



**ENIGMATIC HORIZON**

**2021-2022**

**VOL - 2**



# ABOUT NMFCE

As an institution the purpose of Nirmala Memorial Foundation College of Education is to impart quality education to students of all creeds in general and the Gujarati Linguistic Minority in particular. The college strives to develop the intellectual powers of students and all concerned, continuously and consistently through methods that are participative, interactive and facilitative in a measurable manner. Also to train them to be responsible and worthy citizens by adopting change in its path.

Set up in 2008, Nirmala Memorial Foundation College of Education is affiliated to the University of Mumbai, Recognised by NCTE. The B.Ed. College made it's humble genesis with an enlightened mission. As a Gujarati Linguistic Minority, its purpose is to impart Quality Education to the masses. It strives to develop creativity, Innovations, constructivism, skills, positive attitudes, interests in learners continuously and consistently. Interactive, participatory involvement and facilitation of students in lessons given by teachers is infused in training to produce responsible worthy Indian Citizen Teachers who are technologically savvy within their life spheres.

## COLLEGE ETHOS

NMFCE has committed dedicated, passionate, sincere team of a dozen teachers with a vision and mission. They have strong work ethics & are multitasking, eager to steer the college to growth & excellence. Employing innovative, creative, constructive involving practices for teaching, supervising, mentoring, directing, coordinating efforts. Brainstorming sessions are organised with concept mapping, mind mapping, brain mapping with ICT, globalization. Detailed guidance & counselling is provided before & after the exams. Feedback is given to improvise lessons. Principal & teachers expect best overall performances. Students are groomed to participate in intra & inter B.Ed. Collegiate Competitions; training in technologies, LPG, soft skills, core values, incorporation of ten core elements to use resources optimally for learning. All this is accomplished with a lot of gusto & ardour in NMFCE. NMFCE believes in bequeathing Quality Education to the masses.

Nirmala provides excellent infrastructure to facilitate the education process and enhance the learning ability of the teacher trainees through availing amenities like:

- 8 storeyed building with modern, air conditioned office blocks, well equipped classrooms, corridors, 2 elevators are provided
- ICT enabled fully furnished library with largest collections of international journals, books, magazines, newspapers and research reports.
- Air-conditioned computer laboratories with 150 advanced machines & licensed software is available.
- Well equipped organised & spacious gymkhana is offered.
- Hygienic & nutritious canteen facilities are available.
- State of the Art technology in its teaching process making use of mike systems, LCD projectors are present and used optimally for the benefit of students who are taught Word Processing, Spreadsheets (EXCEL) , Website Designing & Audio Video Editing for blended learning.

The greatest strength of the college is that it is managed by academicians, who not only understand and respect the value of education but also believe that the value of knowledge lies not in its accumulation but in its utilisation.



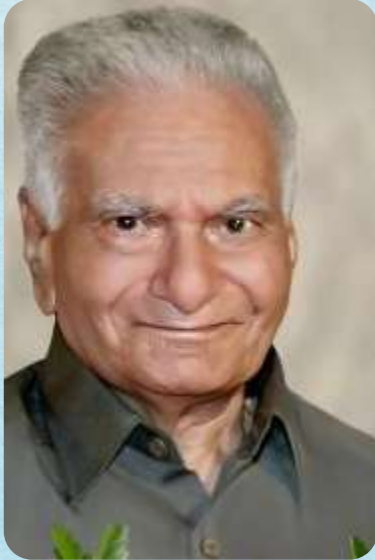
To bring about Academic Excellence by empowering young minds through dissemination of knowledge, skills and values to orient them to cope up with challenges of modern society.

- To impart high quality education and training to the teacher trainees to develop their competencies in accordance with the emerging trends in education.
- To provide competency to teachers for meeting social, economic and academic needs of the society
- To develop leadership quality among pupil teachers



# FOUNDER

*"A Legend With a Mission"*



According to Oscar Wilde, an Irish poet, and playwright, "The truth about the life of a man is not what he does, but the legend which he creates around himself," this is apt in the case of our loving Dadaji: Shri Thakorbhai N. Desai."

He was a visionary, self-reliant, and proactive teacher-leader who set his passionate world of education on fire with his authentic ideas, deeds, and geniuses. He is an eminent Guru and a self-made person who inculcated moral values.

## SHRI THAKORBHAI N. DESAI

Shri Thakorbhai N. Desai was born and brought up in a small village called "Umarsadi" in the district of Valsad, Gujarat. He was born on 13th March 1929. After completing his basic education in Valsad, he came to Mumbai for his higher studies. He held an excellent academic record and started his career as an Assistant Teacher. This was the first step among others that made him a legend in his era and times to come. He also had a burning desire to help deprived children. The biggest example of this can be seen when he rented a temple top floor to teach them for free.

Our dear Dadaji has held various designations during his time. He retired as the principal of Devchand Jethalal High School, Malad East. He even was able to visit various foreign countries as part of various Government Delegations during his service tenure. His travel abroad helped him to envision and enhance educational facilities in Maharashtra. He was rewarded with the Best Teacher award in 1986 by the Government of Maharashtra.

Shri T. N. Desai is the founder of the Nirmala Memorial Foundation. This Trust was formed in the fond memory of his beloved wife Late Smt. Nirmala Desai. His main purpose was to provide quality education to the downtrodden, poor, and needy children.

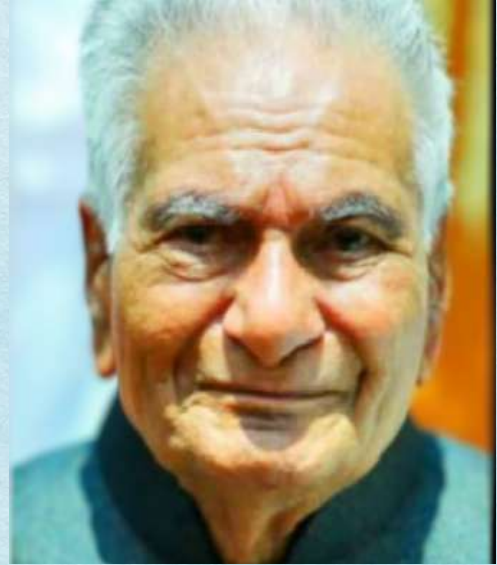
Under his Chairmanship and aid, Nirmala Memorial Foundation made its humble beginning with a Gujarati Medium School in the slum pockets of Khot Dongri at Malad. Within a short time, the school gained glory by achieving 100% results for consecutive years in SSC Examinations.

Dadaji dreamt, desired, and strived to see the banner of the Nirmala Memorial Foundation among the Premier Educational Institutions in the Mumbai suburbs. The College saw its initial days in three rooms of the Malad Rani Sati Marg Municipal School building.

The high standard and quality education imparted at NMF were for Commerce Subjects only. Today there are several Institutions under the banner of the Nirmala Foundation all around the Mumbai suburb which offers traditional and professional courses to thousands of students.

The time of the Covid-19 Pandemic was a great blow to each and every one of us. When the lockdown was in effect and with borders closed, his love towards his fellow colleagues, teachers, and students made him visit Nirmala Memorial Foundation Institutions often. His daringness to undertake challenges has helped us to strengthen the Foundation of the Nirmala family.

11th August 2021, was a day no one can forget. At the age of 92, he was taken away from us with his untimely death. The Nirmala family will never forget our Dear Dadaji, who was a man of strong beliefs and standards.



13TH MARCH 1929 TO 11TH AUGUST 2021

जो छूट गया उसका क्या मलाल करें. जो हासिल है, चल उस से ही सवाल करें !!

बहुत दूर तक जाते है, याँदो के क़ाफ़िले, फिर क्यों पुरानी याँदो में सुबह से शाम करें ।

माना इक कमी सी है, जिंदगी धर्मी सी हैं, पर क्यों दिल की धड़कनों को दरकिनार करें!!

मिल ही जाएगा जीने का कोई नया बहाना आ ज़रा इत्मीनान से किसी ख़ास का इंतज़ार करें !!

# DIRECTOR'S MESSAGE



**MRS. ARUNA DESAI**  
**DIRECTOR, NIRMALA MEMORIAL FOUNDATION**

She is fondly (and with complete justification) known as the Iron Lady of Nirmala Memorial Foundation. She has an aura of quiet but resolute strength, determination, and abiding vigilance as she goes about her work.

We all have the pleasure of seeing her at the campus at some point or the other, sometimes during events and programs organised in the college. Mentoring a massive institute offering quality education to students in several streams is not for the faint-hearted. But she does that ever so effortlessly and enthusiastically.

As for knowing her more from closer quarters, here are some amazing facts you'll be delighted to know. In Madam's own words, her journey as the Director of the college, "The backbone and mentor every single person here, has been one of the challenges, brimming with ups and downs, just like a roller coaster ride". Establishing and taking a huge institution like our college has brought her face to face with many challenges, and she emerged a winner at every step. Encountering testing times and calling them exciting is no mean feat, but she does that very spontaneously. Perhaps it's the presence of exceptional and finely tuned management skills that is genetic in her family that makes her such a wonderful leader and a team player.

She leads by example even though in her own words, "she was a naughty student in school". At the same time, she was extremely disciplined and particular about studying seriously even as a child, which is something one can't help marveling at!

As for today's generation, she finds that there is a vast gap between youngsters on one side and parents and teachers on the other. She attributes it to the advances in technology available to youngsters today, which was missing earlier. She feels that students today are more mature and smarter than ever before, although they should utilize time and technology with some restraint. And did you know that Madam's core subject has been Mathematics, our favorite, and the easiest of all? Well, it is, and that's what makes her so balanced and collected.

# ACADEMIC DIRECTOR'S MESSAGE



**MRS. SLYVIA  
FERNANDES**

**ACADEMIC DIRECTOR,  
NIRMALA MEMORIAL  
FOUNDATION**

Periodical reporting of the work accomplished serves as a mirror of our performance and a tool to set our goals for the next phase. We at Nirmala Memorial Foundation College of Education look for our attainments with a sense of fulfillment at all times.

This has also provided a platform toward correcting the distortions and has helped us to think on the achievements and objectives to attain more.

I know that we must increase our pace, rigor, and rest to achieve new heights. All this is possible only with the complete cooperation of everyone in the organisation. I believe that excellence is not a destination, but a journey that requires our untiring and unbridled efforts. The show has to go on.

In the current scenario, where technology is rapidly evolving, Nirmala Memorial Foundation College is ready to impart education in convenient ways to help increase the knowledge and extend the literacy status of students. E-learning platform provides flexible learning experience where students need access to various learning tools, faculties need enrichment to enhance their classroom teaching, and parents, desire the overall development of their wards. Our institute aims at the holistic development of our students enabling them to acquire the competency to deliver effective use of knowledge in real-life situations.

Finally, I would like to conclude my message with a quote from Swami Vivekananda,

“ We want that education by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one's own feet ”

I wish NMFCE ENIGMATIC HORIZON team  
ALL THE VERY BEST



# PRINCIPAL'S MESSAGE

**DR. NITISHA JHA**  
**I/C PRINCIPAL,**  
**NIRMALA MEMORIAL**  
**FOUNDATION COLLEGE OF**  
**EDUCATION**



On behalf of Nirmala Memorial Foundation College of Education, I am highly pleased to welcome all the students seeking admission in our esteemed Institute. Nirmala Memorial Foundation is a renowned Institute and has been making every possible effort to cater the needs of students for higher education.

Our vision is to bring Academic Excellence by empowering young minds through dissemination of knowledge, skills and values to orient them to cope up with challenges of modern society. The main objective of the institute is to impart high quality education and training to the teacher trainees to develop their competencies in accordance with the emerging trends in education.

This empowers them to develop their self esteem, self awareness and self confidence. Special emphasis is laid to provide competency to teachers for meeting social, economic and academic needs of the society.

Our important mission is to develop leadership quality among pupil teachers. We are constantly reviewing our set up to update and improve while making sure that students gain thinking skills, analytical frameworks, entrepreneurial skills, interpersonal and communication skills.

The role of teachers in the new millennium as nation builders has become multifaceted & challenging. Hence, we strive to develop tolerance, a sense of humour & attributes to become good teachers to serve our country & the world at large.

Best Wishes and Good Luck to all our patrons.

# EDITORIAL



**MRS. SWEETY SINGH**  
**VICE PRINCIPAL,**  
**NIRMALA MEMORIAL**  
**FOUNDATION COLLEGE OF**  
**EDUCATION**

A college magazine is an accumulation that showcases the achievements and creativity of students and faculty. It provides a platform for students to express their ideas on various topics related to college life through creative works such as poetry, artwork and compile the best contributions for publication, creating an engaging e-magazine that reflects the spirit of the college community.

We at "Nirmala Memorial Foundation College of Education" are proud to present the magazine "ENIGMATIC HORIZON" VOL-2. this is our effort to etch the beautiful memories of our students. This magazine is a testament to the strength and vibrancy of our college community. It is a reflection of our collective commitment to excellence and our shared passion for learning and growth. I appreciate everyone associated with Enigmatic Horizon for rendering their endearing love and hope this association continues for a lifetime.

I would like to thank our Director Madam Mrs. Aruna Desai and Academic Director Madam Mrs. Sylvia Fernandes who extended full support to us in completing this magazine successfully. I express my gratitude to our beloved Principal Dr. NITISHA JHA for her enduring faith in me and the task of putting this wonderful journey together through ENIGMATIC HORIZON. Her unconditional support and guidance have always acted as a catalyst to bring out the best in me as an individual.

I would like to appreciate the efforts of the Editorial team for beautifully designing and articulating the essence of the various milestones. Hope as you flip through the pages of life, may your hearts be etched with beautiful memories created to leave an imprint that will perpetuate. Do enjoy reading it as much as we enjoyed presenting it to you and I hope this venture of ours will find a special place in the hearts of the readers. Wishing everyone great success and a synergetic life.

# PILLARS OF NMFCE



**DR. NITISHA JHA**  
I/C Principal  
(NMFCE)



**MRS. SWEETY SINGH**  
Vice-Principal  
(NMFCE)

## FACULTY



**MRS. USHA IYER**  
Assistant Professor  
(NMFCE)



**MRS. NAVITA SOOD**  
Assistant Professor  
(NMFCE)



**MRS. SHUBHANGI KORE**  
Assistant Professor  
(NMFCE)



**MRS. CHARU SINGH**  
Assistant Professor  
(NMFCE)



**DR. SWATI SHARMA**  
Assistant Professor  
(NMFCE)



**MRS. ANJANA TAWANI**  
Assistant Professor  
(NMFCE)

## SUPPORT STAFF



**RENUKA INDULKAR**  
(NMFCE)

# EDITORIAL BOARD



**Dr. Nitisha Jha**  
I/C Principal  
(NMFCE)



**Mrs. Sweety Singh**  
Vice-Principal  
(NMFCE)



**Mr. Bhavya  
Chheda**  
Editorial Director  
(F.Y.B.Ed)



**Ms. Payal  
Joshi**  
Editor-in-chief  
(F.Y.B.Ed)

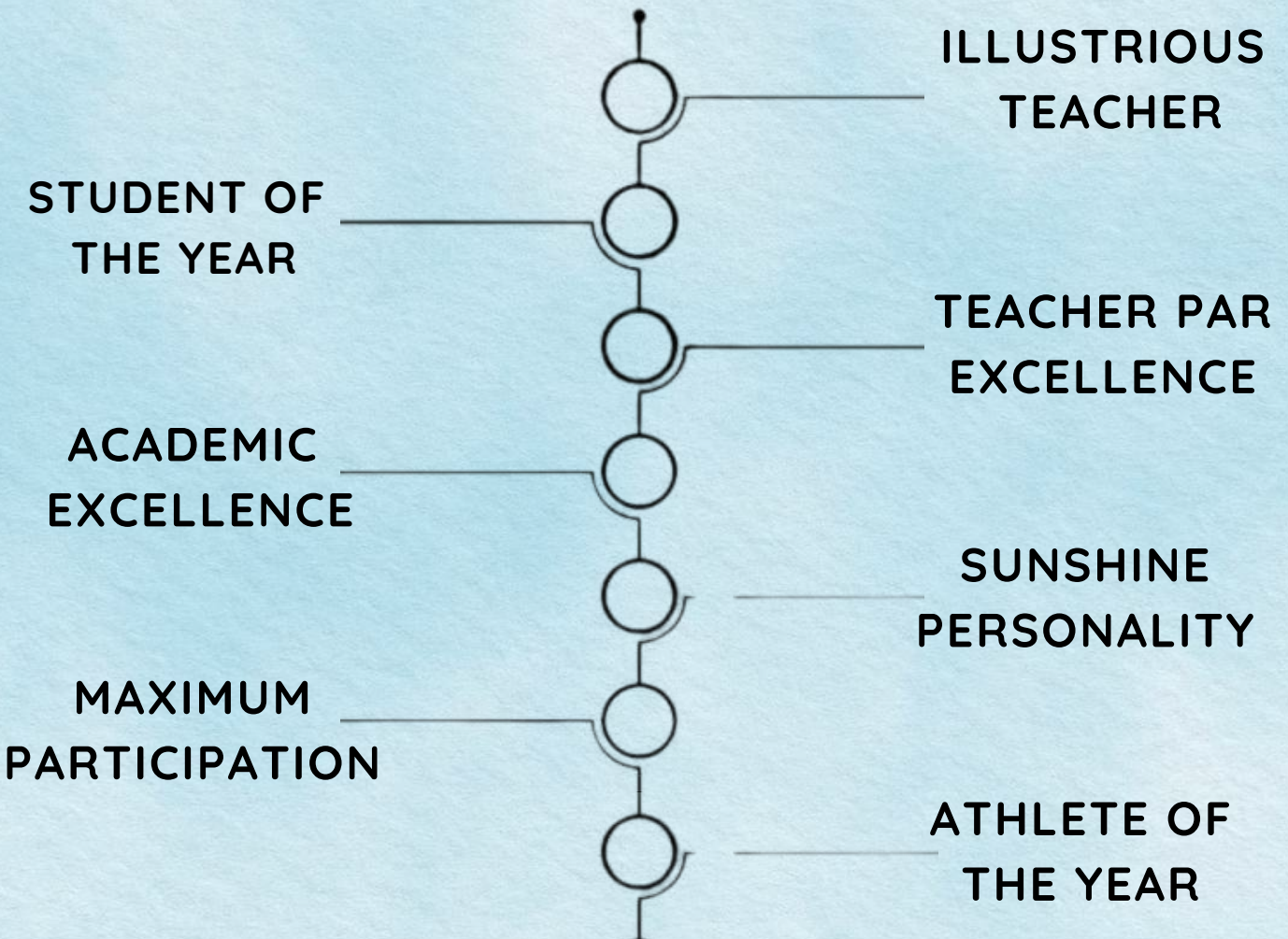


**Ms. Jigna  
Shah**  
Wordsmith  
(F.Y.B.Ed)



**Ms. Mallika  
Mahajan**  
Visual Editor  
(F.Y.B.Ed)

# STUDENT AWARDS





*“Continuous learning is the minimum requirement for success in any field.”*

**T  
A  
B  
L  
E  
  
O  
F  
  
C  
O  
N  
T  
E  
N  
T  
S**

**STUDENT'S CORE COMMITTEE 15**

---

**EVENTOS CULTURALES 19**

Inauguration	20
Marathi Bhasha Din	21
Holi	22
Gudi Padwa	23
Guru Purnima	24
Independence Day	25
Janmashtami	26
Hindi Diwas	27
Teacher's Day	28
Gandhi Jayanti & Lal Bahadur Shastri Birth Anniversary	29
Vachan Prerna Diwas	30
Diwali	31
Christmas	32

---

**SEMINARIOS & ACTIVIDADES 33**

Talent Hunt	34
Community Work	35
Internship	36
Examination Pressure	37
Stress management	38
Your Mind Matters	39
Website Development	40
Picnic	41

---

**STUDENT'S CORNER 43**





# STUDENT CORE COMMITTEE





# STUDENT COMMITTEE



I/C Principal  
**DR. NITISHA JHA**



Vice Principal  
**MRS. SWEETY  
SINGH**

## STUDENT COUNCIL INCHARGE



**MRS. SHUBHANGI  
KORE**

## CLASS REPRESENTATIVE



**MS. SUNITA  
VYAS**

## SECRETARY



**MS. AANCHAL  
SALVI**



## CULTURAL EVENTS

## SPORTS



**MR. NATHPRASAD  
BARASKAR**



**MS. TRUNALI  
JADHAV**



**MR. NIKHIL  
GHADGE**



**MR. ADITYA  
AJMERA**

## IT / TECHNICAL

## DISCIPLINE



**MS. NAOMI  
DSOUZA**



**MS. AYISHA  
ANSARI**



**MS. HASTI  
PATEL**

## DECORATION

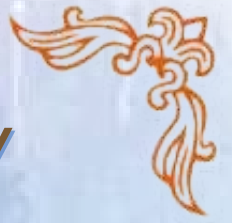


**MS. SHRUTI  
PAWAR**



**MS. SIMPLE  
YADAV**





## ATTENDANCE

## ASSEMBLY



**MS. HEMANGI  
THAKKAR**



**MS. SIMRAN  
MEDONSA**



**MS. HETA  
MEHTA**



**MS. MONIKA  
JAIN**

## PICNIC, VISITS & EXCURSION

## HOSPITALITY



**MS. DIVYA  
HINDALEKAR**



**MR. DHANANJAY  
DEVMANE**



**MS. AFREEN  
PARIKH**



**MS. SUVIDHA  
SHARMA**

## TREASURER



**MS. SUJATA  
PANDA**





# EVENTOS CULTURALES





# INAUGURATION

An orientation ceremony is an important event in the academic life of a college, which welcomes new students and introduces them to the college's culture, values, and traditions. It was held on 3rd March, 2022. The ceremony was attended by all new students enrolled in the college, as well as faculty members, staff, and senior students. The venue for the event was the college's auditorium.

The ceremony began with the college's principal delivering a welcome address, in which she highlighted the importance of education and encouraged the new students to make the most of their college years. She also introduced the faculty members and staff of the college. After the principal's speech, the senior students gave a presentation on the college's culture, traditions, and extracurricular activities. They shared their personal experiences and gave tips on how to adjust to college life. Our senior shared a beautiful insight about how college is supposed to be the best time of your life. While there's no denying the fun that comes from finally getting a taste of adulthood, college can also be very stressful. We've all been there before.

***Thus, "If you hear a voice within you say 'you cannot paint,' then by all means paint, and that voice will be silenced." – Vincent Van Gogh***

The ceremony concluded with a vote of thanks by the anchors, who expressed their gratitude to the students, faculty, and staff for making the event a success. Overall, the orientation ceremony at our college was a great success, as it helped new students get acquainted with the college's culture and values.



# MARATHI DIWAS



Marathi Bhasha Diwas is celebrated on February 27th every year in Maharashtra to commemorate the birth anniversary of the legendary Marathi poet, writer, and social activist Vishnu Vaman Shirwadkar, popularly known as Kusumagraj. This event was celebrated at our college on 8th March 2022 with great enthusiasm. There was Lighting of the lamp by all our faculty members.

A graceful ganesh vandana dance was staged. Later there was a poetry recitation followed by a skit, a powada was recited. Later a ppt was presented followed by a kohli dance. An enchanting speech was also presented followed by Laavni. A fashion show featuring famous personalities in Maharashtra stole the show. The audience was left spell bound by Gondhal. There were riddles by Faculties and vote of Thanks was presented.

We dispersed with a lot of memories and learnings about the Marathi Bhasha Diwas which is also a day to promote and preserve the Marathi language for future generations.



# HOLI



Holi is a Hindu festival that celebrates the arrival of spring and the victory of good over evil. In India, it is a festival of colors, where people throw colored powders and water at each other. This was conducted on 17th of March 2022. The celebration was attended by all students, faculty members, and staff of the college.

It was celebrated in class. The celebration began with the college's principal delivering a brief speech, in which he explained the significance of the Holi festival and its importance in Indian culture. She encouraged everyone to celebrate the festival with joy and enthusiasm, while also respecting the traditions and customs associated with it. After the principal's speech, students and staff members started throwing colored powders and water at each other, dancing to music and enjoying traditional sweets.



The atmosphere was vibrant and lively, with students and staff members from different cultural backgrounds coming together to celebrate a shared tradition. The celebration was conducted in a safe and respectful manner, with everyone enjoying the festivities while also adhering to the traditional customs and practices associated with the festival. The event was well-organized and received positive feedback from the attendees, making it a memorable and joyful experience for everyone involved.



# GUDI PADWA

Gudi Padwa is a traditional Hindu festival that marks the beginning of the new year according to the Hindu calendar. It is a day of new beginnings, prosperity and happiness in Maharashtra; India. It was celebrated with great enthusiasm at NMFCE on 1st April 2022. The celebration was attended by all students, faculty members, and staff of the college. The venue for the event was the college auditorium, which was decorated with traditional Gudi Padwa elements like colorful rangolis, flowers, and garlands.



The celebration began with a traditional puja ceremony, in which everyone participated. There was a cultural programme in which students presented traditional Maharashtrian dances, songs, and skits. The performances showcased the rich cultural heritage of Maharashtra and its significance in Indian culture. The Gudi Padwa celebration at our college was a great success, as it brought together students, faculty members, and staff members to celebrate the common cultural heritage. The celebration was conducted in a safe and respectful manner, with everyone enjoying the festivities while also adhering to the traditional customs and practices associated with the festival. The event was well-organized and received positive feedback from the attendees, making it a memorable and joyful experience for everyone involved. The celebration helped to promote cultural awareness and respect, which are essential values for a diverse and inclusive college community.





# GURUPURNIMA



Celebrated as a festival by Hindus, Jains and Buddhists in India, Nepal and Bhutan, Guru Purnima is dedicated to all spiritual gurus or teachers. Traditionally, Guru Purnima has been celebrated by Buddhists to commemorate Gautam Buddha's five sermon to his five disciples in Uttar Pradesh's Sarnath however, Hindus and Jains also celebrate this festival to revere their teachers. The event was held on 16th July 2022. According to the Hindus, Ved Vyasa (son of Sage Parashar and Devi Satyawati) who played a critical role in 'Mahabharata', Vedas and Purans was born in the month of Ashadha on Purnima tithi.

The audience was welcomed in a beautifully decorated hall. Flower arrangement was meticulously done the venue. The event commenced with a welcome speech. Thereafter, lighting of lamp done for Ganesh Vandana, followed by a solo dance. Authentic Paduka pooja was performed. A mesmerizing song was sung which left the audience wanting for more. Speech and Story-telling was awesomely done. A power point was presented to elaborate the importance of Guru Purnima. Poem and Shayari were performed, followed by a solo song. Games were played, the audience was participative and enthusiastic. Lastly a Vote of Thanks was given.



The event concluded with a goodbye note from the Principal. Overall, the Guru Purnima celebration was a great success and it provided an excellent opportunity for students and teachers to come together and celebrate the special bond they share.



# INDEPENDENCE DAY



On August 15th, India celebrated its 75th Independence Day with great enthusiasm and patriotism. The day began with the hoisting of the national flag by the Prime Minister at the historic Red Fort in Delhi, followed by a speech addressing the nation.

On the 19th of August, 2022 NMFCE commemorated the occasion of Independence Day. Everyone dressed in Indian formals, and the colours of the outfits made the place look so vibrant, and the decor made the hall looked enigmatic. At the entrance, teachers admired the beautiful rangolis outside the auditorium. We brought in the celebrations with a speech, the emcees for the event kept the ball rolling with their wit and humour. There was a stupendous dance which was filled with effervescence, it indeed set the stage on fire.

There was singing in Hindi, which left the audience in cheer and awe. Then a video was shown on how India celebrated 75 years of independence not just in its homeland but also overseas. Then again the students and respected teachers were entertained with yet another dance, later a short poem was recited, followed by a dance again. A small skit was staged which was an unforgettable one. The event was brought to an end with the vote of thanks and then the students paid respect to the final moments of the event by singing the Indian National anthem "Jana Gana Mana" in one voice. India's Independence Day is a significant event that is celebrated with great pride and enthusiasm across the country. The day serves as a reminder of the sacrifices made by our freedom fighters, as well as the importance of preserving and upholding the values of democracy, equality, and freedom. The celebration of Independence Day is an important occasion for every citizen of India to remember and honor their country's history, and to look towards a bright future filled with progress, prosperity, and unity.





# JANMASHTAMI

लोगों की रक्षा करने एक उंगली पर पहाड़ उठाया  
उसी कन्हैया की याद दिलाने गोवर्धन पूजा का पावन दिन आया

Janmashtami, the birthday of Lord Krishna, is celebrated with great enthusiasm across India with various cultural programs. To mark the pious occasion of Janmashtami, the Nirmala Memorial Foundation College of Education gave us an opportunity to showcase our talents through this event. The event of Janmashtami took place on 20th August, 2022. Our teachers lit the lamp for Ganesh Vandana followed by Saraswati Vandana. Shri Krishna pooja was done and then the event started. The very first performance was the Ras Lila dance followed by a beautiful skit on Janmashtami.

Many students performed group dances and a power point presentation was also done showcasing the importance of the festival. A miniature cradle (jhula) was swayed by our esteemed teachers and all classmates. The celebrations concluded with the distribution of sweets and prasad, symbolizing the blessings of Lord Krishna.

The event was such a momentous one. The event provided an opportunity to the students to showcase their talents and creativity while also learning about the rich cultural heritage of India. It was a memorable event that left a lasting impression on everyone present.





# HINDI DIWAS



ब हिन्दी है तो हैं हम,  
बिना हिन्दी हम क्या हैं,  
हिन्दी से बढ़ती देश की शान,  
इससे ही होगा हमारा समान.  
म हिन्दी दिवस की बधाई



There was a small skit performed, which had a powerful message. The enchanting poem recitations held the audience spellbound. The celebration ended by a vote of thanks. Overall, the Hindi Diwas celebration was a great way to promote the importance of Hindi language in our lives. The event provided an excellent opportunity for students to showcase their skills and knowledge about the language. Therefore, Hindi Diwas is an important day for Indians to celebrate the significance of national language and pay tribute to the rich history and cultural heritage of the Hindi language.

Bhasha Diwas is observed on September 14th every year, which is the birthday of Beohar Rajendra Simha, who is considered the father of the Hindi language and played a crucial role in the development and promotion of the language.

On 14th September 2022 the FY B.Ed students of Nirmala Memorial Foundation College celebrated HINDI DIWAS. As soon as the teachers arrived there was lighting of the lamp and prayers were offered to goddess Saraswati. The event was carried forward by a beautiful speech. Few students presented a power point to showcase the importance of Hindi Diwas.





# TEACHERS DAY



On the occasion of Teachers' Day, our college organized a special event to honor and appreciate the hard work and dedication of our teachers. The event was held on September 14th 2022 which was a great success.

The event started with a welcome speech by the principal Mrs. NITISHA JHA Ma'am. Nirmala Memorial Foundation College of Education provides an opportunity to showcase talents to their students through various events. The event was held in the Auditorium; the entrance was beautifully decorated with a vibrant rangoli. The programme started with a warm welcome speech. A divine performance of Ganesh Vandana and Sarasvati Vandana was staged. To set the mood a dance was performed followed by thrilling duet performance.

Students presented PPT to elaborate on importance of the event. An invigorating skit was performed. Fun games were arranged. Later on delightful poems were delivered. A very creative sand - up comedy was performed. The eventful afternoon was brought to an end with vote of thanks.

The highlight of the event was the felicitation ceremony, where the teachers were presented with bouquets of flowers and cards. The students also presented a short speech, expressing their gratitude and appreciation for the teachers. The event concluded with the national anthem, and everyone left the venue with a sense of pride and joy. Overall, the Teachers' Day celebration provided an excellent opportunity for students and teachers to celebrate the inseparable interconnection between them.



*"One child, one teacher, one book, one pen  
can change the world."*



*"Teaching is a very noble profession  
that shaped the character, caliber  
and future of individual"*

A.P.J. Abdul Kalam



# GANDHI JAYANTI



Gandhi Jayanti is a national holiday in India that is celebrated on October 2nd each year to commemorate the birth anniversary of Mahatma Gandhi, who is also known as the "Father of the Nation." Gandhi was a prominent leader in India's struggle for independence from British rule and is revered for his non-violent philosophy of Satyagraha, which advocates for peaceful resistance.

Gandhi Jayanti was held in our college on 1st of October, all students of first year of Bachelors of Education were a part of it. The event started with the speech on Gandhiji and Lal Bahadur Shastriji followed by a Rally.

In the rally, the students sang various bhajans on Gandhiji. The corridor was beautifully decorated with various posters on Gandhiji and Shastriji made by students, this Gallery walk enhanced the Knowledge of students and stated insightful facts about both of them. A quiz competition was also held between the students in 4 team based on Gandhiji's (SATYA, AHIMSA, SWADESHI, SATYAGRAH). Gandhi Jayanti is also observed by the United Nations as the International Day of Non-Violence. It is a day to remember the principles of peace and non-violence and to spread love and harmony among people all over the world.





# VACHAN PRERNA DIWAS



Vachan Prerna Diwas is a day dedicated to the celebration of the life and teachings of former President of India, Dr. APJ Abdul Kalam. It is observed on his birth anniversary, which falls on the 15th of October every year. The venue for the event was decorated with posters, banners, and photographs of Dr. APJ Abdul Kalam. The celebration began with a welcome address by the college principal, in which she highlighted the achievements and contributions of Dr. APJ Abdul Kalam.

After the principal's address, there was a presentation on the life and legacy of Dr. APJ Abdul Kalam. It also showcased his speeches and writings, which continue to inspire and motivate people around the world.

After the presentation, there was a quiz competition in which students answered questions based on the life teachings of Dr. APJ Abdul Kalam. The competition was conducted in a fun and interactive manner.

The Vachan Prerna Diwas celebration at our college was a great success. It helped to promote the values of education, hard work, and perseverance, which were embodied by Dr. APJ Abdul Kalam.



# DIWALI

Diwali is one of the most widely celebrated festivals in India, and our college organized a celebration from 17th to 19th October. The venue for the event was the college auditorium, which was decorated with colorful lights and traditional decorations. The celebration began with a welcome address by the college's principal, in which she highlighted the significance of Diwali and its relevance in contemporary India.



After the principal's address, there was a cultural programme, in which students performed traditional dances, songs, and skits related to Diwali. The performances showcased the diversity and richness of Indian culture and added to the festive atmosphere. The highlight of the program was Ram leela that was Ramayan played on stage as a drama to give a traditional viewpoint on why Diwali is celebrated at a large scale in India.

The Diwali celebration at our college was a great success, as it brought together students, faculty members, and staff members to celebrate the festival of lights. The celebration provided an opportunity for everyone to showcase their cultural traditions and to learn from each other. The event helped to promote the values of cultural harmony and diversity, which are essential for a vibrant and inclusive college community. There were various competitions line up for enthusiastic participants. Overall, the celebration was well-organized and received positive feedback from everyone involved, making it a memorable and enjoyable experience for all.







# CHRISTMAS

On 25th December 2022, our college organized a grand celebration to mark the occasion of Christmas. The entire campus was decorated with colorful lights, Christmas trees, and other festive decorations. The event was attended by both students and faculty members, who came together to share the spirit of Christmas. The students and staff members sang Christmas carols and hymns together.

There was a beautiful crib of Jesus decorated meticulously. The atmosphere was filled with a sense of joy and happiness, as everyone came together to celebrate this special occasion. The celebrations continued with a variety of activities and events that were organized by the college. One of the highlights of the event was a Christmas-themed talent show, where students performed songs, dances, and skits based on the Christmas theme.



There were also games and contests organized for students, such as a gingerbread house-making competition and a Santa Claus costume contest. Throughout the event, there was a sense of warmth and camaraderie among all those who attended.

The celebration provided a great opportunity for students and faculty members to bond with each other and to spread the message of love and compassion that is at the heart of the Christmas holiday. The event left everyone with memories that will be cherished for years to come.



**SEMINARIOS,  
ACTIVIDADES  
&  
PICNICS**

# TALENT HUNT



*"We are born unique .we all have different talents and abilities.we don't have to always follow in the footsteps of others.we have a responsibility to develop the talents we have been blessed with."*

Nirmala Memorial Foundation College of Education always try to shape and nurture the hidden inherent potential that each and every student has. With the same spirit, a platform was given to the students to showcase their entertainment skills through a TALENT HUNT.

The talent hunt competition was open to all the students, and the response was overwhelming. The students enthusiastically participated in the event, showcasing their talents in various fields. Each participant had 3 minutes to showcase their talents and the talent which needed a little longer duration was provided with one hour of time.



Performing acts like dances, monoact, mimicry and many more was done on 24th of March while other skills like mehendi, rangoli, drawing, best out of waste was carried out on 25th March. All the participants took the audience into the spell through their truly creative and enchanting work. The faculties were flabbergasted by the unique talent each student possessed. Every student prospers with the broad curriculum that celebrates their various talents, not just the small range of them.

# COMMUNITY WORK

We volunteered with a local NGO that works towards providing education to underprivileged children in the community. The NGO focuses on providing quality education to children who are unable to attend school due to financial constraints. During our time with the NGO, we were responsible for teaching children of various age groups. We were assigned to teach basic math, English, and computer skills to children between the ages of 8 and 14. This involved developing lesson plans, selecting appropriate teaching materials, and evaluating the effectiveness of the curriculum.

As a volunteer with the NGO, we were also responsible for coordinating with other volunteers and ensuring that they had the resources and support they needed to carry out their roles effectively. This included providing guidance on teaching methods and assisting with lesson planning.

In addition to teaching, we also participated in community outreach programs organized by the NGO.

This included going door-to-door to raise awareness about the importance of education and encouraging parents to enroll their children in the NGO's programs.

As part of the community work, I also contributed to the assessment of the impact of the NGO's programs.

My experience with the NGO has been extremely rewarding, both personally and professionally. We are grateful for the opportunity to have worked with the NGO and contributed to its mission.



# INTERNSHIP



We had the opportunity to undertake an internship at a local school with the aim of gaining practical experience in the field of teaching. The internship program was structured to provide hands-on experience in the classroom, observation of experienced teachers, and opportunities to develop lesson plans and participate in school activities.



During the first few weeks of the internship, we were able to observe experienced teachers in the classroom. This was a great opportunity to learn different teaching techniques and methods that are used in the classroom. After observing a few classes, we were given the opportunity to teach.

We were given feedback on our lesson plans. This helped to understand the importance of planning and preparation when it comes to teaching.

Overall, the internship at the school was a great learning experience. We were able to gain practical experience in the classroom, observe experienced teachers, develop lesson planning skills, and participate in school activities. The experience has provided with a greater understanding of the teaching profession. I am grateful to the school administration and the teachers for providing me the opportunity to undertake this internship.



# SEMINAR ON EXAMINATION PRESSURE



An educative workshop was organized by NMFCE, conducted by M.Ed. interns of SNTD College, Churchgate. on "Examination Pressure" on 16th July 2022.

Exam pressure occurs during the revision period before exams and immediately before exams. It occurs due to pressure, high expectations, competitiveness, comparison with others, fear of rejection, poor time management and focusing too much on the outcome. The main objective of this 90 minutes' workshop was to empower students on ways with to deal with such stressful situations. The workshop provided the students with tips on managing stress especially on exam day. The role of parents was also discussed in depth. Content Outline of the workshop included: Ice Breaker Activity, Pariksha Pe Charcha, what is stress, from where does examination stress occur and tips for managing examination stress.

There were discussions in between and at the end of the session in which the doubts and queries of participants were resolved.

We thank them for their valuable lessons and expertise.

- Ms. Harpriet Flora
- Ms. Shivani Dwiwedi
- Ms. Harshal Gangurde
- Ms. Anita Murali
- Ms. Dhara Ajmera



# SEMINAR ON STRESS MANAGEMENT

Stress management seminar was conducted at our college with the aim of educating students on how to manage stress and anxiety in their daily lives. The workshop was conducted by a certified mental health professional. The workshop was divided into two parts, with the first part focusing on understanding stress and its impact on mental health.

The second part of the seminar focused on practical techniques for managing stress. Information was provided on various techniques such as deep breathing, visualization, and progressive muscle relaxation. The facilitator also discussed the importance of regular exercise, a healthy diet, and good sleep.

The workshop was well-received by the students who attended, with many expressing that they found the information provided to be helpful and relevant. The students also appreciated the opportunity to learn practical techniques for managing stress and anxiety. The workshop provided students with an understanding of the different triggers of stress and how to identify them. It also helped students to recognize the physical and psychological symptoms of stress and provided them with tools to manage these symptoms.

We are grateful to the facilitator for conducting this workshop and providing students with this valuable information. We hope to continue organizing similar workshops in the future to help students manage their stress and maintain good mental health.



# SEMINAR ON MENTAL HEALTH "YOUR MIND MATTERS"

Mental health management refers to the process of taking care of one's mental health and wellbeing. When we are mentally healthy, we enjoy our life and environment, and the people in it. We are better able to cope with difficult times. We are able to cope with sad situations and enjoy our lives once again.



Nurturing our mental health can also help us combat mental health problems that are sometimes associated with a chronic physical illness. In some cases, it can prevent the onset or relapse of a physical or mental illness. Managing stress well, for instance, can have a positive impact on heart disease. To create awareness about the importance of mental health a workshop was planned on 13th August 2022 for the B.Ed students by the interns of M.Ed from SNTD university. The workshop commenced with an ice breaker activity to introduce the topic. The workshop handled details about mental health which included an overview about the concept of mental health, details of self - care when to seek professional help, measures to be taken during crisis as well as fact sheets.



Overall, the Mental Health Management Workshop was a success. Attendees gained valuable knowledge and skills for managing their mental health and building resilience, and the workshop was well-received by all who participated.





# WORKSHOP ON WEBSITE DEVELOPMENT



Technology provides students with access to countless online resources, encouraging them to carry out research and therefore become more independent. With the growing need of technology in Education, it is necessary for teachers to be well-versed with technical knowledge and guide their students well.

Keeping this in mind, NMFCE provided an opportunity to FYB.Ed students by conducting workshop so as to upgrade their knowledge and technical skills which would help them in adapting to their role as future teachers. NMFCE in collaboration with UpEducators conducted a workshop on "Developing a professional website for Teaching and Learning". It was conducted on 15 October, 2022 by the resource person Mr. Ankush Bhandare.

The workshop was conducted through zoom app. The students gathered at the venue on time and joined through the app. Desktop computers were provided for getting hands-on experience. Our Principal Dr. Nitisha Jha ma'am, welcomed Mr. Ankush and the students for the workshop. Mr. Ankush Bhandare, UpEducator started the workshop by explaining the importance of digital platform and its uses. He gave stepwise instructions on how to create a website. He explained each and every step in detail like which site to be used to create website, how to insert images, videos, etc., how to create new page and finally how to publish the website. The students too followed all the instructions and created their own website on desktop simultaneously.

Overall, the workshop was a great learning experience for the students. The practical and hands-on-experience made it more productive and effective.



# CLASS PICNIC



One-day college picnic was organized on 8th October 2022 for students as well as teachers to The Great Escape Water Park. The excitement among the students was palpable, as they chatted and joked with their friends, eagerly anticipating the fun-filled day ahead.

The purpose of the Picnic was to:

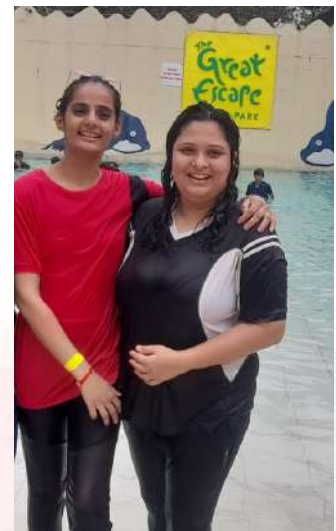
- Enable better communication.
- Grant time for self-Reflection
- Facilitate student-teacher bonding
- Spend time outdoors
- Stay Active
- Boost mood
- Relieve Stress



On reaching, the venue everyone was welcomed by a delicious breakfast provided by the resort. To beat the heat some students decided to swim while the rest of them enjoyed the amazing, thrilling rides at the resort. All the Students were excited and shook their legs to the thumping dance numbers played in the rain dance; the teachers also joined them. Indoor games like ludo, antakshari etc., were played. Gola and candy floss were relished by one and all.

There was delicious lunch and a lot of group pictures which were taken as a remembrance of the beautiful memories spent at the picnic. After high tea it was time to call it a day.

Overall, a one-day trip to the Great Escape amusement park was a fun-filled and exciting experience for college students looking to let off some steam and enjoy some thrilling rides and attractions. The picnic was a huge success, providing the students with an opportunity to bond with their peers and teachers to create unforgettable memories.



# STUDENT CORNER

## SHE WAS A GIRL, WHO IS A WOMAN

*As soon as she was born  
She was asked not to be around  
As she was not a son  
Their most darling like a young one*

*It made her feel low  
To not be given the front row  
But to be treated below  
That could hide her glow*

*It was not her fate  
Not to be treated great  
She was a girl. Who is a woman*

*The years rolled around  
As they always do  
She seen the world around  
Where things were new*

*Where women were the same  
Not the ones in pain  
Who were given the same fame  
And were not the ones to blame*

*A woman who was once treated in pain  
With the blame game  
Is now treated like the son  
Like their darling young one  
She was a girl. Who is a woman*



*-Ms. Abelin Gonsalves.  
SylB.ED*



- Mr. Bhavesh Hia  
SyB.ED

### टूटी माला जैसे बिखरी किस्मत आज किसान की

जो देता है खुशहाली जिसके दम से हरियाली आज वही बर्बाद खड़ा है देखो उसकी बदहाली। बहुत बुरी हालत है ईश्वर धरती के भगवान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

ऐसी आंधी चली की घर का तिनका तिनका बिखर गया आखिर धरती माँ से उसका प्यारा बेटा बिछड़ गया अखबारो की रद्दी बनकर बिकी कथा बलिदान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

इतना सूद चुकाया उसने की अपनी सुध भूल गया सावन के मौसम में झूला लगा के फाँसी झूल गया अमुवा की डाली पर देखो लाश टंगी ईमान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

एक अरब पच्चीस करोड़ की भूख जो रोज मिटाता है कह पता नहीं वो किसी से जब भूखा सो जाता है फिर सीने पर गोली खाता सरकारी सम्मान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

किसी को काले धन की चिंता किसी को भ्रष्टाचार की मगर लड़ाई कौन लड़ेगा फसलों के हक़दार की सरे आम बाजार में इज्जत लुट जाती खलिहान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

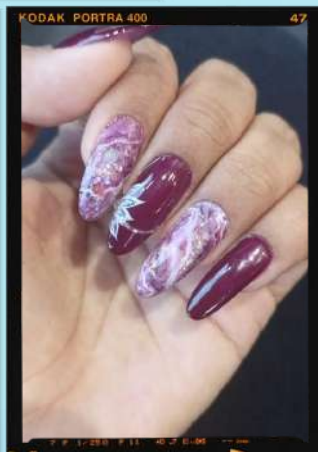
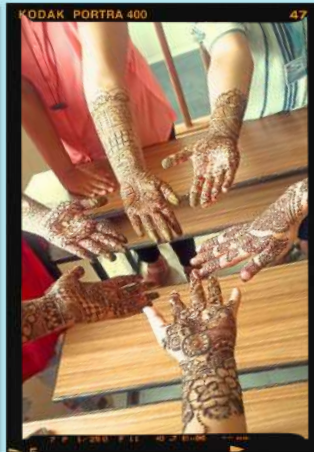
जो अपने कांधे पर देखो खुद हल लेकर चलता है आज उसी की कठनाई का हल क्यों नहीं निकलता है है जिससे उम्मीद उन्हें बस चिंता है मतदान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

देख कलेजा फट जाता है आँखों से आँसू बहते ऐसा न हो कलम रो पड़े सच्चाई कहते कहते बाली तक गिरवी रक्खी है बेटी के अभिमान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

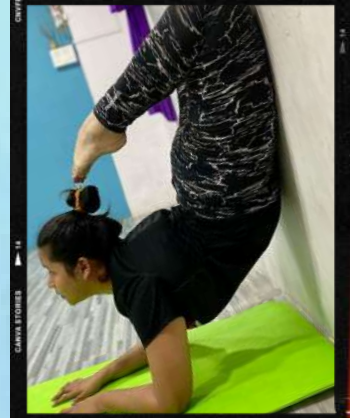
चीख पड़ी खेतों की माटी तड़प उठी गम से धरती बिना कफ़न के पगडंडी से गुजरी जब उसकी अरथी और वही विदा हो गया जिसे चिंता थी कन्यादान की टूटी माला जैसे बिखरी किस्मत आज किसान की।

मैं किसान के बलिदानों के गीत सुनाया करता हूँ बहरों की बस्ती से मैं फ़रियाद लगाया करता हूँ मैं तो कवि धर्म निभाता आगे मर्जी राम की टूटी माला जैसे बिखरी किस्मत आज किसान की।

# GLIMPSES



# GLIMPSSES



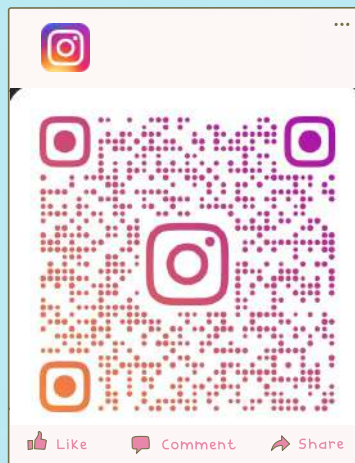


# GLIMPSSES



# Let's Get Social

We'd love to connect with you



"When one teaches, two learn"

-Robert Heinlein

YourBeautifulLife

whoa.in

"A good teacher can inspire hope, ignite the imagination, and instill a love of learning."  
- Brad Henry

As Buddha said "Every morning we are born again. What we do today is what matters the most."

"Children must be taught how to think, not what to think."  
-Margaret Mead

*"Education is the most powerful weapon which you can use to change the world."*  
- Nelson Mandela

Every child is Gifted

THEY JUST UNWRAP their packages at different times


"A teacher affects eternity, he can never tell where his influence stops"

Before I became a teacher, I had no idea that you could fit so many kids in one heart.

"To teach is to learn twice over."

- Joseph Joubert

Teacher?  
I prefer the term Educational Rockstar



# NIRMALA MEMORIAL FOUNDATION COLLEGE OF EDUCATION

As a teacher, it's easy to get caught up in the day-to-day tasks of lesson planning, grading, and classroom management. However, it's important to take a step back and reflect on the impact you are having on your students' lives. Are you fostering a love of learning and curiosity? Are you creating a safe and inclusive environment where all students feel valued and heard? Are you helping your students develop the skills they need to succeed beyond the classroom? By taking the time to reflect on these questions, you can ensure that you're truly making a difference in the lives of your students.

*"Teachers can change lives with just the right mix of chalk and challenges"*

