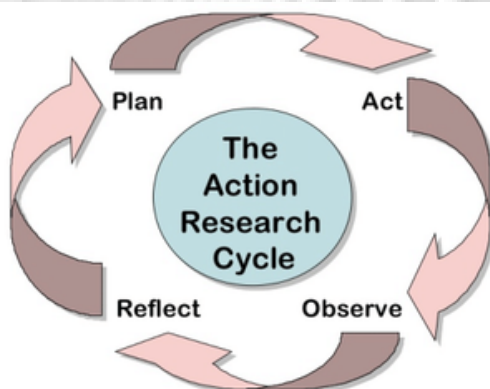
The National Assessment and Accreditation Council (NAAC) is an autonomous institution of the University Grants Commission (UGC) with its prime agenda to assess and accredit (Certify) "Quality Status" of the Universities. NAAC Accreditation is beneficial to University, Faculty Members, Parents, Students, Alumni as well as employers.

FACULTY DEVELOPMENT PROGRAM



NAAC
National Assessment
and Accreditation Council

Post graduate students and teacher educators availed the opportunity of learning about NAAC regulations and new technology invention. The FDP enlightened teachers about NAAC procedures, rules, terms and conditions of being assessed and accredited successfully. The national level training program with its pedagogical representatives and innovations informed about the different models of teaching like CAM, ITM and Open book exam. The basket of research was discussed successfully.

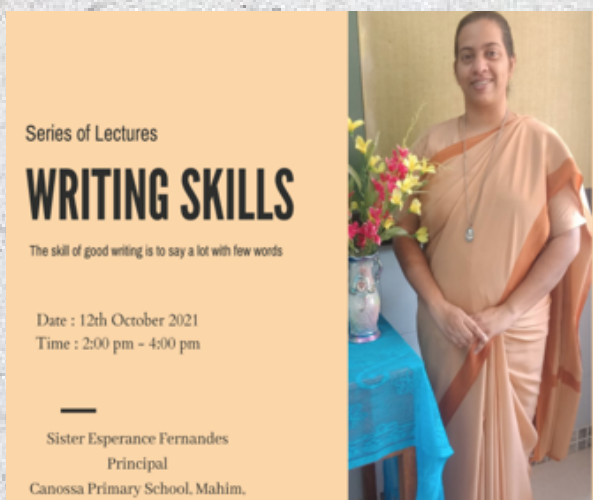
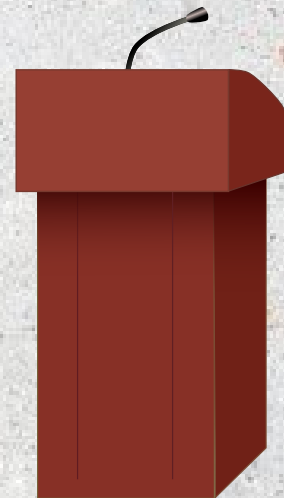
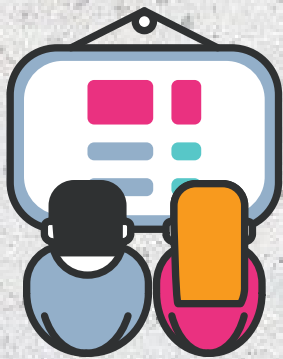
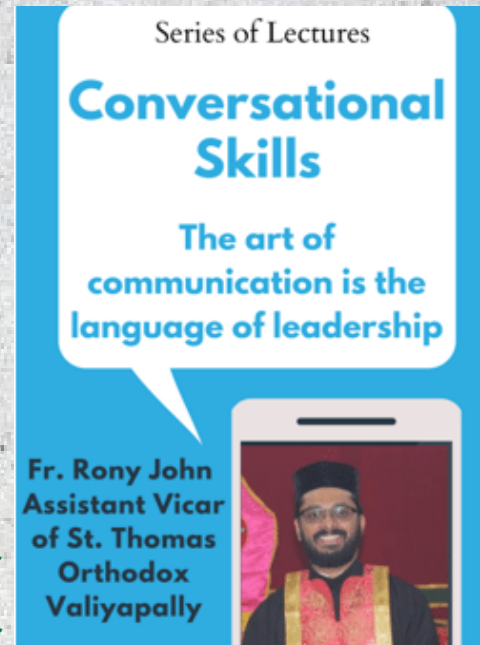


SERIES OF LECTURES

ABOUT THE WEBINAR

Nirmala Memorial Foundation of Education organized a webinar on "Lecture Series" from 11th October 2021 to 16th October 2021.

Conversations are key to language development, the exchange of thoughts and ideas and listening to each other i.e Communication. Speaking English allows you to actually broaden your world, from job opportunities to the ability to relate to people from every country. This webinar taught us how to focus on our outcome, tune in to our audience, and develop our messages for clarity and impact. Our ability to create an environment for open discussion and ongoing dialogue is crucial for communication success. The communications skills covered can increase our ability to exercise choice and control for every type of conversation, influence without authority, and improve the quality of relationships and productivity.



Writing Skills is very important as students use it throughout their academic career. In addition, writing skills help students with their vocabulary skills. A PowerPoint Presentation was shown to us, where different types of Writing Skills were explained to us in brief, such as Persuasive Writing, Narrative Writing, Letters and Memos, Easy Writing, Free Writing etcetera. Nonetheless Writing Skills are very useful to us in our day to day lives.

The teacher has to provide high quality, holistic support and focused involvement with the children with special needs based on a joint perspective, mutual understanding and networking. Teachers with the support of the Principal of the School, colleagues, Special educators and Parents should develop effective ways of overcoming barriers to learning and supporting effective teaching through observing the quality of teaching and standards of pupils' achievement and by setting targets for enhancement. It is the teacher who sees new and innovative ways in order to fulfill the educational, social and emotional needs of children with special needs. Whatever may be the type of resource room the teacher with her commitment, skill and knowledge can redesign it into useful, creative and interesting. One of the main roles is to support the teacher in meeting the needs of children with special needs.



The Four Pillars of health is much like a car with four wheels, we all need each wheel to work to propel us forward towards our purpose. We also need each component to be whole so that we can drive there in a balanced manner without wearing ourselves out. The reason we choose the four pillars of health as a model to work with personal development is that it is laying the foundation from which all other processes can grow from.

Counselling practices that are child- and family-centered and that take also into consideration the needs of the educational staff for emotional support and professional guidance seem to be the most effective in responding to children's problems. Disruptive or challenging behaviours, developmental disorders, learning difficulties, bullying and school violence are among the wide range of students' problems and challenges teachers are dealing within the contemporary educational context. Many studies and clinical reports have shown that students' developmental disorders and externalizing problems increase teachers' stress and "confusion", reducing their professional competence and jeopardizing the teacher-child relationship which is a critical factor in children's at-risk psychosocial development.

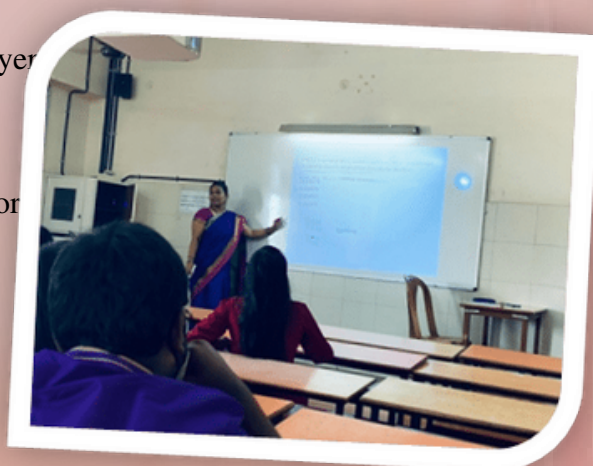


B.ED. C.E.T

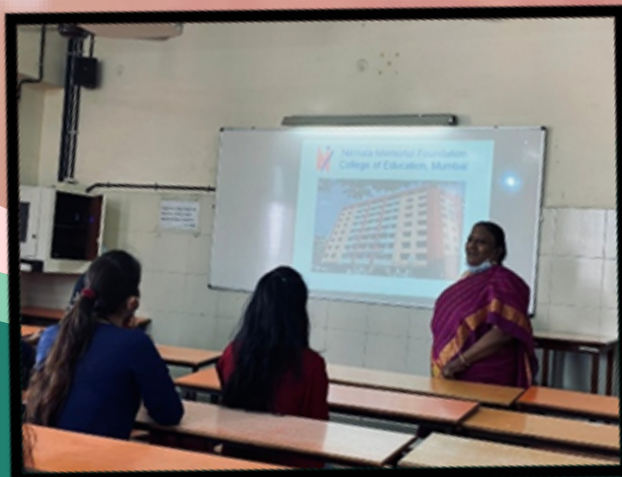
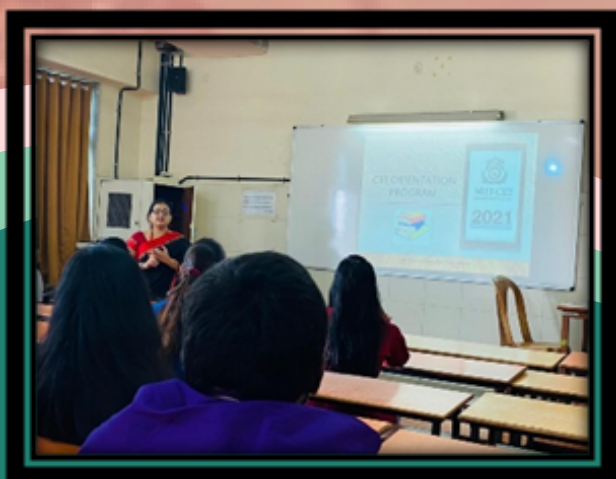


Nirmala memorial foundation college of education organized an Orientation for the B.ed C.E.T exam, on 10th August 2021 designed to answer questions of the students and to provide solutions to their various doubts and queries about the C.E.T exam.

Our Principal Madam Dr. Tandra Bandopadhyay along with the team of Professors, Madam Usha Iyer, Madam Damanjit Rihal, Madam Nitisha Jha, Madam Shubham Patil, Madam Navita Sood, Madam Sweety Singh were the resource persons for this orientation . They explained how by planning appropriately and studying regularly will lead to successful completion of B.ed C. E.T.



They explained the three sections of MAH B.Ed C.E.T 2022 Exam Pattern, i.e. Mental Ability, General Knowledge, and Teacher Aptitude. Thus the students were directed and were made known the details of MAH B.Ed CET entrance exam.



They gave the following tips for preparation:

Keep yourself updated with the daily news and happenings around the world.

Read some of the best general knowledge books.

Solve one mock test for teaching aptitude every day over the internet.

Solve questions from general teaching aptitude books.

Students were greatly benefited from this orientation programme. Thus it gave an impetus to the students to confidently look forward and succeed in their future endeavors.



ASSEMBLY



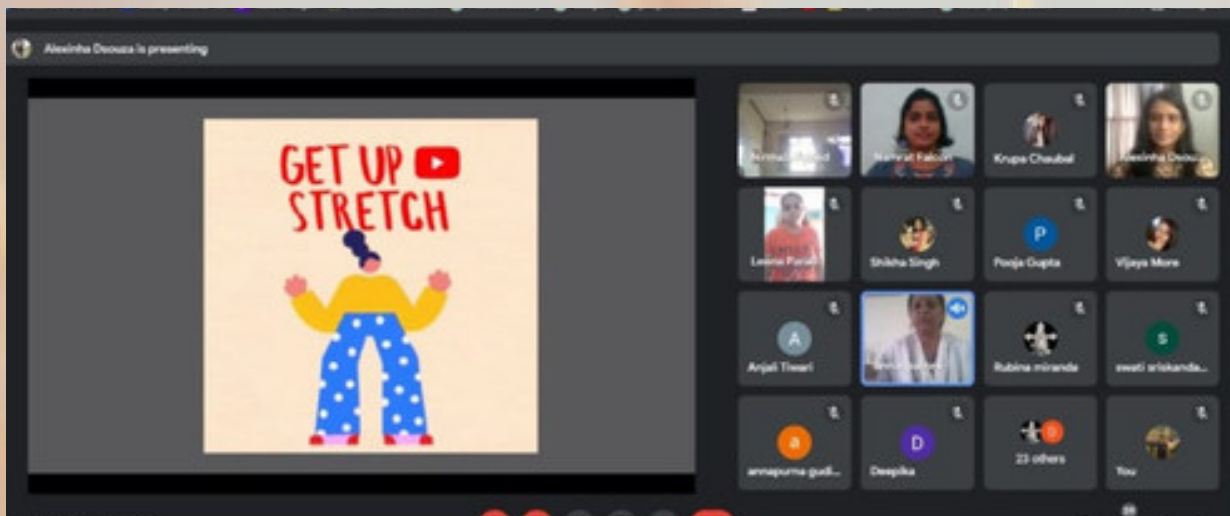
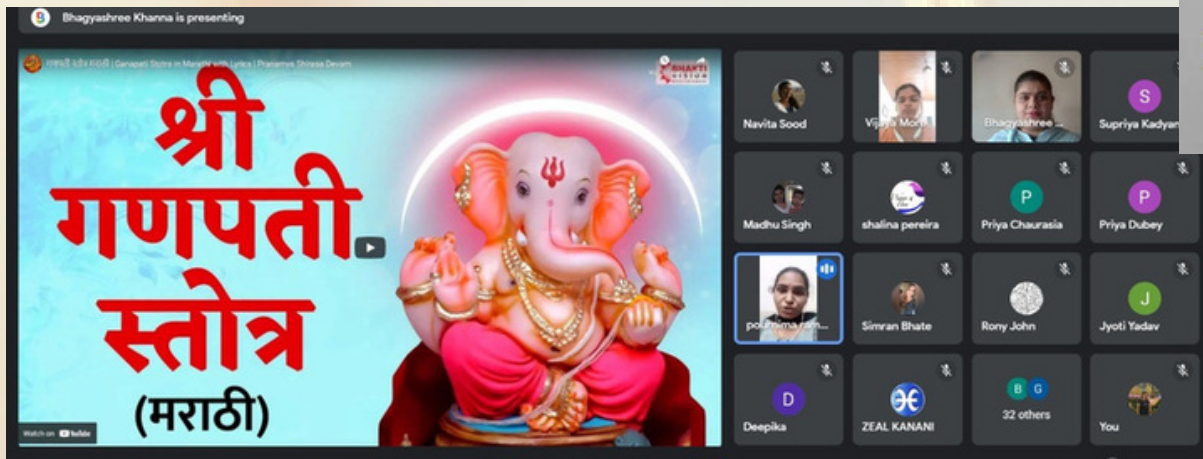
The enthusiastic students of Nirmala College of Education gathered every day for a virtual assembly on the Google Meet. The morning assembly undoubtedly holds the most important position out of all the routine activities. It not only develops awesome social skills but also inculcates the value of oneness and love for each other. It aids community participation as well as sharpens the skills of children on account of healthy competitive spirit between different groups. It is that encouraging platform for the young minds, boosting their confidence towards public speaking and imbibing a feeling of team spirit.

The duration of the assembly would be around 10-15 minutes but the impact of its goodness was long-lasting. The assembly always commenced with Prayers which is believed to provide peace and serenity to all the minds and souls.

The assembly was a great package of a huge number of activities or events. The events included Saraswati Vandana, Ganesh Vandana, thought of the day, Meditation, Yoga, stretching exercise, Zumba, Eye exercises, Laughter Yoga, Daily News, The speaking tree, Mumbai University anthem song, breathing exercises, Pranayama, and many more. The list is endless. Special days like World Ozone Day, Sign Language Day, First Aid Day, etc added to the glory. The students had put up mesmerizing performances. The energy and the grace of the performances were contagious which left the audience in awe of them. This in turn motivated each and every student to be a part of the magnanimous events of the assembly.

Students were very happy and looking forward to new opportunities which would enrich them with wonderful experiences and learning. The hurdles faced by them were always solved by their ever-supporting teachers. Students got a number of ideas from them. Their motivational gestures gave immense energy to the students to perform better each day. Respected Usha Ma'am and all our Professors had been always in touch with the students and used to guide them at any hour of time. No one would ever believe that the virtual assembly would be such a big hit amidst the Pandemic.

Our Principal Dr. Tandra Bandhyopadhyay use to address the assembly and motivated the students with her encouraging words of wisdom. The assembly used to culminate with the rendition of the National Anthem.



Bhagyashree Khanna is presenting

PRAYER

PRAYER IS PUTTING ONESELF IN THE HANDS OF GOD

Debiham Patel

Bhagyashree Khanna

Pournima Ramachandran

Nayana Shinde-TR

Divya Agarwal

Sandesh Mall

Zareenah Farooq

Latika Penkar

Vijay Nair

Sara Fernandes

24 others



Mistakes are the stairs we climb to reach success.

Tim Fargo

Shubham Patel

Shubham Patel

Pooja Singh

Vijay Singh

Pratyusha Yadav

Gaurav Dubey

Nayana Shinde Tri...

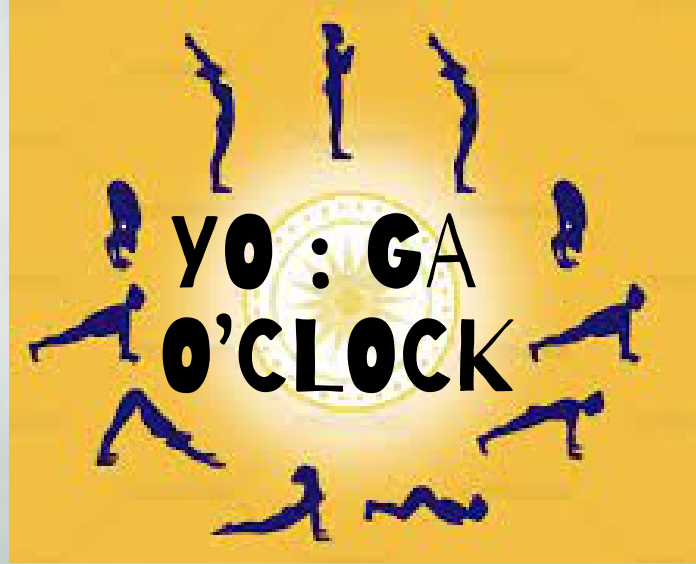
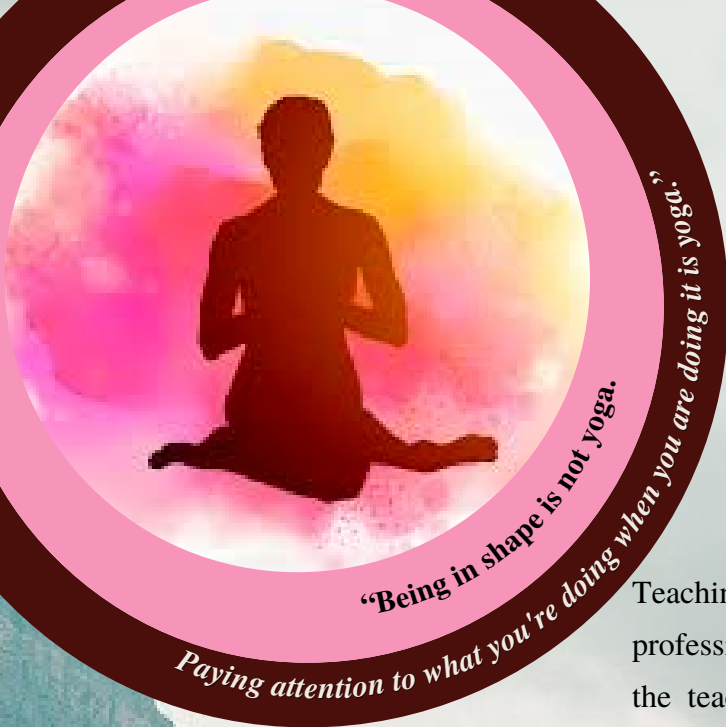
Janisha Gonsalves

Latika Penkar

Kranul Rajguroshi

36 others

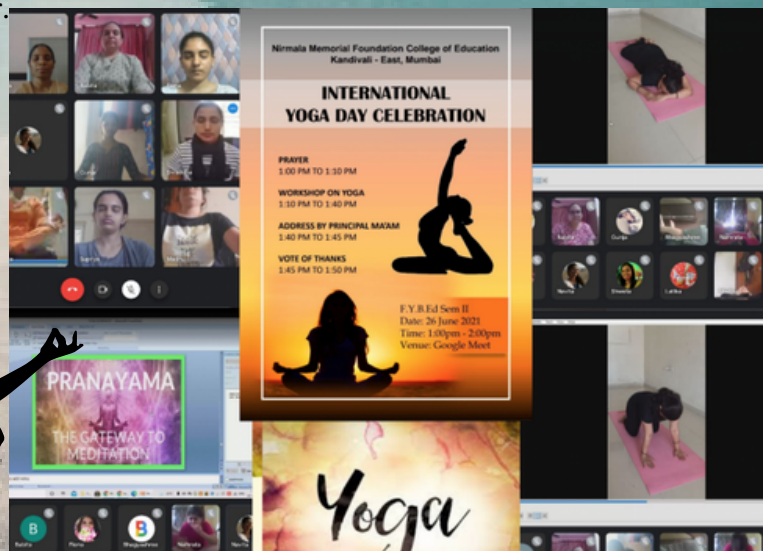
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Teaching is considered to be one of the most stressful professions chosen by many in India. Stress experienced by the teachers is steadily increasing due to many additional roles and requirements from the institute, boards of education, and universities etc.

Not only do teachers have to deal with occasionally difficult students, but they have to work long hours to correct papers and develop lesson plans on top of spending six-to-eight hours in the classroom every day. Even the happiest and most well-adjusted teachers working in the most low-key classrooms can feel like all of it is too much. This is where yoga and other meditation techniques can help. Taking a short meditation break during the day and attending regular yoga classes can help teachers greatly reduce their anxiety level and give them the energy they need to interact with their students.

The session consisted of an orientation and warm up exercise. Orientation was the backbone of the session because it gave the student-teachers the real picture of what exactly the stress is and why it is important to manage it at the right time. It also showed them how one can handle them with asana. Simple to complex asanas like Tadasana, Vrikshasana, Ardhamahalasana, Uttanpadasana, Pranayama, Kapalabhati were taught to us along with their right form and importance. These asanas really help the student-teachers to manage their stress. This session was conducted by Ms. Shraddha Chavan and Ms. Usha Iyer.





Nirmala Memorial Foundation College of Education celebrates all festivals with great enthusiasm and zeal. The most colourful and vibrant festival of India – Holi was celebrated with splash of colours in NMFCE. Holi is the great festival of colours, celebrated every year by the people in India with great pomp and fervour. Holi festival falls every year in the spring season in the month of March. The dominant idea behind Holi is to spread the message of harmony. Our Principal Ma'am Mrs Tandra Bandhopadhyay graced the event with her presence.



The students of NMFCE started the celebration with Saraswati Pooja, they enacted a play depicting the story of HolikaDahan, and also showed how the festival is celebrated in different parts of India.

The students had prepared a spread of mouth-watering delicacies and everyone had a great time. Active participation and support from our Principal ma'am and teachers made this event a grand success.

The celebration made many of them to appreciate their strong connections with different cultures. During the celebration, both students and faculty felt a sense of togetherness and goodwill.





A public speaker has three primary goals when delivering a speech: to inform, to convince and to persuade his/her audience. **Nirmala College** helped it's students to formulate a well-crafted speech with these three elements which could benefit an audience with a new set of information or a new perspective, which further could boost the speaker's confidence and create new opportunities.

The Highlights.

IMPORTANCE OF PUBLIC SPEAKING

According to the textbook "Public Speaking: Practice and Performance," by Cengage Learning, a person's self-confidence improves as he/she becomes an effective public speaker. Those skills can help improve a person's comfort level around others and can be used to make a difference in a School learning environment or community. Public speaking can also be used as a charitable act or a highly profitable venture. and for regular speaking engagements, such as Anchoring on School events, presenting board meetings, P.T.A meetings or other events.

TO INFORM

According to "Public Speaking: Practice and Performance," the primary purpose of speaking to inform is sharing knowledge and mutual understanding, answering questions such as who, what, when, where, why, how to, and how does. The success of the speaker's attempt to inform is measured by how well the audience understands, retains and applies topic ideas to their own lives. This further was evaluated in our college by delivering effective lessons through this strategy.

TO CONVINCE

To convince an audience is to cause someone to believe something --- whether it is a voting interest, educational choice or training pupils for debates and competitions. Within public speaking, convincing an audience is a foundational goal because it implies the speech's information was gathered and delivered effectively, and it also paves the way for the third goal, persuading the audience.

TO PERSUADE

In the excerpts "Concepts and Skills for a Diverse Society," materials for a speech intended to persuade must be able to cause someone to act in support of the position on a topic. A speaker learned how to inform his/her audience about a topic and influence them to agree and sometimes take action. For a person to act upon a belief, the inner belief system must effectively align the speech's message, and their passion must be stirred, which requires impeccable material, structure and delivery.

SOFT SKILLS TRAINING.

At Nirmala College a training in Soft Skill entailed working on personal attributes, communication abilities, personality traits, etc. which are important socially and professionally. These skills helped us with a lot of things in the Teaching-Learning process. Soft skills play an important role in the success and growth of an individual. It is important for the future Teacher to be able to interact well with others as every profession and role includes interacting with the persons eg: Parents, Students, Principal and the Manager, N.G.O's, other School etc. Employees with good soft skills are also very adaptable to the role and environment irrespective of the field or industry. They are deemed as efficient candidates by the employers.

The topics entailed Time Management, Problem solving, Leadership, Conflict Management, Self Motivation, Getting a job source of career information, Drama and art as a teaching too, Emotional Intelligence, Personality Development.

COMPUTER SKILL TRAINING.

Proficiency in computers is an absolute requirement for success in today's technology-driven environment. Basics of computer, MS Office, E learning, Video making and Editing were the highlights. Overall the students grasp and exchange knowledge with the recent development in technology.





Nirmala Memorial Foundation College of Education celebrated the auspicious occasion on Guru Purnima day.

This day we revered our Gurus who are our role models and inspiration. Guru is not only a physical form but also a form of energy by which knowledge is transmitted to the individuals. There is an aura that can be only felt in the presence of Guru. Guru could be our parent, the guide of our life and be the core of peace in our minds. This is why, we celebrate Guru Purnima and dedicate the respect of its being.

Guru represents Gu(darkness) Ru (Remover) Therefore Guru is the remover of darkness.

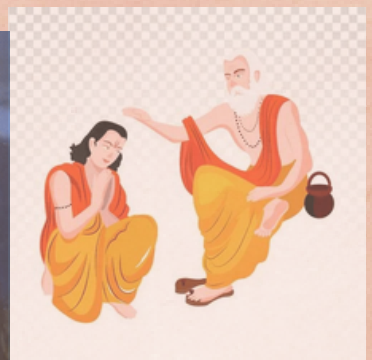
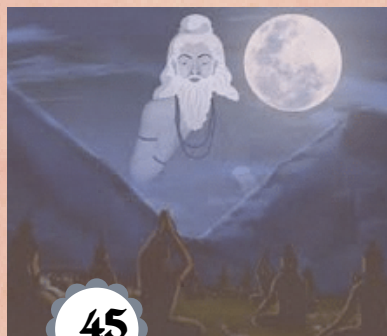
We welcomed our Principal and Teachers highlighting their importance and presence that makes a difference in our lives through prayer followed by lighting of the lamp.

The shlok and meaning of the celebrations led us to open our hearts and minds to something that is precious, divine intervention, the speech evoked the goal and mission as future gurus who will sow seeds of love, peace and tolerance in all.

The Principal's address inspired us to keep our eyes fixed on the goal and our calling for a higher purpose. Invoking the presence of the divine we had the virtual presentation of the Guru Padukas. By performing puja of the Guru's Padukas which is a rare and blessed opportunity for all.

We offered our reverence to the teacher who has conveyed the teachings in word and example of the Eternal Vision and Truth, and to the Divine potential ever-present within us. The puja of the Guru's paduka is an expression of our devotion to the Truth that Guru symbolized. A Guru stands on his sandals (padukas) and also on the strength of his wisdom. So traditionally the worship of guru-paduka has been an adoration of spiritual wisdom.

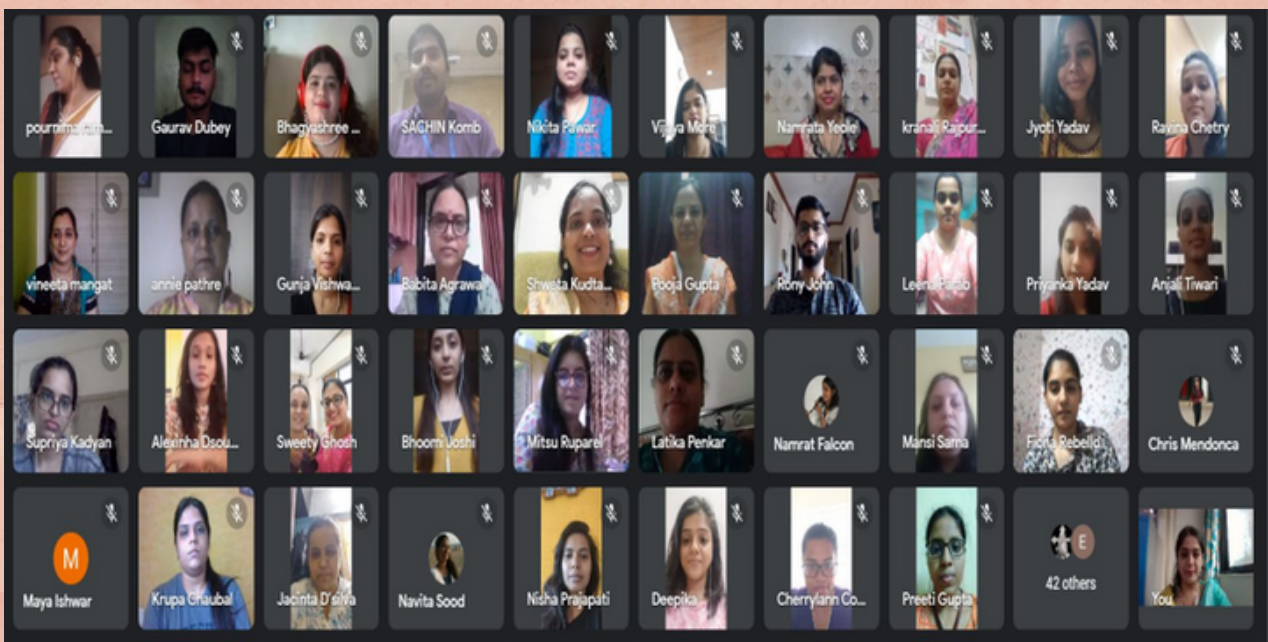
We had our classmate Ms. Alexinha D'souza performed the kathak dance accompanied by Guru Mantra, it was a synergy of love and reverence emanating from the heart of each pupil desiring to follow the pathway of our Teachers who make a difference in our lives by their sacrifice and dedication. Through Guru Vandana we offered our sincere gratitude to all our gurus for showering us with their blessings and wise direction.





The intercultural and secular celebrations were highlighted further grasping how Guru Purnima is celebrated in Buddhism, Jainism and Sikhism. We truly have a rich culture that hands over the tradition and the wisdom of the ages passed on not only through spiritual gurus but also academic and cultural Gurus.

The Hindi revelation, Sanskrit shlok, Story, Power point Presentation and quotes created symphony of visuals and the celebration was indeed a “Kairos” to plunge in and pool in together our love, appreciation and reverence to all our Gurus who do not leave any stone unturned to make our lives more meaningful.





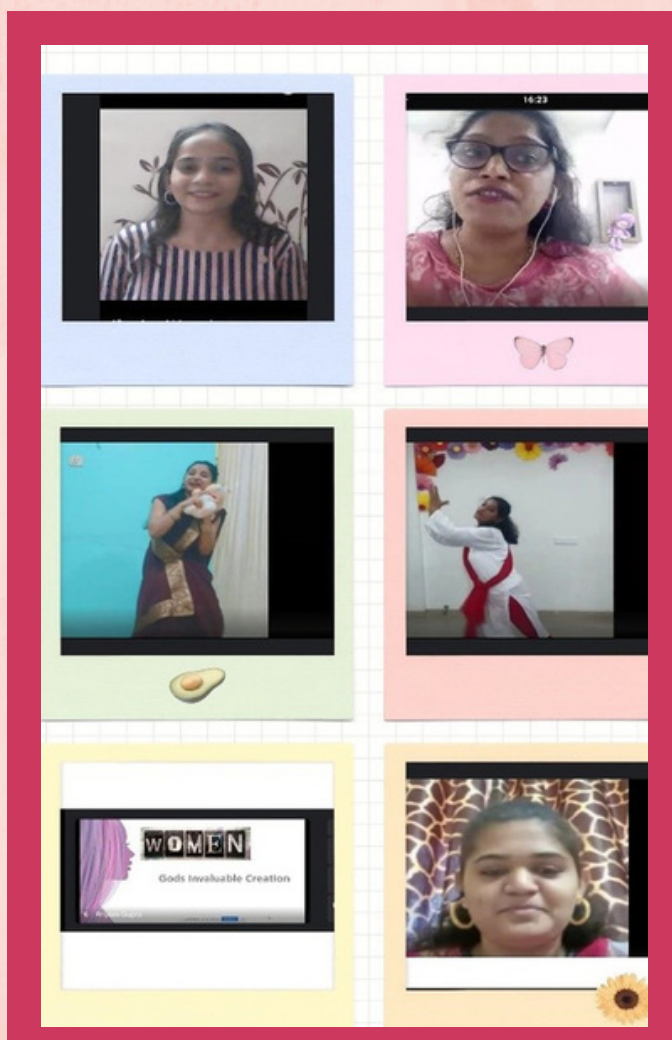
International Women's Day (IWD) celebrated on 8th March, is a global day celebrating the social, economic, cultural, and political achievements of women. IWD is one of the most important days of the year to:

- celebrate women's achievements
- raise awareness about women's equality
- lobby for accelerated gender parity
- fundraise for female-focused charities

The campaign theme for International Women's Day 2021 was 'Choose To Challenge'. A challenged world is an alert world. And from challenge comes change. Purple, green and white are the colours of International Women's Day. Purple signifies justice and dignity. Green symbolizes hope. White represents purity, albeit a controversial concept.

Nirmala Memorial Foundation College of Education celebrated Women's day virtually with full enthusiasm. A welcome video was played followed by virtual lighting of lamp. The student anchor greeted and welcomed everyone. PowerPoint presentation was presented, highlighting the currently famous, popular and incredible women who have contributed and brought our country into the limelight. A poem was recited on the hardships faced by women of today's society. Some students performed solo dance. One of the students spoke on their day-to-day lives with their children and a distinct connection to the contemporary era of playing roles of a sister, daughter, mother and grandmother and how to express our gratitude by being humble towards them and letting the action speak.

A video of international Women's Day was played conveying a message, asking the reason why this day is celebrated in specific. The event was winded up with a memorable speech by Professor Usha Iyer. Lastly, formal vote of thanks was given followed by National Anthem.



Celebration of this day highlighted the importance and value of a woman. The event made them hunt for their hidden talent. The information shared in the program added to the existing knowledge about International Women's Day. Lots of excitement and energy was observed in the performance of each participant. The student-teachers proved that women will not be at the back stage anymore, they are fully fledged in every work they do.

INDEPENDENCE DAY CELEBRATION

Independence Day is celebrated annually on 15 August as a national holiday in India. On each subsequent Independence Day, the Prime Minister customarily raises the flag and gives an address to the nation. The entire event is broadcasted on television by various channels. The event usually begins with the shehnai music of Ustad Bismillah Khan. Independence Day is observed throughout India with flag-hoisting ceremonies, parades, and cultural events. As it was pandemic time and we were confined to our homes, we celebrated Independence Day virtually. An online invitation card and a video were prepared by a couple of students and forwarded to the Principal madam, teachers, and students.

The event started by playing the shehnai music of Ustad Bismillah Khan. A welcome note was delivered and virtual lighting of the lamp was carried out. A virtual flag hoisting ceremony was held and we salute our flag with the feel of patriotism.

Then followed the Dhvaj geet, a student sang the Dhvaj geet. National Pledge & Pledge for ourselves was delivered by a couple of students. Our Honourable Principal madam gave a motivational speech to be proud of our nation and shared with us the real meaning of Freedom. The constitution of India was read. Patriotism song was sung and three solo dances were performed by our talented students.

EVENT PICTURES



A student special video of the song, 'Mile Sur Mera Tumhara' was prepared by some students to promote national integration and unity in diversity. It was the attraction of the event. The participants performed in the video by lending their beautiful voice.

One of the faculty Madam Usha Iyer also participated in the same. The participants recorded their video with costume of various cultures. Finally, Vote of Thanks was delivered by all teachers. Group pictures were clicked at the end of the event.

The programme was celebrated with bliss and the feel of patriotism. It was full of energy and excitement. The event truly promoted national integration, as we planned, organised and celebrated the event successfully from the comfort of our homes. It led us to feeling of oneness and togetherness although being apart from each other.

Mile Sur Mera Tumhara





In this COVID 19 outbreak, the world came to a standstill and we also got to witness the transformation in our environment due to all the developmental activities. We became more aware of the deterioration of the environment caused by human influence on it. The idea and objective of celebrating this day is to promote the utilization of renewable resources of energy, to acknowledge environmental conservation, to address the society with a healthier & cleaner environment at affordable cost.

From solar energy, wind energy to tidal energy, all are available for free in nature and are non-exhaustible. Like it is said “All the Best Things in Life are free”. First Shweta Kudtarkar (the anchor of the program) commenced the Akshay Urja Divas Program, after greeting the respected Principal Ma’am Dr. Tandra Bandyopadhyay, all the Professors and the students of N.M.F.C.E, started viewing about the COVID-19 outbreak and the human influence on it. “We are constantly polluting our nature by some way or the other by making the use of nonrenewable energy resources, So it indeed was an occasion to come together to celebrate this awareness raising day on the occasion of Indian Akshay Urja Divas or Indian Renewable energy day, which is celebrated on 20th August Since 2004, In memory of our Late Prime Minister Mr. Rajiv Gandhi” She introduced Our Principal and President of Science Club Dr. Tandra Bandyopadhyay virtually inaugurated the program. She told that the idea and objective of this celebration is to promote the utilization of this renewable energy.

Mr. Sandesh Mali through his welcome speech, welcomed the Principal Madam Dr. Tandra Bandyopadhyay as well as president of NMFCE Science club, Vice president of NMFCE Science club, Mrs. Shubham Patil, Secretary of NMFCE Science club Mrs. Damanjeet Rihal, Co-ordinator of NMFCE Science club Mrs. Usha Iyer, Advisor of NMFCE Science club Mrs. Navita Sood and Advisor of NMFCE Science club Mrs. Sweety Singh.

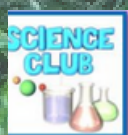
Ms. Madhu Singh did the honors of Saraswati Vandana and lighting of the lamp. Our honorable principal madam Dr. Tandra Bandyopadhyay officially inaugurated the NMFCE Science club and to addressed all the participants. Principal Madam thanked all the students and all the teachers In-charge. She said that we should have more club activities like English literature club etc. The Akshay Urja Title Song was played, followed by prayers of energy by Ms. Simran Bhate. Ms. Alexinha D’souza said the green pledge on behalf of all the participants. After the pledge Ms. Bhagyashree Khanna highlighted the importance of Akshay Urja through her speech.

The Secretary of NMFCE Mrs. Damanjeet Rihal addressed about the significance of science club. She said that the science club is necessary in all the schools and colleges to keep curiosity in students. The Vice- President of NMFCE Science Club Mrs. Shubham Patil scanned through the various activities and highlighted about the NMFCE Science club. She said that "NMFCE Science Club is one of the better platform for the NMFCE students to realize their scientific skills, knowledge and fulfill their quest in doing science activities.

Ms. Pournima Ramchandran recited the conservation of energy. Ms. Gunja Vishwakarma presented the importance and significance of different sources of renewable energy. She said,"Akshay Urja Diwas is on awareness campaign about the development and renewable energy in India."

Ms. Shweta Kudtarkar presented slogans on energy conservation. She said, " Let's Start choosing renewable energy, it will give us a better tomorrow." Ms. Esperance Fernandes sang the renewable Green energy song. Ms. Rakhi Kansara conducted a quiz of renewable energy, the winners for the same were - 1st place-Mr. Sandesh Mali,2nd place - Ms. Simran Bhate, 3rd place - Ms.Bhagyashree Khanna. After the quiz we had Ms. Upasana Shedha giving the vote of thanks.

MEMBERS OF THE SCIENCE CLUB





**PRINCIPAL,
DR. TANDRA
BANDYOPADDHAY
PRESIDENT OF NMFCE
SCIENCE CLUB**



**MRS. SHUBHAM PATIL
(ASSISTANT
PROFESSOR)
VICE-PRESIDENT OF
NMFCE
SCIENCE CLUB**



**MRS. DAMANJEET RIHAL
(ASSISTANT PROFESSOR)
SECRETARY OF NMFCE
SCIENCE CLUB**



**MRS. USHA IYER
(ASSISTANT PROFESSOR)
CO-ORDINATOR OF NMFCE
SCIENCE CLUB**



**MRS. NAVITA SOOD
(ASSISTANT PROFESSOR)
ADVISOR OF
NMFCE SCIENCE
CLUB**



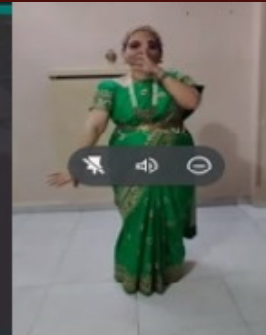
**MRS. SWEETY SINGH
(ASSISTANT PROFESSOR)
ADVISOR OF NMFCE
SCIENCE CLUB**

Happy Teacher's Day

TRAILBLAZING TEACHER'S DAY CELEBRATION



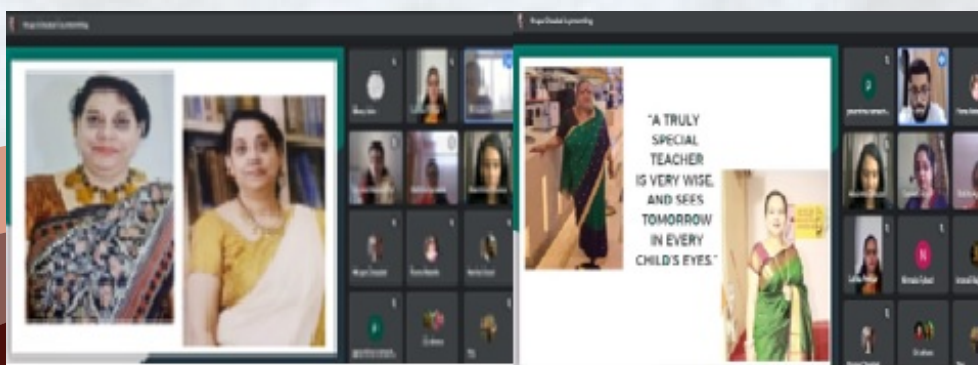
Amidst the pandemic, NMFCE didn't leave any stone unturned to celebrate one of the most memorable days to praise the transformative role of a teacher which is played in a student's life.



Teachers spend all their years educating the students and helping them to become better human beings. This day was solely dedicated to the teachers and their contributions. Students showed gratitude to these great human beings who shape them in innumerable ways. Every student tried to show their honor for their Principal Madam and Teachers.

The program was enriched with heart touching thoughts, mesmerizing enactments, graceful dances and lots more.

Teachers hold the real knowledge, empathy and generosity for their students. Similarly, even the students have a great respect for their GURUS. Indeed, it was a remarkable day....



HINDI BHASHA DIVAS CELEBRATION

Hindi Bhasha Diwas was celebrated with great enthusiasm at Nirmala Memorial Foundation College of Education. Students of F.Y.B.Ed. batch 2020-22 – celebrated Hindi Diwas on 14th September, 2021 on virtual platform as a mark of acknowledgement of HINDI as the National Language, under the guidance of your beloved professors Ms. Navita Sood madam and Ms. Usha Iyer madam. Both teachers and students collectively worked on executing this celebration.

The celebration began with lighting of lamp and prayer by Ms. Seema Yadav followed by speech given by Ms. Namrata Yeole and Shikha Singh. The history and significance of the Hindi Diwas day was given by Sr. Steveena Lopes. Kabir ke Dohe and attractive quotes on Hindi diwas was presented by Ms. Divya Agarwal and Ms. Preeti Gupta respectively, wherein the audience were enthralled & spellbound with the fluent language spoken by the students.

Ms. Babita Agrawal mesmerized audience with her song - “Hindi Hindustan Ki Dhadkan”. Beautiful poems were recited by Ms. Madhu Singh, Ms. Latika Penkar, Sr. Esperance Fernandes and Ms. Shreya Tanna. This was followed by an interesting quiz session by Ms. Shalina Pereira. Last but not the least a vibrant solo dance performance was done by Ms. Alexinha D’souza on “Hindi Maa Ki Bindi”, Ms. Bhoomi Joshi on “Hindi Bhasha Rashtra Ki Bhasha” and Ms. Shruti Palsamkar on “Des Rangila” which was well appreciated & loved by the audience as well.

All the performances were based on importance of Hindi language in our daily life and urged everyone to feel proud of our National Language Hindi. Language and culture of any country plays an important role in making people-to connect with the people & helps in making a strong nation. Thus, the celebration concluded with a positive note and vote of thanks.



By Madhu Singh (F.Y.B.Ed.)

हिंदी इस देश का गौरव है, हिंदी भविष्य की आशा है
हिंदी हर दिल की धड़कन है, हिंदी जनता की भाषा है
इसको कबीर ने अपनाया
मीराबाई ने मान दिया
आज़ादी के दीवानों ने
इस हिंदी को सम्मान दिया
जन जन ने अपनी वाणी से हिंदी का रूप तराशा है
हिंदी हर क्षेत्र में आगे है
इसको अपनाकर नाम करें
हम देशभक्त कहलाएंगे
जब हिंदी में सब काम करें
हिंदी चरित्र है भारत का, नैतिकता की परिभाषा है
हिंदी हम सब की खुशहाली
हिंदी विकास की रेखा है
हिंदी में ही इस धरती ने
हर ख्वाब सुनहरा देखा है

हिंदी हम सब का स्वाभिमान यह जनता की अभिलाषा है



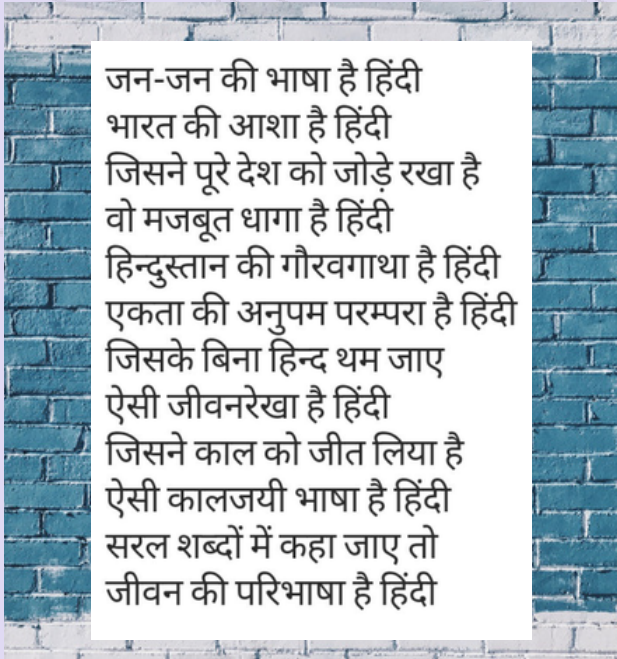
- By Latika Penkar (F.Y.B.Ed.)

हिंदी हमारी आन है हिंदी हमारी शान है
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

हिंदी हमारी वर्तनी हिंदी हमारा व्याकरण
हिंदी हमारी संस्कृति हिंदी हमारा आचरण
हिंदी हमारी वेदना हिंदी हमारा गान है।
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

हिंदी हमारी आत्मा है भावना का साज़ है
हिंदी हमारे देश की हर तोतली आवाज़ है
हिंदी हमारी अस्मिता हिंदी हमारा मान है।
हिंदी हमारी चेतना वाणी का शुभ वरदान है।

जब तक गगन में चांद, सूरज की लगी बिंदी रहे
तब तक वतन की राष्ट्रभाषा ये अमर हिंदी रहे
हिंदी हमारा शब्द, स्वर व्यंजन अमिट पहचान है।
हिंदी हमारी चेतना वाणी का शुभ वरदान है।



जन-जन की भाषा है हिंदी
भारत की आशा है हिंदी
जिसने पूरे देश को जोड़े रखा है
वो मजबूत धागा है हिंदी
हिन्दुस्तान की गौरवगाथा है हिंदी
एकता की अनुपम परम्परा है हिंदी
जिसके बिना हिन्द थम जाए
ऐसी जीवनरेखा है हिंदी
जिसने काल को जीत लिया है
ऐसी कालजयी भाषा है हिंदी
सरल शब्दों में कहा जाए तो
जीवन की परिभाषा है हिंदी



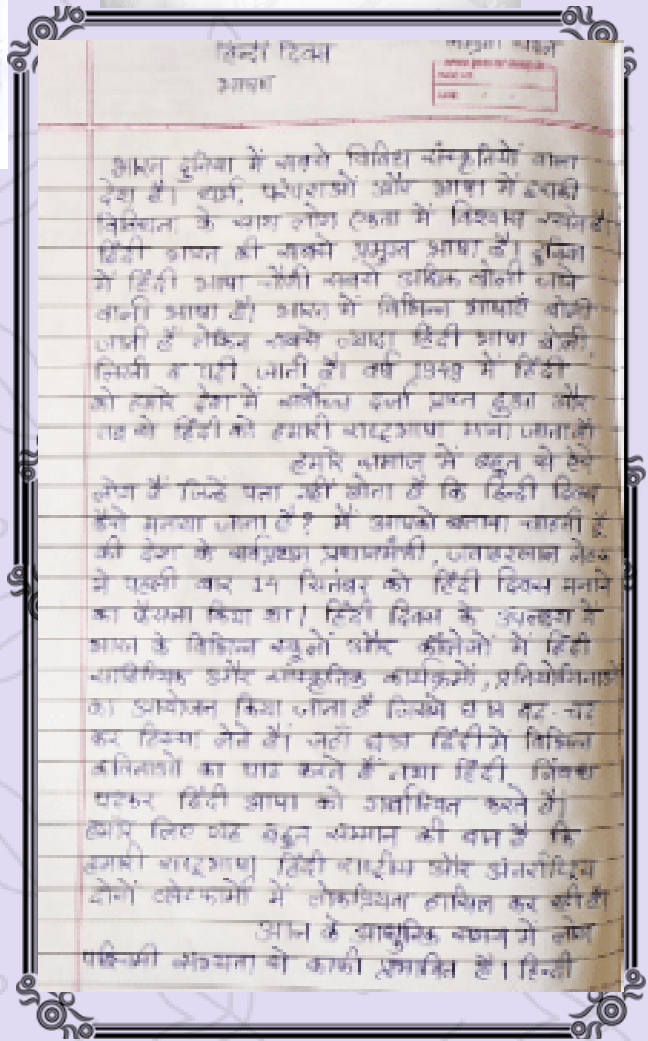
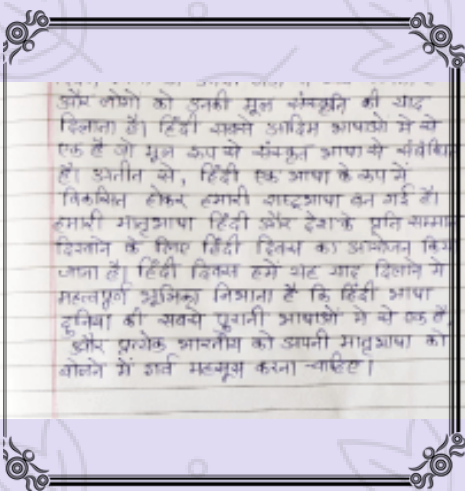
- By Ms. Esperance Fernandes (F.Y.B.Ed.)



QUOTES



Ms. Namrata Yeole (F.Y.B.Ed.)

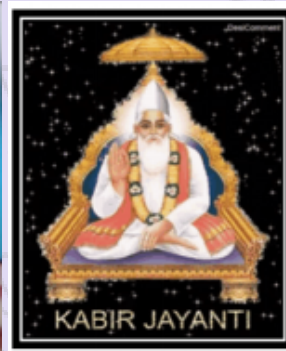


Ms. Preeti Gupta (F.Y.B.Ed.)





-By Divya Agarwal (F.Y.B.Ed.)



कबीर या कबीर साहेब जी 15वीं सदी के भारतीय रहस्यवादी कवि और संत थे। वे हिन्दी साहित्य के अन्तिकालीन युग में परमेश्वर की भक्ति के लिए एक महान प्रवर्तक के रूप में उभरे। इनकी रचनाओं ने हिन्दी प्रदेश के अन्तिक आन्दोलन को गहरे स्तर तक प्रभावित किया। कबीर पंथ नामक धार्मिक सम्प्रदाय इनकी शिक्षाओं के अनुयायी हैं।



माटी कहे कुम्हार से,तु क्या रौंदे मोय।

एक दिन ऐसा आएगा, मैं रौंदूंगी तोय

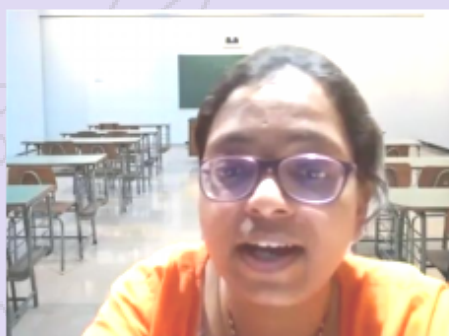
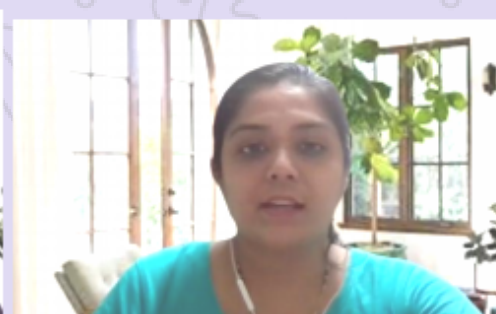
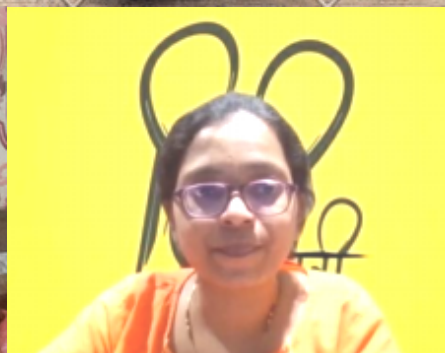
समय सबसे बलवान होता है और समय की गति से ही परिणाम तय होते हैं। माटी कुम्हार से कहती है की तुम मुझे क्या रौंदते हो, एक दिन ऐसा आएगा जब तुम्हारा विनाश हो जाएगा और तुम भी माटी में मिल जाओगे/मैं तुम्हें रौंदूंगी। समय के अनुसार सभी के दिनमान आते हैं, ऐसे ही एक रोज व्यक्ति मृत्यु को प्राप्त होगा जो अमित सत्य है, इसलिए किसी को भी अभिमान नहीं करना चाहिए, काल किसी को छोड़ने वाला नहीं है। अहम् को साहेब ने भक्ति में in बाधक माना है इसलिए अहम् को शांत करना अत्यंत आवश्यक है। काल के विषय में साहेब के अन्य विचार हैं -

अति का भला न बोलना, अति की भली न चूप,

अति का भला न बरसना, अति की भली न धूप

भावार्थ: कबीरदास जी कहते हैं कि ज्यादा बोलना अच्छा नहीं है और ना ही ज्यादा चुप रहना भी अच्छा है जैसे ज्यादा बारिश अच्छी नहीं होती लेकिन बहुत ज्यादा धूप भी अच्छी नहीं है।

ROLE PLAY ON HINDI DIWAS....



CELEBRATING THE FESTIVAL OF LIGHTS

30TH OCTOBER 2021



Diwali is the most significant Indian festival which endows us with an opportunity to do good towards the betterment of our society. With great joy and enthusiasm, we the staff, and the students of N.M.F.C.E celebrated Diwali on 30th October 2021 on Google meet.

This beautiful celebration started with a short prayer invoking the blessings of God upon our families and the world at large. We honored Goddess Saraswati by chanting Saraswati Vandana. The positive ambiance of the day inspired us to seek opportunities in the most difficult situations of our lives with love and perseverance. Some of our classmates put up a beautiful dance wishing everyone good cheer that Diwali brings in. Diwali is also known as the 'festival of lights' represents triumph over evil and with these sentiments of peace and happiness, we exchanged smiles and extended our best wishes to each other. Indeed, it gave us the strength and the zeal to carry on with our goodwill for the days to come.





"LOVE WAS BORN ON CHRISTMAS. STAR AND ANGELS GAVE THE SIGN."

We the students of Nirmala Memorial Foundation college of Education were indeed very blessed and privileged to have a three days celebration of Christmas starting from 20th December to 22nd December 2021.

The B.Ed. students were given the responsibility to prepare a Crib signifying the birth of Christ. Under the able guidance of our Principal Ma'am , our Professors and the kind cooperation of our classmates we were able to put up a beautiful Crib at the entrance of our college.

There were colour themes for each day

- 20th December: Red and White
- 21st December :Green
- 22nd December : Western/ Formals.



There was hope, joy, thrill in the air as we felt the Christmas vibes in N.M.F.C.E.

Few of our students took part in the Carol singing along with the band comprising of the junior college and degree students of N.M.F.C. on 21st December 2021. It was first time ever that we had such an opportunity to come together with other sections of the college and exchange greetings of joy.

Our B.Ed section put up a wonderful programme on 22nd December 2021. The event began with a prayer and a prayer dance that created an ambience of God's love and presence around us. The nativity scene was enacted by the students which helped us understand the significance of Christmas. The carolers sang carols rejoicing and celebrating as we witnessed the event of Christ's birth. Fr. Rony gave special blessings from Jesus Christ. Our Principal Ma'am Dr. Tandra Bandopadhyay shared the message of Christmas and also explained how all the religions help us to live in unity and peace. Next was a surprise dance which left our feet tapping. The most awaited moment of welcoming dawned as all the students received special greetings and gifts from the Santa Claus. It was exciting to see all the teachers and the students dancing with great excitement. We greeted each other and shared some sweets and snacks .

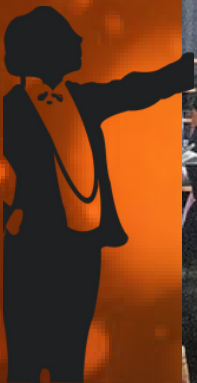
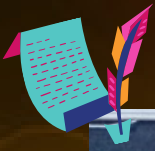
This day was indeed a day of sharing hope, good cheer, love, and goodwill with each other.

MAKING OF CRIB



THE CRIB

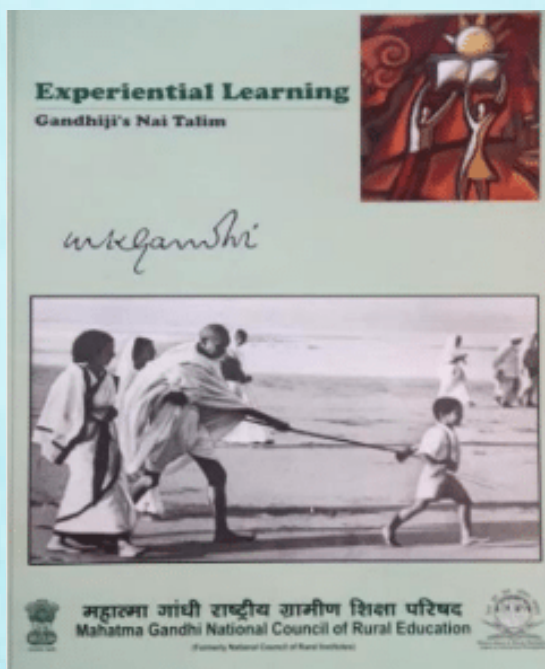






VENTEL ACTIVITY

VOCATIONAL EDUCATION NAI
TALIM EXPERIENTIAL LEARNING



Established under the Mahatma Gandhi National Council of Rural Education, the Nai-Talim: VENTAL Action Plan stands for 'Vocational Education Nai-Talim Experiential Learning' fosters including the innovative ways of teaching in the classroom and rural areas with a view of teaching them self-reliance techniques that connect to their education and helps them in their cognitive development. These activities include weaving, gardening, stitching, pot making, bookbinding, flower making, recycling, horticulture training, creating biogas and fertilizers, and much more. VENTAL activities also encourage innovation and imagination within the student's mind and help them create their own unique style of discovering new knowledge and techniques, which help them, boost confidence and achieve positive results.

By engaging students in hands-on experiences and reflection, they are better able to connect theories and knowledge learned in the classroom to real-world situations. NMFC of Education organized a MOE-MGNERE online workshop for students-teachers on Vental Action Plan on 5th November 2020. Dr. Yogita Mandole was the resource person. She made us aware of the importance of Vental activity. It was a very informative workshop.



VENTEL ACTIVITY

VOCATIONAL EDUCATION
NAI TALIM EXPERIENTIAL LEARNING



The S.Y.B.Ed students carried out the Ventel activity by making:

Two handmade creative masks

One handmade durable paper bag of 14' x 15' inches

One new year dairy with calendar 2022 of 7' x 10' inches

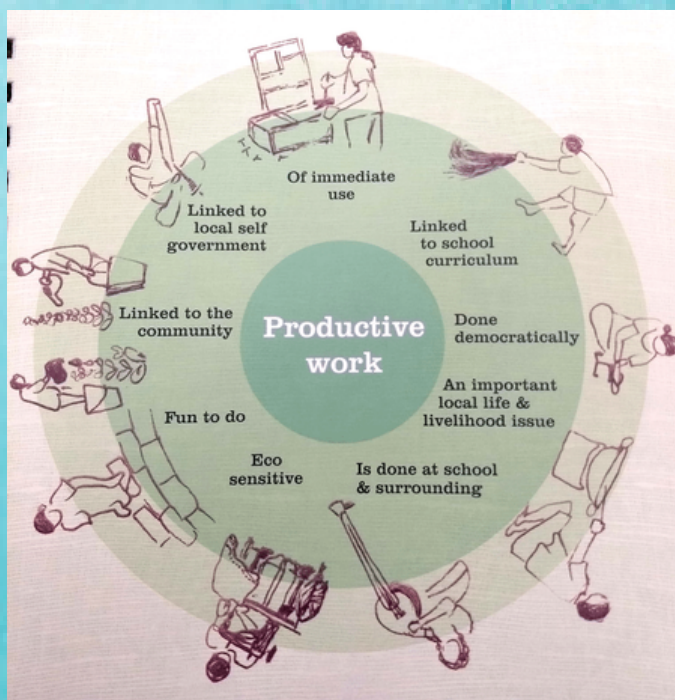
Students were divided into 6 groups, each headed with a teacher. Each group leader wrote a consolidated report which included the purpose, materials used, procedure, participation, conclusion, reflection, and a collage of the pictures of the activity.

Students made beautiful masks, wonderful paper bags, and attractive dairy. They used old materials for making masks and paper bags. Mind-blowing professional handmade dairies were produced which included personal details, STD codes, currencies of the world, physical and political maps, calendar 2022, and many more.


The Ventel activities provided students with practical knowledge of making masks, paper bags, and diaries, which are regularly used. The ideas and abilities hidden within them were revealed. Research, imagination, application, creativity was applied in this activity. Students learned to make use of the best out of waste. The activities helped in all-round development of the students when they independently indulged themselves in doing the activities.




Dr. Yogita Mandole
Assistant Professor
GSB's Surajba College of Education



WORKSHOP ON VENTEL ACTION PLAN



**NIRMALA MEMORIAL
FOUNDATION COLLEGE
OF EDUCATION, Kandivali
East, Mumbai**



All the Student-Teachers and faculty members are cordially invited to join the session to attend the workshop of VENTEL (VOCATIONAL EDUCATION-NAI TALIM: EXPERIENTIAL LEARNING) ACTION PLAN.

Organises

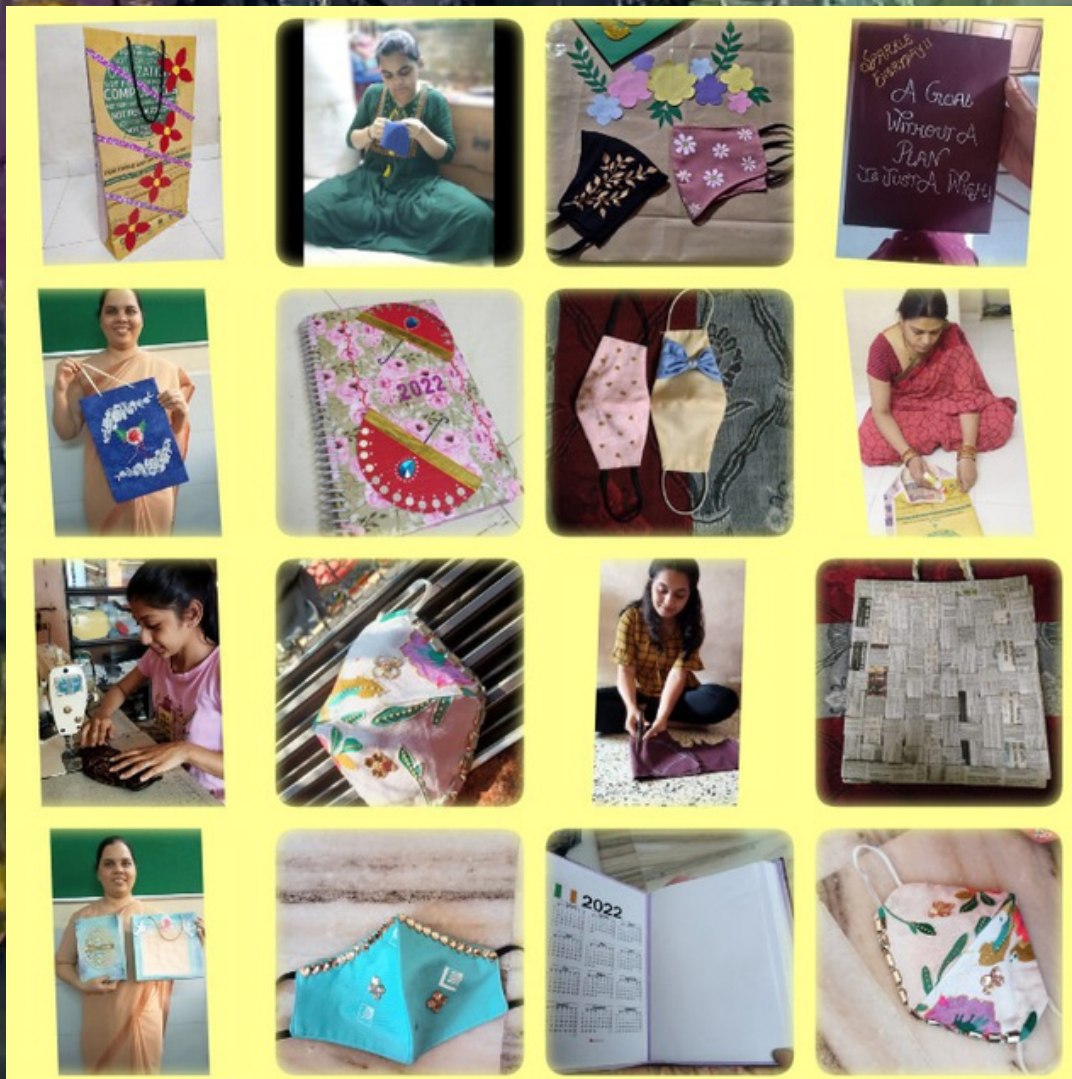
**MoE - MGNREGS Online Workshop
for Student-Teachers on VENTEL
Action Plan**

SPEAKER
Dr. Yogita Mandole,
Assistant Professor,
Gandhi Shikshan Bhavan's, Smt. Surajba College
Of Education, Mumbai

Date : 05th November 2020 (Thursday)
Timing : 04:00 pm to 06:00 pm
(Please join by 03.50 pm)

Workshop Link
Join with Google Meet: Meeting link:
<https://meet.google.com/ctr-ewwr-spp>

**Convenor ,
Dr. Tandra
Bandyopadhyay
(Principal),
NMFCE, Kandivali
East, Mumbai.**

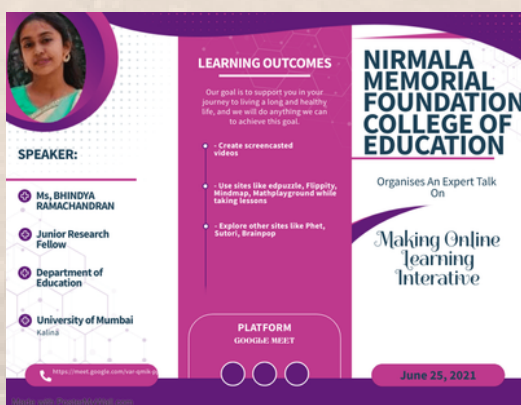


ATELIER

All You Need To Know About....Add on Benefits @ NMFCE - THE WORKSHOPS



Nirmala Memorial Foundation College of Education organized various workshops which were hosted by Ms. Akshara Savaliya and Ms. Bhindya Ramachandran which enriched and fulfilled all of us with their expert knowledge on various skills and ways to make teaching learning effective. These workshops were like adding benefits to all the students along with the academic curriculum.



“Making Online Learning Interactive”

A workshop on “Making Online Learning Interactive” was conducted by Ms. Bhindya Ramachandran on 25th June 2021. This workshop was on how to create screen casted videos, how to make use of various websites like edpuzzle, Flippity, Mindmap, Math playground while taking lessons and how to explore other sites like Phet, Sutori, Brainpop. These were various instruments which really helped us to enhance our teaching skills and ways. Ms. Bhindya showed us live demonstrations of each of these tech savvy websites, online tools, apps and how we can use them in our daily teaching process. Many of these were so attractive and catchy which can help to grab the attention of students during the teaching process. The Phet simulation is really a boon to science students for getting the feel of actual laboratory work as it provides a virtual laboratory right at our home desk.

Benefits: We were highly encouraged to make use of these teaching technologies in our day to day teaching process which really helped to gain interest in learning among students. We got to know about how screencast videos are made to create our own content and how we can evaluate our students in an innovative manner by using Flippity, edpuzzle, Mathplayground and so on in a playful way and make the boring subjects more interesting.



“Students Assessment and Evaluation in the Pandemic era”

Details of the Workshop:



A workshop on – “Students Assessment and Evaluation in the pandemic era” – was conducted on 17th August 2021 by **Ms. Akshara Savaliya**. This workshop was another sparkling light which benefited all the students on how to undertake the assessment and evaluation of students in this pandemic which is really a challenging task for the teachers. It is really very difficult in the online scenario of teaching to understand whether the student has really absorbed the knowledge he/she is learning and hence a teacher should be well versed with the assessment and evaluation tactics.

Ms. Akshara spoke about the assessment process, quality of test, authentic assessments and how to make our students more interactive in this online teaching learning process.



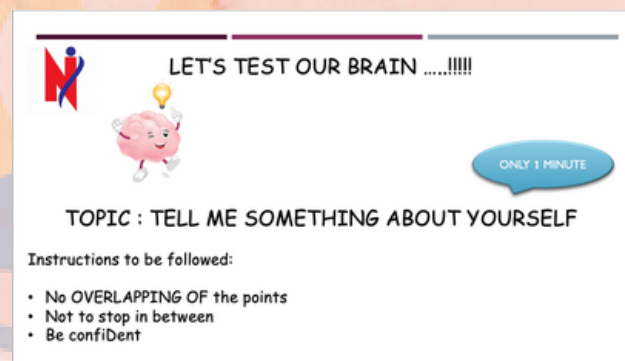
Take Away

Benefits: From this workshop we got an idea on how to tackle difficult situations during online teaching class by making students more interactive and by timely probing questions during our lessons so as to keep them engaged. We also got to know about principles of assessment and the assessment process with help of case studies which were conducted by Ms. Akshara.

The workshop ended with a debate on – “Should students be assessed only by written work or not” where many students participated and shared their views.



Time Management Workshop – was conducted on 31st July 2021 by **Ms.Akshara Savaliya**. It was about how to manage our time in our day-to-day life and make fruitful benefits by utilizing our time. It was a very interactive session, where all students discussed problems we usually face in our lives and how we tackle them. Ms. Akshara also guided all of us on how should we distribute our time based on 3 ways i.e. – Thoughts, Conversation and Action. No matter what type of work we do, our work will be more composed, if we manage our time well based on these 3 ways.



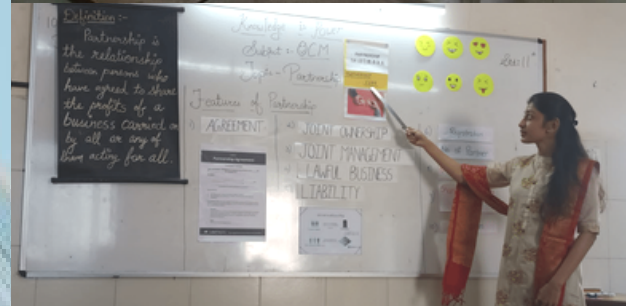
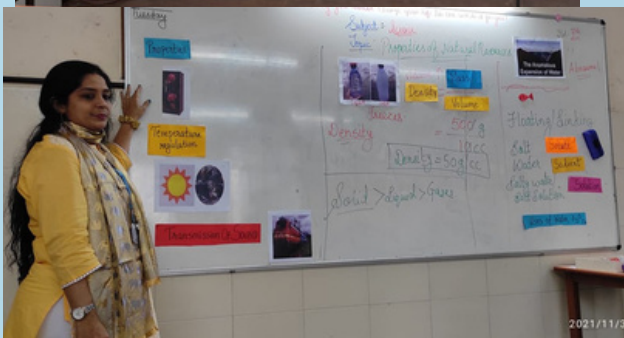
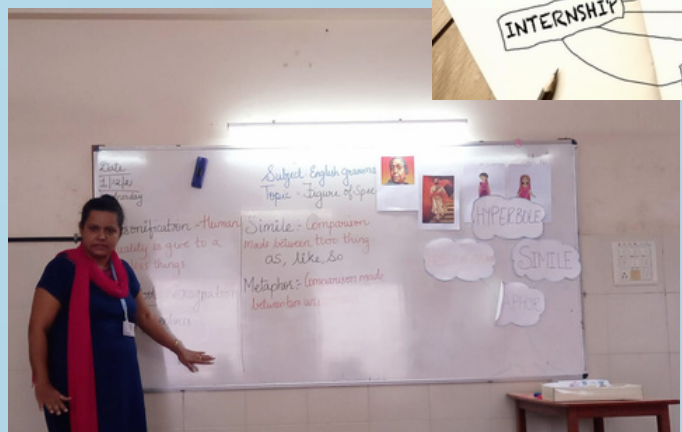
Benefits: We were able to correlate our day to day duties with the importance of time in our life. Also we got knowledge on how to use our time effectively by doing effective planning, setting goals and deadlines for ourselves and most important what things to prioritize first so as to do our work within time.

It is truly said that time never waits for anyone, it keeps going. So spending the right time on the right activity is very important.



“The best way to have a good idea is to have a lot of ideas.”







DR. TANDRA BANDVOPADHVAY

**PRINCIPAL
NMFCE**

“Dwell in the essence but be open” An issue and challenge in Peace Education

Globalization has had a tremendous impact on the entire socio-economic system in India. It refers to the increasing flow of education, technology, trade, knowledge, values, ideas, ideals, and openness to diffuse the above in one's own cultural system. As a result in India progress and prosperity are being witnessed in several areas and dimensions up to a certain extent.

In the journey towards excellence, in the enabling environment, a few 'core values' and 'core skills' are to be mastered by the citizens for the overall prosperity of the nation. Attitude towards work, mutual trust, the standard of ethics, social norms, and mutual solidarity is needed to resurgent India's progress and protect the nation from the local and global scenario.

Are we working efficiently towards a common goal for global solidarity?

The answer is simply “No”.

The evidence is:

On 26th November 2008, Mumbai was slaughtered, its famous spirit was shattered, and its people were ravaged by terror on an unprecedented scale. Some strategic information shows India is ranked 6th on a list of countries affected by terrorism, with over 4,100 such incidents recorded in the past 34 years.

1992 Mumbai riots: Hours after the demolition of the Babri masjid, Mumbai erupted. For five days in December 1992 and then again for a fortnight in January, the city witnessed unprecedented riots and violence.

2002 Gujarat riots: On February 27, 2002, a suspected religious community mob attacked a train carrying activists of the Vishwa Hindu Parishad (VHP) back from the disputed holy site of Ayodhya. The attack left a number of activists dead.

These eruptions of communal violence have not been spontaneous, but are organized, and often have the support of the local administrations. The state support for riots is a long-established feature in India, yet the state has never been such an active participant in the violence before the Gujarat riots.

The global terrorism database maintained at the University of Maryland said India was witness to 4108 terrorist incidents between 1970 and 2004 in which 12,539 people have been killed. Research has revealed that approximately 500 deaths occur per year due to terrorism in India. These fatalities peaked in 1991 and 1992 when 1184 and 1132 individuals were killed. Numerous such examples could be given. Causes are very many like utter poverty, mass illiteracy, racism, religious fundamentalism and so on.

The present global situation makes it evident that **peace education is the need of the hour.**

The word 'Peace' is multi-dimensional, multicultural, multi-ethnic, and multi-religious. It is not a single entity. It has several meanings and connotations like the absence of war, non-violence, tolerance, compassion, happiness, justice, secularism, democracy, human rights, etc.

It could be distinguished between **positive** and **negative** peace, with the former denoting collaboration, cooperation, and integration and the latter denoting the absence of physical and direct violence between groups. Therefore **Peace Education** means to **learn about** and to **learn for peace**. **Learning about peace** is obtaining knowledge and understanding of what contributes to peace, what damages it, what leads to war, what does 'peace' mean on each level, what is one's role in it, and how are the different levels connected? **Learning for peace** means learning the skills, attitudes, and values that one needs in order to contribute to peace and help to maintain it. For example, learning to deal with conflicts without the recourse to violence, learning to think creatively, learning to apply the methods of active non-violence, or learning to deal with cultural differences in a constructive way. Hence Peace education is based on a philosophy that teaches nonviolence, love, compassion, trust, fairness, cooperation, respect, and a reverence for the human family and all the lives on the planet. It is a social practice with shared values to which anyone can make a significant contribution. This is an interdisciplinary and holistic field embracing the development of peace consciousness on all levels and **dimensions of being from within.**

As Eleanor Roosevelt has rightly said, ***"It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it."***

So Peace is being quiet within. It is to have a good feeling. Peace is individualistic. Peace is to have positive vibrations and actions for others and for one. Therefore to possess peace one should have

- 1. Inner vs. integrated peace,**
- 2. Social vs. Global peace, and**
- 3. Emotional vs. environmental peace.**

Inner vs. integrated peace:

The concept signifies not only peace and harmony with oneself but good health, sound mind, and body, a sense of freedom monitored with authority, absence of inner conflict, creativity, positive attitude, feeling of compassion, appreciation of art, enlightenment, and spiritual peace from within. It further advocates the complete revolution and refinement of the mind so that integrated and balanced growth towards constructivism is possible.

Social vs. global peace:

An integrated individual should not be judged only by his social self but social vs. global self. The entire world is opening now because of liberalization, privatization, and globalization. Therefore harmony and interpersonal relationship, friendship, tolerance, mutual understanding, collaboration, conflict resolution, community building, a feeling of fraternity morality, the secular outlook should be the foremost important in attaining peace.

Emotional vs. Environmental peace:

Emotional integration signifies a feeling of oneness, unity, solidarity, and cohesion. It is an understanding, a desire, a positive attitude to live together and let live, sharing love and compassion towards the environment, people, and the world at large. It is to protect the environment and the mother earth even for the future generation.

Challenges before peace educators:

Bringing a global perspective into the classroom must begin with teacher competencies. Extraordinary teachers with extraordinary commitment are necessary to integrate individual, social and global perspectives at all levels of education.

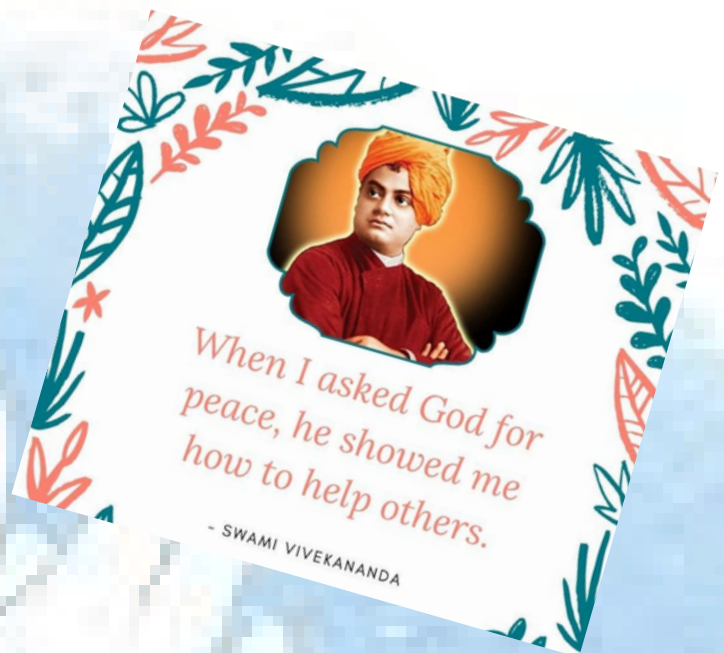
Faculty development in Peace Education

Staff development and competency-based education should be at the fore to provide training to the learners through the formal, informal, and hidden curriculum. Faculty members could be identified to coordinate peace education and other allied activities for spreading awareness and sensitization. A tolerant, warm, supportive and conducive climate is to be created to have a healthy discussion on peace, cohesion, and reconciliation.

The entire learning environment of personal and professional relationships should be based on the value of international understanding, democracy, and emotional integration. Year-level meetings could be organized to generate ideas, coordinate activities expose the teachers to several themes of peace education and even review the progress. The formation of Networks of **conflict resolution** to **conflict transformation** and Peace study educators in Asia as well as the world would contribute significantly to the effort of achieving world peace. A **Global university system** may be a resolution that could be the gateway to the world for collaboration of creating a new dimension in the global knowledge society of the 21st century. The **Global university system (GUS)** can build a higher level of humanity with mutual understanding across national and cultural boundaries for global peace.

The task of reconstructing our nation is definitely complicated by the continuously changing global environment. Teachers as the harbingers of the nation make sure that each individual plays a meaningful role and enjoys a better quality of life. On the other hand, it is a must that the youngsters and masses respect and regard the essential elements of all the cultures. In the above context, **Mahatma Gandhi** has rightly advocated: **I do not want my house to be walled on all sides and my windows to be stuffed. I want the cultures of all lands to be blown about my house as freely as possible, but I refuse to be blown off my feet by anyone”**

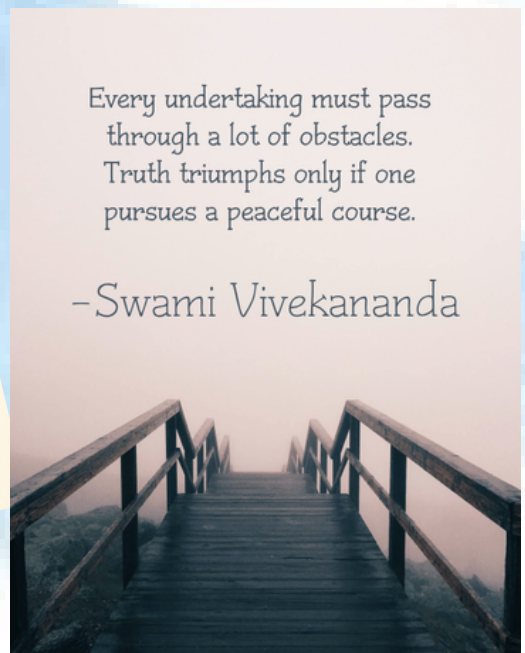




you've been through a lot
just
breathing
is enough
for today
mary davis

Every undertaking must pass
through a lot of obstacles.
Truth triumphs only if one
pursues a peaceful course.

-Swami Vivekananda



GALLERY

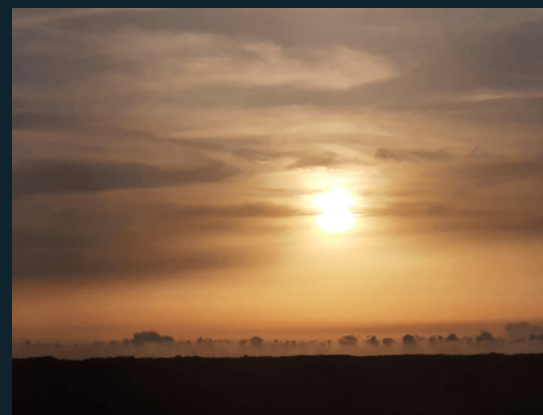
“DRAWING WITH LIGHT”.

by Pournima Ramachandran (S.Y.B.Ed.)



“PHOTOGRAPHY IS AN AUSTERE AND
BLAZING POETRY OF THE REAL.”

by Alexinha D'souza (S.Y.B.Ed.)



Coffee La peinture

by Bhoomi Joshi
(S.Y.B.Ed.)



**"Painting is silent poetry, and poetry
is a painting that speaks."**

by Vineeta Mangat (S.Y.B.Ed.)



"THE PAINTER DRAWS WITH HIS EYES, NOT WITH HIS HANDS." –

Delineate by Sandesh Mali (S.Y.B.Ed.)



"TALENT IS CHEAPER THAN TABLE SALT. WHAT SEPARATES THE TALENTED INDIVIDUAL FROM THE SUCCESSFUL ONE IS A LOT OF HARD WORK."

— STEPHEN KING

THE ART OF DOODLING

"Doodling is the brooding
of the hand".

by Dr. Tandra
Bandyopadhyay



Glimpses



"Teamwork is the secret that makes common people achieve uncommon results"

- Ifeanyi Enoch Onuoha







WORDS OF INSPIRATION

*DO NOT GO FOR GLASS BEADS LEAVING THE
MINE OF DIAMONDS! THIS LIFE IS A GREAT
CHANCE.*

— SWAMI VIVEKANANDA

*“THE GREATEST RELIGION IS TO BE TRUE
TO YOUR OWN NATURE. HAVE FAITH IN
YOURSELVES.”*

— SWAMI VIVEKANANDA

*“THE GREAT ARE STRONGEST WHEN THEY STAND ALONE,
A GOD-GIVEN MIGHT OF BEING IS THEIR FORCE.”*

— SRI. AUROBINDO, SAVITRI

*“THE ABILITY TO OBSERVE WITHOUT
EVALUATING IS THE HIGHEST FORM OF
INTELLIGENCE.”*

— J. KRISHNAMURTI

QUALITY IS NOT AN ACT, IT IS A HABIT.

— ARISTOTLE





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